

50+

JAN 2017

2017



LOS ANGELES LGBT CENTER

**Free &
Low-Cost Events
for People Ages
50-100+**

SENIOR SERVICES

Senior Services strives to create a safe, welcoming and respectful community where lesbian, gay, bisexual and transgender people in their 50s, 60s, 70s, 80s, 90s and beyond can come together to learn, connect, build friendships, gain support and thrive!



**LOS ANGELES
LGBT
CENTER**

The Village at Ed Gould Plaza
1125 N. McCadden Pl.
Los Angeles, CA 90038

RSVP/Message Line

323-860-5830

Toll Free

877-688-4833

seniors@lalgbtcenter.org

lalgbtcenter.org

[facebook.com/50pluslgbt](https://www.facebook.com/50pluslgbt)

GO GREEN



Remove yourself from the mailing list and access the newsletter and calendar online through our e-mail list. Send an e-mail to seniors@lalgbtcenter.org requesting to "Go Green."

A FORCE in 2017!

2016 was quite a year. Special thanks to Mom's Computer, LAWN, YPC, Paramount Studios, NBC/Universal Out, Netflix, Pickwick Gardens, Partners In Care, CVS and Tranquil Care. We also thank Lakshmi Chair Yoga, Mark Salyer of New Stages, Steven Reigns, Dr. Frank, Janai Mestrovich, filmmaker Lyn Goldfarb and the fabulous DJ Bee. You all made 2016 an amazing year!

We are now in 2017, a year of tremendous change. A new president will take the Oval Office, ground breaking on our new campus is scheduled to begin in January (please see the back cover) and many other changes we can't predict will come our way. Whatever they may be, we look forward to seeing you and spending valuable time with you in the New Year. We are LGBT men and women who have forged many paths toward equal rights for all. We will continue to move forward. Together we are a force to be reckoned with!

From the staff of Senior Services, Happy New Year everyone!

Tripp Mills, Deputy Director

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NEWSLETTER RSVP INSTRUCTIONS

RSVP requests must be made on or after the 1st of the month. Check the event for an RSVP deadline, when applicable. **RSVP at least two (2) business days in advance of an event.** Events are free of cost, unless price is noted. Transportation is not provided, unless noted. Please provide the full name(s) of your guest(s), if applicable.

Our events are limited in the number of open spots or tickets. **You are confirmed for an event, unless you receive a call or e-mail notifying you of placement on a wait-list.** Due to the high volume of interest, you may not receive a spot on the list or a ticket to an event. If you do and we have your e-mail address on file, you will receive a reminder e-mail prior to the event. In case of an event cancellation, only those participants who made an RSVP call or e-mail will be notified. If we do not reach you, we will leave a message, when possible. **Please be advised that ONLY confirmed guests will receive reminder calls and/or e-mails for events requiring an RSVP.**

Please only come to The Village to pay for ticketed events, to pick up ticket(s) or to attend a ticketed event if you have received a confirmation e-mail for the event.

RSVP/Message Line: 323-860-5830
Or, Toll-Free: 877-688-4833
seniors@lalgbtcenter.org

SPECIAL NEEDS

If you have any special needs, such as dietary restrictions, wheelchair or disabled seating requirements for theater events or other venues, **please let us know by calling 323-860-5830. We will always do our best to accommodate!**

SENIORS HELPING SENIORS

Established by seniors and intended for seniors, this special fund is available on a limited basis for select activities, classes & events. If you need financial assistance to attend a class, dinner or event, please call us at **323-860-5830.**

All requests are completely confidential. The fund's availability depends on the generosity of seniors like you. Please contact us if you would like to make a donation to the Seniors Helping Seniors Fund!

BIRTHDAYS!

Steven	Ted	Jean
Virginia	Andy	Douglas
Curt	Alvin	Edward
Christina	William	Vicki
Steven	Andrew	Tommi
Robert	Bob	Sandy
Charles	Edward	Denise
Diane	Joel	Robin
Francesca	Honor	Joe N.
Eva	Donna	Thomas
Juan Carlos	Gail	AJ
Ted	Byran	Juan
Louis	Jorge	Calvin
Matt	Steve	Ray
Ivan	Bryan	Harry
Janice	Ana Maria	Arlene
Mark	Candice	Gloria
Judy	Steve	William
Pam	Ronald	Ernest
Gary	Gerald	Frank
Martha	Brad	Larry
Rose	Ed	Russ
Don	Basim	Sharon
Doris	Jon	Mary
Alan	Sammie	Royalyn
Ed	Tracey	Mark
Christina	Lin	Mary Jane
Stephen	Ronn	Ron
Teri	Richard	Judy
Vickie	Eddie	Jerry
Bill	Arnie	Marian
Chuck	William	Charles
Pam	John	Jeff
Joey	Phyllis	Allan
Debbie	Vincent Delano	Daniel
Larry	Rick	Louis
Dolores	Joanne	Jeannie
Pat	Fred Willie	Gregg
James P	Jim	Frank
Romuald	Ronna	Raymond
Chris	Carole Lee	Tadd
Fermin	Charles	Roger
Michael	Johnnie	Steve
Tony	Myka	Bruce
George	Victor	Chuck
Edward	Jeffery	Roger
Gloria	Soleman	Steve
Kirk	Bernie	Paul
George	James	Jane
B.J.	Harley	Buzz
Eric	Vladimir	Mark
Herb	Carl	Martin
Juanita	Rosidey	.
Dorothy Randall	Judy	.

IN MEMORIAM

Kubi

EVERYONE

Art Lab

The Village

Fridays 10 a.m.

Explore avenues of artistic expression including canvas, sculpture & mixed media with our instructor, Carolyn.

Tell a friend!

Master Lakshmi Chair Yoga

The Village

Every Wednesday! 11 a.m.

Relieve minor aches and pains with this low-impact yoga session.

Drop in!

Tech Support with Mom's Computer

The Village

Tues, Jan 3 & 17 2:30 p.m.

Drop in!

Computers, phones, tablets and all things technology! Bring in your devices and questions. E-mail, video chatting, online searching, smartphones, digital books.

Please Note: Cannot fix broken devices.

Tell a friend!

Brain Power

The Village

Wed, Jan 4 & 18 1 p.m.

Event 0101

Katherine Anne Porter said of her novel, *SHIP OF FOOLS*, "I took for my own this simple almost universal image of the ship of this world on its voyage to eternity. I am a passenger on that ship." Join us for Outloud Podium readings from Porter's depiction of the comedy and tragedy unfolding on the *Vera* as she makes her way from Mexico to Germany

in August, 1931, as the Nazi regime was unfolding. As Frau Schmitt stirs her tea, she says: "I was from Nurnberg in my youth and am returning there at last." There is high drama awaiting us at the Podium. The classic film of the novel will be part of this venue.

RSVP Required:

323-860-5830

Advanced Knitting

The Village

Sat, Jan 7 & 28 10 a.m.

Event 0107

Join Rosalind "Roz" Grushkin and engage in the world of knitting!

RSVP Required:

323-860-5830

Reading Opens Minds

The Village

Mon, Jan 9 & 23 11 a.m.

Event 0102

Love reading? Come share that love of reading with others! All books chosen are engaging and well written, containing themes for discussion revolving around life-skills, personal perceptions and existential questions.

RSVP Required:

323-860-5830

Go Metro

Tues, Jan 10 10:30 a.m.

Event 0116

Meet at The Village. Travel to LACMA. General Admission is free. Bring your Tap Card! Must be able to walk long distances. If you make a RSVP and cannot make it, please call or send an e-mail to cancel.

RSVP Required:

323-860-5830

Financial Chat

The Village

Tues, Jan 10 1 p.m.

Event 0121

Sat, Jan 21 1 p.m.

Event 0122

Join Carolyn Dunlavy for this continuing informal, open forum group where you can ask questions about any financial topic that concerns you. Topics include income and social security, credit and debt management, investments, owning vs renting, etc.

RSVP Required:

323-860-5830

Finding Your True Self with Lois

The Village

Wed, Jan 11 1 p.m.

Drop in! Explore and find your true self with Lois and learn life practices to better understand and take care of yourself.

Open to everyone.

Tell a friend!

Opera Screening

L'Elisir de Amore

The Village

Fri, Jan 13 Noon

130 Minutes

Event 0115

Donizetti's *L'Elisir d'Amore* is one of the staples of the comic opera repertory.

RSVP Required:

323-860-5830

Beginner & Refresher Knitting

The Village

Sat, Jan 14 & 21 10 a.m.

Event 0114

Rosalind "Roz" Grushkin would love to introduce you to the world of knitting. It is an

amazingly engaging hobby and remarkably easy to learn. No experience required. Beginners welcome!

RSVP Required:
323-860-5830

Rusty's Co-Ed Gay Swing & Sway

The Village

Sat, Jan 14 1 p.m.

Event 0118

Waltz, Fox Trot, Swing and Cha-Cha, PLUS Texas Two Step! Beginners welcome! No rubber soles please. Partner not necessary.

RSVP Required:
323-860-5830



Amélie

Sat, Jan 14 2 p.m.

Ahmanson Theatre

135 N. Grand Ave.

Los Angeles, CA 90012

\$22, due 01/14

Event 0100

Embark on a mesmerizing journey with inquisitive and charmingly shy Amélie.

ASL Performance.

RSVP Required:

323-860-5830

Talk Amongst Yourselves 65+

The Village

Thurs, Jan 19 2 p.m.

Drop in! Join LGBT women & men for treats, beverages and great chat. 65+ only.

Tell a friend!

Bingo!

The Village

Fri, Jan 20 1 p.m.

Event 0105

Enjoy bingo!

RSVP Required:

323-860-5830

Country Line Dancing with Matthew

The Village

Tues, Jan 24 & 31 11 a.m.

Event 0111

Wanna feel like you are up there with Reba or Garth with a little Chorus Line? You don't need a partner, easy steps, great movement practice, beginners welcome. Boot Scootin' Boogie with Matthew. Yee Haw!!! Please wear comfortable shoes, boots not required.

RSVP Required:

323-860-5830

Movie for Everyone

Dark Victory (1939)

The Village

Tues, Jan 24 2 p.m.

116 Minutes

Event 0112

A horse-jumping accident forces Judith Traherne (Bette Davis) to come to terms with her lifestyle, and mortality, when a handsome doctor (George Brent) discovers that she suffers from a potentially fatal brain tumor.

RSVP Required:

323-860-5830

Broadway to Hollywood

Jumbo (1962)

The Village

Wed, Jan 25 1 p.m.

127 Minutes

Event 0113

Doris Day, Jimmy Durante, Martha Raye and Stephen Boyd

in the film version of the 1935 Broadway hit musical, featuring a sparkling Rogers & Hart score, dazzling circus acts and an elephant.

RSVP Required:

323-860-5830

The Nazi Olympics

Politics, Race, and Propaganda:

The Nazi Olympics, Berlin 1936

California African American

Museum Outing

Fri, Jan 27 11 a.m.

127 Minutes

Event 0117

Did you know that to divert attention from its anti-Semitic agenda and plans for territorial expansion, the Nazis exploited the Games to dazzle spectators with a false image of a peaceful, tolerant Germany? Meet us in front of Starbucks inside Union Station at 11 a.m. We'll head to Philippe's for lunch (cash preferred) and then to the California African American Museum. Must be able to walk long distances. Please bring your Tap Card!

RSVP Required:

323-860-5830

LGBT Veterans' Support Group

The Village

Tues, Jan 31 10 a.m.

Event 0106

We served our country, now let's support each other in this once-a-month social gathering.

RSVP Required:

323-860-5830

MEN

Men's Drop-In Support Group

The Village

Wednesdays 10 a.m.

Drop in! Come meet new friends. Share your stories & experiences with men each week! **Tell a friend!**

Men's Hike Griffith Park

Thursdays 9:30 a.m.

Drop in! Meet at the corner of Fern Dell & Black Oak Drive, 200 ft. north of Los Feliz Blvd. Parking is available along Fern Dell Dr. or take public transit. Bring water, a snack & comfortable shoes. This group is co-ed every third Thursday. **Bring a friend!**

Men's Dinner

Sizzler

400 S. Vermont Ave.

Los Angeles, CA 90005

Tues, Jan 31 6:30 p.m.

Event 0120

Dinner with the guys! Sizzler's menu offers USDA choice tri tip steaks cut fresh daily, seafood (including fresh Salmon) and fresh ground beef burgers, complemented by Sizzler's famous 50+ item salad bar. SHS Fund available. Cash preferred.

RSVP Required:

323-860-5830

WOMEN



Many of our participants danced while DJ Bee was spinning at our Rockin' Holiday Party on Mon, Dec 12 at Friendship Auditorium.

Silver Sensuality for Women

Women Only

Mondays 11 a.m.

Event 0109

Share fun, friendly & meaningful experiences concerning the various feelings mature women experience as their bodies change. **Will not meet Mon, Jan 2 & 16.**

RSVP Required:

323-860-5830

Women's Chat

The Village

Mon, Jan 9 & 23

1-2:30 p.m.

Drop in!

A group for women in which they can gather to discuss various topics ranging from personal experiences to current events.

Tell a friend!

Women's March

Sat, Jan 21

Pershing Square

532 S. Olive St.

Los Angeles, CA 90013

9 a.m.-4 p.m.

Drop in!

Join the national movement to unify and empower everyone who stands for human rights, civil liberties, and social justice for all. This is an INCLUSIVE march. EVERYONE welcome.

Not a Senior Services sponsored event.

L50+ Dinner

Home Restaurant

2500 Riverside Dr.

Los Angeles, CA 90039

Sun, Jan 22 6 p.m.

Event 0110

Please join us for a wonderful evening out with the gals! Look for Alice. Parking with validation or available on Riverside Dr.

RSVP Required:

323-860-5830



Art Lab

Art Lab with Instructor Carolyn Dunlavy Fridays 10 a.m. at The Village Free!



**Art Lab Instructor
Carolyn Dunlavy**

Art Lab is accepting new participants! Kick 2017 off with this fantastic creative outlet!

Explore avenues of artistic expression including canvas, sculpture & mixed media with our knowledgeable instructor, Carolyn.

No prior experience is necessary. Use our supplies or bring your own.

Tell a friend!



LOS ANGELES LGBT CENTER

SENIOR SERVICES



Thank you to the members of LAWN who graciously donated personal care items for our participants at this year's LAWN Holiday Party.

HEALTH

DROP-IN CASE MANAGEMENT (FIRST-TIME NEW CLIENT)

Drop-In Every Wed 10 a.m.-Noon, 1-3 p.m. at The Village

Senior Services has expanded drop-in case management hours for first-time new clients only. Come meet with a case manager and learn about valuable programs and services that may be available to you: Housing, employment, medical, mental health, legal, social support and more! First come, first served basis!

LGBT BEREAVEMENT

Grieving Less Than 1 Year

Tues, Jan 3 & 17 1 p.m. at The Village Event 0128

Grieving a Year or More

Tues, Jan 10 & 24 1 p.m. at The Village Event 0104

If you are experiencing pain from the loss of a loved one, please call to join the group. If you would like to attend our bereavement group, please call one of our case managers who can refer you to the group or to individual counseling. A referral from one of our case managers is required for participation in the bereavement group. This group is temporarily closed to new members. **If you are interested in participating in the group for those Grieving Less Than 1 Year, please contact Manager of Social Services & Housing Valerie Richards by calling 323-860-7307.**

ALZHEIMER'S and RELATED DEMENTIA LGBT CAREGIVER SUPPORT GROUP

2nd & 4th Thurs of Each Month Thurs, Jan 12 & 26 10:30 a.m.-Noon at The Village Event 0123

Alzheimer's Association caregiver support groups, conducted by trained facilitators, are a safe place for caregivers, family and friends of persons with dementia to develop a support system, exchange practical information, talk through challenges, share feelings and learn about community resources. **Before attending this meeting, please call Yael Wyte, MSW at 323-486-6632 to confirm meeting date and time.**

TRANSGENDER PERCEPTIONS

Fridays at The Village, 8-9:30 p.m. \$3-\$5 Suggested Donation (Optional)

Questioning your gender identity can be a lonely process and, if you're considering or in the process of living your true gender, you likely have many questions. This social networking group is for all who identify as transgender.

HIV TESTING

You can get tested on a walk-in basis, for free, at the **Center's McDonald/Wright Building** (1625 N. Schrader Blvd., Los Angeles, CA 90028) on weekdays from 11 a.m.-7 p.m. or at **Center WeHo** (8745 Santa Monica Blvd., West Hollywood, CA 90069) Mon-Fri from 11 a.m.-2 p.m. and 4-7 p.m.

HEALTH AND MENTAL HEALTH SERVICES

The Los Angeles LGBT Center's medical providers are experts at treating lesbian, gay, bisexual and transgender people and understand the health issues that affect our community. We accept Medi-Cal, Medicare, most major insurance plans and some HMOs. If you lack insurance or have limited financial means, we will help you determine your eligibility for medical and drug assistance programs. **For Hours & Locations, Call: 323-993-7500**



Thank you to the crew at Rockwell Table & Stage for a beautiful Thanksgiving Dinner on Tues, Nov 22.

VALLEY THURSDAYS IN NOHO

Coffee Chat

MCC Church

Thurs, Jan 5 Noon

Drop in! Bring a current event or project you are working on to share with the group!

Tell a friend!

Game Day

MCC Church

Thurs, Jan 12 Noon

Drop in! Play and win!

Tell a friend!



Sordid Lives (2000)

MCC Church

Thurs, Jan 19 Noon

111 Minutes

Drop in! Sometimes it takes a death to bring a family together. The all-star cast (Leslie Jordan, Delta Burke, Beau Bridges,

Olivia Newton-John) puts a comedic twist on a story of unconditional love, acceptance and "coming out" in a Texas family. **Tell a friend!**

Potluck

MCC Church

Thurs, Jan 26 Noon

Drop in! We'll provide the ham, please bring a side to share. **Tell a friend!**

Valley Thursdays in NoHo meets at the MCC Church located at 5730 Cahuenga Blvd., North Hollywood, 91601 (unless otherwise noted in the newsletter).

Questions?

Call 323-860-5830.

HIV+

HIV+ Men's Support Group

The Village

Thursdays 1 p.m.

Drop in! Come meet new friends. Share your stories and experiences with men living with HIV.

Lunch for Those Living with HIV

The Village

Tues, Jan 17 12:30 p.m.

Event 0108

We'll provide lunch (\$2 donation requested). Share your stories of living, surviving & thriving.

RSVP Required:

323-860-5830



Movie for Those Living with HIV

Sordid Lives (2000)

The Village

Tues, Jan 17 1 p.m.

111 Minutes

Drop in! Sometimes it takes a death to bring a family together. The all-star cast (Leslie Jordan, Delta Burke, Beau Bridges, Olivia Newton-John) puts a comedic twist on a story of unconditional love, acceptance and "coming out" in a Texas family. **Tell a friend!**



Dear Friends,

We are happy to announce that the Anita May Rosenstein Campus got the green light from the City of Los Angeles. With entitlements approved, construction of the new facility could begin any time after January 5, 2017. This will mark the first phase of construction which includes demolition of the existing structure and the deep-dig to create the foundation and parking. We cannot give exact time lines right now, but the project is slated to take 18 months to complete. This new campus will be an "intergenerational project", the first of its kind in the world for the LGBT community. Youth and Senior Services, 100 units of housing for older adults, 35 units of housing for youth, commercial kitchen with flex space, administration offices and retail space will all be located under one roof.

Parking at The Village will be limited during the day including our South Lot connected to The Village for persons with disabilities and mobility issues. Parking at the Highland Avenue building (1 block north of The Village on McCadden) will also be available. We will look for other alternatives to parking and possible programming off-site. We apologize for any inconvenience and will do our best to provide you with the same Village programming and activities through the construction phase. Senior Services staff has already started taking some preemptive measures to ensure space is saved for our programs.

We are extremely excited to see this project underway and, within 2 years, we will have a bright new facility! Happy New Year!

Tripp Mills, Deputy Director



LOS ANGELES LGBT CENTER

SENIOR SERVICES