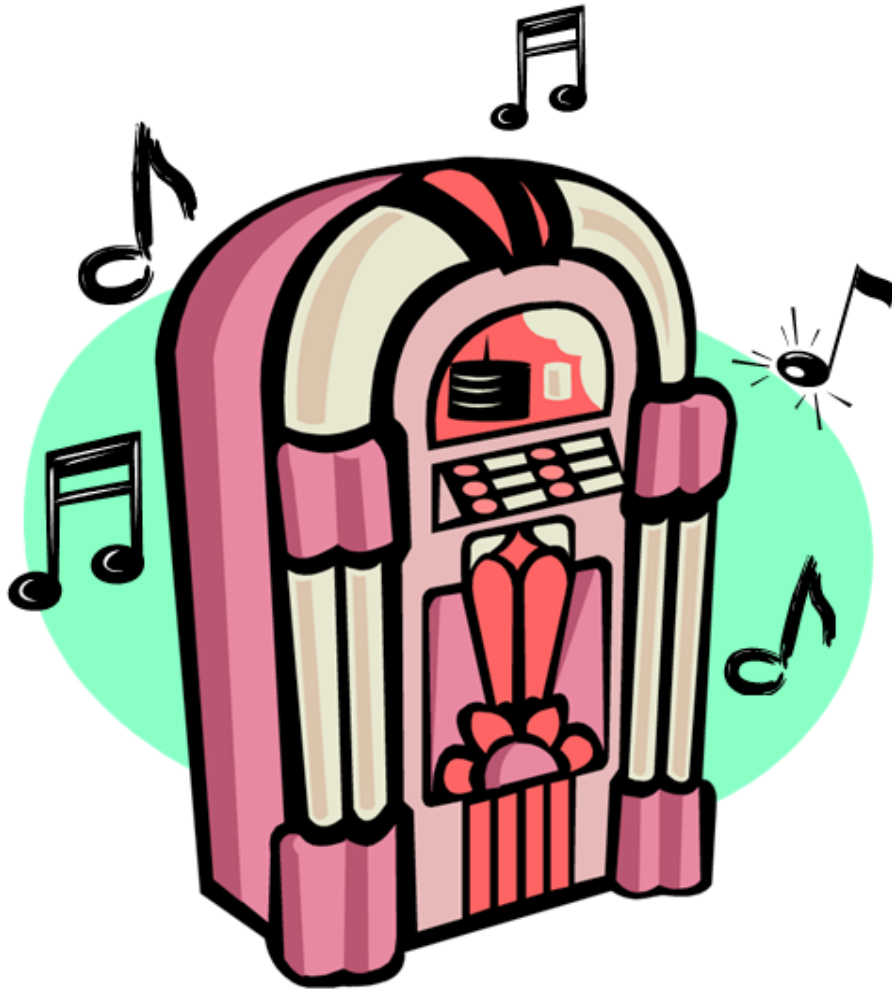


50+

APR 2017



Sock Hop
Sat, Apr 15
Event 0430
6-9 p.m.



LOS ANGELES LGBT CENTER

SENIOR SERVICES

Senior Services strives to create a safe, welcoming and respectful community where lesbian, gay, bisexual and transgender people in their 50s, 60s, 70s, 80s, 90s and beyond can come together to learn, connect, build friendships, gain support and thrive!



LOS ANGELES LGBT CENTER
SENIOR SERVICES

The Village at Ed Gould Plaza
1125 N. McCadden Pl.
Los Angeles, CA 90038

RSVP/Message Line

323-860-5830

Toll Free

877-688-4833

seniors@lalgbtcenter.org

lalgbtcenter.org

facebook.com/50pluslgbt

GO GREEN



Remove yourself from the mailing list and access the newsletter and calendar online through our e-mail list. Send an e-mail to seniors@lalgbtcenter.org requesting to "Go Green."

ALL GOOD THINGS

Sometimes, you meet the most amazing people and you get to develop an amazing relationship with them.

Here at Senior Services, one of those people is Joe Kuhlmann. Many of you know him as a familiar face at The Village for more than 5 years. He has come not only to be a valued employee, but a friend to so many of you who come each week to our activities. He has been a vital member of the team. But all good things come to an end and it is with mixed emotions that we say goodbye to him.

We want to officially congratulate Joe in his new role with the Development department of the Center. He is leaving Senior Services but staying with the organization. His office will still be in The Village so we are fortunate to have him around. We thank him for his years of service to our community and wish him the best of luck in his new job.

Mazel tov!

Tripp Mills, Deputy Director

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NEWSLETTER RSVP INSTRUCTIONS

RSVP requests must be made on or after the 1st of the month. Check the event for an RSVP deadline, when applicable. **RSVP at least two (2) business days in advance of an event.** Events are free of cost, unless price is noted. Transportation is not provided, unless noted. Please provide the full name(s) of your guest(s), if applicable.

Our events are limited in the number of open spots or tickets. **You are confirmed for an event, unless you receive a call or e-mail notifying you of placement on a wait-list.** Due to the high volume of interest, you may not receive a spot on the list or a ticket to an event. If you do and we have your e-mail address on file, you will receive a reminder e-mail prior to the event. In case of an event cancellation, only those participants who made an RSVP call or e-mail will be notified. If we do not reach you, we will leave a message, when possible. **Please be advised that ONLY confirmed guests will receive reminder calls and/or e-mails for events requiring an RSVP.**

Please only come to The Village to pay for ticketed events, to pick up ticket(s) or to attend a ticketed event if you have received a confirmation e-mail for the event.

RSVP/Message Line: 323-860-5830
Or, Toll-Free: 877-688-4833
seniors@lalgbtcenter.org

SPECIAL NEEDS

If you have any special needs, such as dietary restrictions, wheelchair or disabled seating requirements for theater events or other venues, **please let us know by calling 323-860-5830. We will always do our best to accommodate!**

SENIORS HELPING SENIORS

Established by seniors and intended for seniors, this special fund is available on a limited basis for select activities, classes & events. If you need financial assistance to attend a class, dinner or event, please call us at **323-860-5830.**

All requests are completely confidential. The fund's availability depends on the generosity of seniors like you. Please contact us if you would like to make a donation to the Seniors Helping Seniors Fund!

BIRTHDAYS!

Alan	James	Paul
Antonio	Jamie	Peter
April	Jane	Philip
Art	Jerry	Ralph
Arthur	Jim	Rex
Arturo	Joan	Ricardo
Arya	Joe	Rich
Astrid	Joel	Richard
Aurora	John	Richard A.
Barry	Jordan	Richardo
Ben	Jorge Luis	Rick
Beverly	Joseph D.	Robert
Bill	Josh	Robert J.
Billy	Judi	Robin
Blanca	Judy	Rod
Bob	Julian	Roland
Bobbi	Julie	Ron
Bruce A.	Juliet	Ronald
Byford	Justin	Ronald E.
Carlos	Karen	Ronald F.
Catalina	Katherine	Russell
Charles	Kathleen	Sandra
Cheryl	Kerry	Sharon
Chris	Kevin	Shel
Christen	Kirk	Shellely
Cliff	Kyle	Sheridan
Clifford	L. Sue	Stephen
Codi	Lanceton	Steve
David	Larry	Stuart
Debbie	Lascelles	Taylor
Deborah	Laurence	Terry
Diane	Laurie	Thomas
Diethard	Leslie	Thomas
Dominick	Lillian	Tom
Donald	Lisa	Victor
Donna-Maria	Lorenzo	Violet
Doreen	Lorraine	Walter
Edmund	Louis	Warren
Edward Alan	M	William A.
Elsa	Marie	Willie
Eric	Mariette	
Flower	Mark	
Frank	Marshal A	
Fred	Martin	
Gabriel	Michael	
George	Michele	
Gloria	Michelle	
Hanna	Mimi	
Happi	Monica	
Harvey	Mylin	
J Michael	Nicholas	
Jack	Norma Angela	
Jaime	Olivia	

EVERYONE

Master Lakshmi Chair Yoga

The Village

Every Wednesday! 11 a.m.

Challenge your body and brain with ancient Eastern techniques to improve your memory and balance the body along with the brain hemispheres. Gain strength, peace of mind, confidence and higher self-esteem!

Do Yoga adapted to the chair with various levels of flexibility—no matter your health situation, you can do this yoga. Come one, come all!

Leave stress and anxiety behind.
Drop in!

Art Lab

The Village

Fridays 10 a.m.

Explore avenues of artistic expression including canvas, sculpture & mixed media with our instructor, Carolyn. **Tell a friend!**

Reading Opens Minds

The Village

Mon, Apr 3 & 17 11 a.m.

Event 0402

Love reading? Come share that love of reading with others! All books chosen are engaging and well written, containing themes for discussion revolving around life-skills, personal perceptions and existential questions.

RSVP required.

Country Line Dancing with Matthew

The Village

Tues, Apr 4 11 a.m.

Event 0411

Wanna feel like you are up there with Reba or Garth with a little Chorus Line? You don't need a partner, easy steps, great move-

ment practice, beginners welcome. Boot Scootin' Boogie with Matthew. Yee Haw!!! Please wear comfortable shoes, boots not required. **RSVP required.**

Tech Support with Mom's Computer

The Village

Tues, Apr 4 & 18 2:30 p.m.

Drop in! Computers, phones, tablets and all things technology! Bring in your devices and questions. E-mail, video chatting, online searching, smart-phones, digital books. **Please Note:** Cannot fix broken devices. **Tell a friend!**

Brain Power

The Village

Wed, Apr 5 1 p.m.

Event 0401

Stella Adler, perhaps the most influential American acting teacher, has said of Blanche, Stanley and Stella, from Tennessee Williams' *A STREETCAR NAMED DESIRE*, "They are three of the most important characters ever created in the American theater." Brain Power participants will do Outloud Readings at the Podium from *STREETCAR*, and from Williams' self-revealing essay: "The Catastrophe of Success." Several questions to be looked at: Why was Vivien Leigh chosen to play both Mrs. Treadwell from *SHIP OF FOOLS* and also Blanche DuBois from *STREETCAR*? Was Marlon Brando's career propelled forward by his appearance in the 1947 production? What "projections" did Williams, as a queer playwright, develop in his depiction of Blanche and Stanley? The 1951 film of *STREETCAR* directed by Elia Kazan and starring Vivien Leigh and Marlon Brando will

be viewed on April 5th. **RSVP required.**

Veteran Stand Down

The Village

Sat, Apr 8 10 a.m.-3 p.m.

See page 9.

Movie for Everyone

Moonlight (2016)

The Village

Mon, Apr 10 1 p.m.

110 Minutes

Event 0412

Young Chiron struggles to make his way through a helter-skelter adolescence while also grappling with confusion and anxiety about his emerging sexuality.

RSVP required.

Financial Chat

The Village

Tues, Apr 11 1 p.m.

Event 0421

Tues, Apr 18 1 p.m.

Event 0422

Join Carolyn Dunlavy for this continuing informal, open forum group where you can ask questions about any financial topic that concerns you. Topics include income and social security, credit and debt management, investments, owning vs renting, etc. **RSVP required.**

Finding Your True Self with Lois

The Village

Wed, Apr 12 1 p.m.

Drop in! Explore and find your true self with Lois and learn life practices to better understand and take care of yourself. Open to everyone. **Tell a friend!**

Kidney Smart

The Village

Wed, Apr 12 1 p.m.

Event 0428

Learn what causes kidney disease and how to create an action plan to manage your health. **RSVP required.**

Talk Amongst Yourselves 65+

The Village

Thurs, Apr 13 2 p.m.

Drop in! Join LGBT women & men for treats, beverages and great chat. 65+ only. **Tell a friend!**

Sock Hop

The Village

Sat, Apr 15 6-9 p.m.

Event 0430

You can swing it. You can groove it. You can really start to move it...at the hop! Where the jockey is the smoothest and the music is the coolest...at the hop! Join us at The Village and dance the night away at our Sock Hop! Light refreshments. **RSVP required.**

Life Connections 21+ Meets 50+

The Village

Tues, Apr 18 11 a.m.

Event 0403

Meet and share with the Center's young adults.

RSVP required.

Broadway to Hollywood

Dreamgirls (2006)

The Village

Wed, Apr 19 1 p.m.

130 Minutes

Event 0413

Jamie Foxx, Beyoncé Knowles and Academy Award-winner, Jennifer Hudson, shine in unforgettable roles written and directed by Bill Condon. **RSVP required.**

LGBT Veterans' Support Group

The Village

Tues, Apr 25 10 a.m.

Event 0406

We served our country, now let's support each other in this once-a-month social gathering. **RSVP required.**

Bette Davis for Everyone

The Letter (1940)

The Village

Tues, Apr 25 2 p.m.

95 Minutes

Event 0417

Based on W. Somerset Maugham's novel and directed by William Wyler, this drama stars Bette Davis in one of her nastiest film roles. **RSVP required.**

Larry's Computer Club

The Village

Wed, Apr 26 1:30-3:30 p.m.

Drop in!

Our experienced instructor can teach you both basic and advanced computer skills. Pick up new tips and tricks every week.

Tell a friend!

Music Theatre Workshop: California Dreams

Mondays & Fridays 1-3 p.m.

Starting Mon, Apr 24

Event 0434

A workshop in developing personal stories into performance incorporated with music. The workshop meets twice a week for seven weeks with extra rehearsals the week of the performance. The workshop is taught by Mark Salyer, Debbie Lawrence and Kay Cole. Performances of California Dreams are scheduled

for June 13 and 14 at 7 p.m. in the Renberg Theatre. Auditions are April 24. Please bring a song and/or a story about your California experience as a member of the LGBTQ community, as you made your way west, both literally and figuratively, to live and open and out life. **RSVP required.**



This event is presented as part of the City of West Hollywood's One City One Pride LGBTQ Arts Festival, which this year celebrates the theme 'Go West,' which explores the current and historic waves of immigration to West Hollywood. Events take place from Harvey Milk Day (May 22nd) through the end of June Pride month. For more info and to see a full roster of events please visit www.weho.org/pride or follow on social media @WeHoArts.

Mucic Theatre Workshop and performances of California Dreams is also brought to you by the Grace Helen Spearman Foundation.

Bingo!

The Village

Fri, Apr 28 1 p.m.

Event 0405

Enjoy bingo!

RSVP required.

Go Metro

Sun, Apr 30 10 a.m.

Event 0416

Meet at The Village. Travel to the Annual Fiesta Broadway, the largest Cinco de Mayo celebration in the country. General Admission is free. Bring your Tap Card! Must be able to walk long distances. If you make a RSVP and cannot make it, please call or send an e-mail to cancel. **RSVP required.**

RSVP/Message Line: 323-860-5830

seniors@lalgbtcenter.org

MEN

Men's Drop-In Support Group

The Village

Wednesdays 10 a.m.

Drop in! Come meet new friends. Share your stories & experiences with men each week! **Tell a friend!**

Men's Hike Griffith Park

Thursdays 9:30 a.m.

Drop in! Meet at the corner of Fern Dell & Black Oak Drive, 200 ft. north of Los Feliz Blvd. Parking is available along Fern Dell Dr. or take public transit. Bring water, a snack & comfortable shoes. This group is co-ed every third Thursday. **Bring a friend!**

Men's Dinner

Home Restaurant

2500 Riverside Dr.

Los Angeles, CA 90039

Tues, Apr 25 6:30 p.m.

Event 0420

Dinner with the guys!
SHS Fund available. Cash preferred. Parking available on Riverside Dr.

RSVP Required:

323-860-5830

Men's Movie

Jackie (2016)

The Village

Fri, Apr 21 12:30 p.m.

100 Minutes

Event 0432

Jacqueline Kennedy (Natalie Portman) battles to establish her husband's legacy.

RSVP Required:

323-860-5830

WOMEN

Save the Date

Senior Prom—Gay Hollywood!

Saturday, June 24 5-9 p.m.

Pickwick Gardens

20th Anniversary!

Save the Date: This year's Senior Prom, Gay Hollywood!, will be held at Pickwick Gardens on Sat, Jun 24 from 5 to 9 p.m.

Silver Sensuality for Women with She-Ah

Women Only

Mon, Apr 3 11 a.m.

Event 0409

Share fun, friendly & meaningful experiences concerning the various feelings mature women experience as their bodies change.

RSVP Required:

323-860-5830

Let's Talk About Sex, But Only If You Are Over 50

McDonald Wright,

Room M106A

1625 N. Schrader Blvd.

Los Angeles, CA 90028

Sat, Apr 8 2:30-4 p.m.

Event 0433

Join the Center's female health staff and other women who are 50 and older to talk about Sex.

Women only.

RSVP Required:

323-860-5830

Women's Movie

He Named Me Malala (2015)

The Village

Mon, Apr 17 1 p.m.

88 Minutes

Event 0431

Pakistani women face obstacles in getting an education due to the Taliban. This affecting documentary chronicles the story of Malala Yousafzai, a 15-year-old who was shot because of her advocacy efforts.

RSVP Required:

323-860-5830

L50+ Dinner

Home Restaurant

2500 Riverside Dr.

Los Angeles, CA 90039

Sun, Apr 23 6 p.m.

Event 0410

Please join us for a wonderful evening out with the gals! Look for Alice. Parking available on Riverside Dr.

RSVP Required:

323-860-5830





LOS ANGELES LGBT CENTER®

YOU SERVED OUR COUNTRY, NOW LET US SERVE YOU

VETERAN STAND DOWN

Serving all veterans **over the age of 50**
including our LGBT veteran community.
Access your benefits and resources.

**SATURDAY,
APRIL 8**

10 a.m. — 3 p.m.

Lunch provided.

Free services:

VA enrollment, CalVets benefits, VA benefits, education, housing, legal advice, VBA benefits, employment, medical and mental health, DPSS, PAWSLA, PATHLA, LGBT 50+ Senior Services, Meals on Wheels WLA, social services, Volunteers of America, support groups, Angel Food L.A., IHSS for veterans, Battle Buddies, VASH, plus many giveaways

Los Angeles LGBT Center

The Village at Ed Gould Plaza
1125 N. McCadden Pl.

For more information and to RSVP:

seniors@lalgbtcenter.org

323-860-5830

Event 0400

VA



U.S. Department
of Veterans Affairs



HEALTH

DROP-IN CASE MANAGEMENT (FIRST-TIME NEW CLIENT)

Drop-In Every Wed 10 a.m.-Noon, 1-3 p.m. at The Village

Senior Services has expanded drop-in case management hours for first-time new clients only. Come meet with a case manager and learn about valuable programs and services that may be available to you: housing, employment, medical, mental health, legal, social support and more! First come, first served basis!

LGBT BEREAVEMENT

Grieving: An Introduction to Group

Tues, Apr 4 & 18 1 p.m. at The Village Event 0425

Grieving

Tues, Apr 11 & 25 1 p.m. at The Village Event 0404

If you are experiencing pain from the loss of a loved one, please call to join the group. If you would like to attend our bereavement group, please call one of our case managers who can refer you to the group or to individual counseling. A referral from one of our case managers is required for participation in the bereavement group. **If you are interested in participating please contact Manager of Social Services & Housing Valerie Richards by calling 323-860-7307. Those new to bereavement will attend Grieving: An Introduction to Group first.**

ALZHEIMER'S and RELATED DEMENTIA LGBT CAREGIVER SUPPORT GROUP

2nd & 4th Thurs of Each Month Thurs, Apr 13 & 27 10:30 a.m.-Noon at The Village Event 0423

Alzheimer's Association caregiver support groups, conducted by trained facilitators, are a safe place for caregivers, family and friends of persons with dementia to develop a support system, exchange practical information, talk through challenges, share feelings and learn about community resources. **Before attending this meeting, please call Yael Wyte, MSW at 323-486-6632 to confirm meeting date and time.**

TRANSGENDER PERCEPTIONS

Fridays at The Village, 8-9:30 p.m. \$3-\$5 Suggested Donation (Optional)

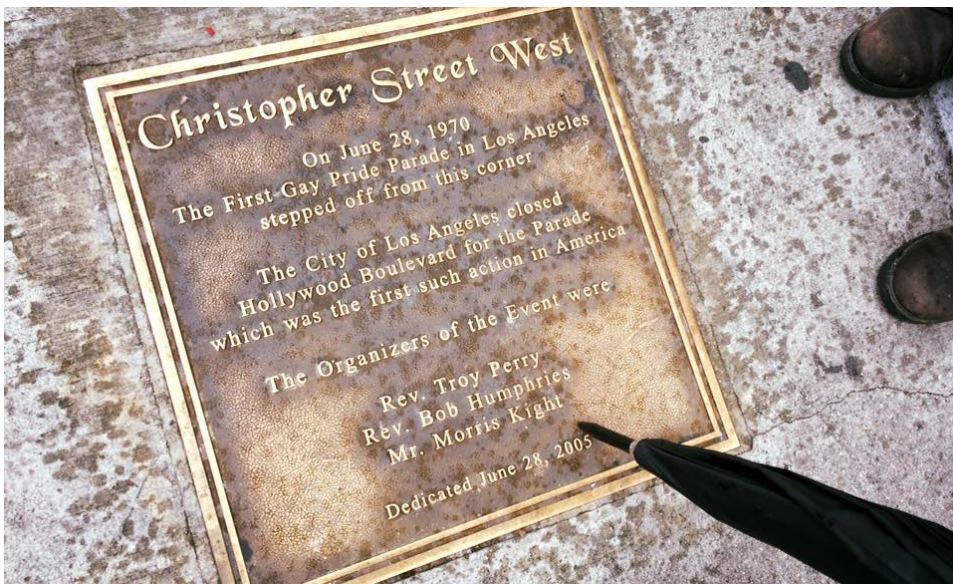
Questioning your gender identity can be a lonely process and, if you're considering or in the process of living your true gender, you likely have many questions. This social networking group is for all who identify as transgender.

HIV TESTING

You can get tested on a walk-in basis, for free, at the **Center's McDonald/Wright Building** (1625 N. Schrader Blvd., Los Angeles, CA 90028) on weekdays from 11 a.m.-7 p.m. or at **Center WeHo** (8745 Santa Monica Blvd., West Hollywood, CA 90069) Mon-Fri from 11 a.m.-2 p.m. and 4-7 p.m.

HEALTH AND MENTAL HEALTH SERVICES

The Los Angeles LGBT Center's medical providers are experts at treating lesbian, gay, bisexual and transgender people and understand the health issues that affect our community. We accept Medi-Cal, Medicare, most major insurance plans and some HMOs. If you lack insurance or have limited financial means, we will help you determine your eligibility for medical and drug assistance programs. **For Hours & Locations, Call: 323-993-7500**



Located on the southwest corner of N. McCadden Pl. at Hollywood Blvd., this plaque commemorates L.A.'s first Pride Parade.

VALLEY THURSDAYS IN NOHO

Life Connections 21+ Meets 50+

MCC Church

Thurs, Apr 6 Noon

Drop in! Meet and share with the Center's young adults.

Tell a friend!

Game Day

MCC Church

Thurs, Apr 13 Noon

Drop in! Play and win!

Tell a friend!



Jackie (2016)

MCC Church

Thurs, Apr 20 Noon

100 Minutes

Drop in! Still reeling from her husband's shocking assassination in Dallas, First Lady Jacqueline Kennedy (Natalie Portman)

battles through exhaustion, overwhelming heartache and anger to preserve his legacy and define her own.

Tell a friend!

Potluck

MCC Church

Thurs, Apr 27 Noon

Drop in! We'll provide the main dish, please bring a side to share. **Tell a friend!**

Valley Thursdays in NoHo meets at the MCC Church located at 5730 Cahuenga Blvd., North Hollywood, 91601 (unless otherwise noted in the newsletter).

Questions?

Call 323-860-5830.

HIV+

HIV+ Men's Support Group

The Village

Thursdays 1 p.m.

Drop in! Come meet new friends. Share your stories and experiences with men living with HIV.

Lunch for Those Living with HIV

The Village

Mon, Apr 24 12:30 p.m.

Event 0408

We'll provide lunch (\$2 donation requested). Share your stories of living, surviving & thriving.

RSVP Required:

323-860-5830



Movie for Those Living with HIV

Nocturnal Animals (2016)

The Village

Mon, Apr 24 1 p.m.

116 Minutes

Drop in! When Susan Morrow receives a book manuscript from her estranged ex-husband, she finds herself confronting her past while becoming increasingly immersed in the story, a thriller in which a professor's ordinary life is violently derailed. **Tell a friend!**



The official ground breaking for the Anita May Campus took place on Sat, March 18. If you have been by The Village in the last month or so, you probably noticed that the EDD building has been completely demolished! After the ground breaking, the construction crew started the “big dig” to make way for the underground parking and the foundation of the property. This phase will approximately take 10 months. Due to the complexity of the project, an exact finish date is hard to determine. The current goal is early to mid-2019.

On March 13, Senior Services staff met to discuss a number of items including our programs during the construction phase of development. And of course... parking!

We are doing our best to come up with alternative locations for programs, parking solutions within our capacity (i.e. parking at the Highland complex) and supporting mass transit programs. With that in mind, we created a work group to address space/parking issues. Of course there are other challenges to consider, e.g. West Hollywood Park will begin construction of its own in the coming months and we will lose the opportunity to use their space. In the meantime, we are looking at Triangle Square, West Hollywood Community Housing properties, MCC in Los Feliz and Plummer Park. All of these options are still in progress.

Starting in April, please call 323-860-7397 to hear a recorded message with parking updates for attending activities/events at The Village.

Thank you so much for your patience and remember, at the end of this, we will have an amazing property to enjoy!

Tripp Mills, Deputy Director



LOS ANGELES LGBT CENTER
SENIOR SERVICES