

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"> Go Metro (0416) 10 a.m. <p style="text-align: right;">30</p> | | | | <p>Remember to make an RSVP call or e-mail at least two (2) business days in advance of an event.</p> | APRIL | 1 |
| | <ul style="list-style-type: none"> Silver Sensuality for Women with She-Ah (0409) 11 a.m. Reading Opens Minds (0402) 11 a.m. <p style="text-align: right;">2</p> | <ul style="list-style-type: none"> Country Line Dancing with Matthew (0411) 11 a.m. LGBT Bereavement (Grieving: An Introduction to Group) (0425) 1 p.m. Tech Support with Mom's Computer 2:30-4 p.m. <p style="text-align: right;">3</p> | <ul style="list-style-type: none"> Men's Drop-in Support 10 a.m. Chair Yoga 11 a.m. Brain Power (0401) 1 p.m. <p style="text-align: right;">4</p> | <ul style="list-style-type: none"> Men's Hike 9:30 a.m. Valley Group Noon HIV+ 50+ Men's Support Group 1 p.m. <p style="text-align: right;">5</p> | <ul style="list-style-type: none"> Art Lab 10 a.m. <p style="text-align: right;">6</p> | <ul style="list-style-type: none"> Veteran Stand Down (0400) 10 a.m.-3 p.m. Let's Talk About Sex, But Only If You Are Over 50 (0433) 2:30 p.m. McDonald/Wright Building <p style="text-align: right;">7</p> |
| | <ul style="list-style-type: none"> Movie for Everyone (0412) 1 p.m. <p style="text-align: right;">9</p> | <ul style="list-style-type: none"> LGBT Bereavement (0404) 1 p.m. Financial Chat (0421) 1 p.m. <p style="text-align: right;">10</p> | <ul style="list-style-type: none"> Men's Drop-in Support 10 a.m. Chair Yoga 11 a.m. Finding Your True Self with Lois 1p.m. Kidney Smart (0428) 1 p.m. <p style="text-align: right;">11</p> | <ul style="list-style-type: none"> Men's Hike 9:30 a.m. Alzheimer's LGBT Caregiver Support Group (04323) 10:30 a.m. Housing Supportive Network 11 a.m. Valley Group Noon HIV+ 50+ Men's Support Group 1 p.m. Talk Amongst Yourselves 65+ 2 p.m. <p style="text-align: right;">12</p> | <ul style="list-style-type: none"> Art Lab 10 a.m. <p style="text-align: right;">13</p> | <ul style="list-style-type: none"> Sock Hop (0430) 6-9 p.m. <p style="text-align: right;">14</p> |
| | <ul style="list-style-type: none"> Reading Opens Minds (0402) 11 a.m. Women's Movie (0431) 1 p.m. <p style="text-align: right;">16</p> | <ul style="list-style-type: none"> Life Connections 21+ Meets 50+ (0403) 11 a.m. Financial Chat (0422) 1 p.m. LGBT Bereavement (Grieving: An Introduction to Group) (0425) 1 p.m. Tech Support with Mom's Computer 2:30-4 p.m. <p style="text-align: right;">17</p> | <ul style="list-style-type: none"> Men's Drop-in Support 10 a.m. Chair Yoga 11 a.m. Broadway to Hollywood (0413) 1 p.m. <p style="text-align: right;">18</p> | <ul style="list-style-type: none"> Co-ed Hike 9:30 a.m.. Valley Group Noon HIV+ 50+ Men's Support Group 1 p.m. <p style="text-align: right;">19</p> | <ul style="list-style-type: none"> Art Lab 10 a.m. Men's Movie (0432) 12:30 p.m. <p style="text-align: right;">20</p> | |
| <ul style="list-style-type: none"> L50+ Dinner (0410) 6 p.m. <p style="text-align: right;">23</p> | <ul style="list-style-type: none"> Lunch for Those Living with HIV (0408) 12:30 p.m. Movie for Those Living with HIV 1 p.m. Music Theatre Workshop (0434) 1-3 p.m. <p style="text-align: right;">24</p> | <ul style="list-style-type: none"> LGBT Veterans' Support Group (0406) 10 a.m. LGBT Bereavement (0404) 1 p.m. Bette Davis for Everyone (0417) 2 p.m. Men's Dinner (0420) 6:30 p.m. <p style="text-align: right;">25</p> | <ul style="list-style-type: none"> Men's Drop-in Support 10 a.m. Chair Yoga 11 a.m. Larry's Computer Club 1:30-3:30 p.m. <p style="text-align: right;">26</p> | <ul style="list-style-type: none"> Men's Hike 9:30 a.m. Alzheimer's LGBT Caregiver Support Group (0423) 10:30 a.m. Valley Group Noon HIV+ 50+ Men's Support Group 1 p.m. <p style="text-align: right;">27</p> | <ul style="list-style-type: none"> Art Lab 10 a.m. Music Theatre Workshop (0434) 1-3 p.m. Bingo! (0405) 1 p.m. <p style="text-align: right;">28</p> | <ul style="list-style-type: none"> 360: Health and Wellness Fair for LBTQ Women 10 a.m.-5 p.m. RSVP at www.lalgbtcenter.org/360 <p style="text-align: right;">29</p> |