Dia de los Muertos
Free & Low-Cost Events for People Ages 50-100+
FULL of THANKS

November is fast upon us. I am hopeful and will be thankful for cooler weather and the chance to again join with friends and my chosen family to celebrate my gratitude for having them in my life. I give thanks to those who came before me, who lived their lives with courage and dignity so that my generation and those after me could live their true authentic lives. LGBT pioneers are all around us—each giving future generations the confidence to be out and proud.

My heartfelt thank you,

Kathleen Sullivan

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NEWSLETTER RSVP INSTRUCTIONS
RSVP requests must be made on or after November 1st. Check the event for an RSVP deadline, when applicable. Events are free of cost, unless price is noted. Unless noted, our events are limited in number of open spots or tickets. Due to the high volume of interest, you may not receive a spot on the list or a ticket to an event. If you do, you will receive a reminder call or e-mail prior to the event. In case of an event cancellation, only those participants who made an RSVP call or e-mail will be notified. If we do not reach you, we will leave a message, when possible.

Please only come to The Village to pay for ticketed events, to pick up ticket(s) or to attend a ticketed event if you have received a confirmation call or e-mail for the event.

RSVP/Message Line: 323-860-5830
Or, Toll-Free: 877-688-4833
seniors@lalgbtcenter.org

SPECIAL NEEDS
If you have any special needs such as dietary restrictions, wheelchair or disabled seating requirements for theater events or other venues, we will always do our best to accommodate!

Please let us know by calling 323-860-5830.

SENIORS HELPING SENIORS
Established by seniors and intended for seniors, this special fund is available to you on a limited basis for select activities, classes & events. If you need financial assistance to attend a class, dinner or event, please call us at 323-860-5830.

All requests are completely confidential. The fund’s availability depends on the generosity of seniors like you. Please contact us if you would like to make a donation to the Seniors Helping Seniors Fund!

BIRTHDAYS!
Joan Harold Stephen
Ray Barry Norm
John Leah Myles
Eduardo F. Joanne Vogue
Elinor Kristi Robert
Rachel Christie David
Robert Ray Joanne
Richard A. Alexis Derek
Kelleen Dean Lee
Fay Ellen Grimes Randall
James (Tommi) Jose Delia
David Rocco Jackie
Gene John Kelly
Gloria Joyce William
Clarice Kevin John
Brian Alex Alex
Micah Bill Leon
Gary Dustin Kimberly
Enrique Carlos Efren
Andrew (Drew) Marlene Jean
Roy William Susan
Anthony Brenda Leonard
Marie Mark Elizabeth
Barbara Gail Miriam J.
Joe Sally David
Frank Francia Erna
Dennis Alex David
Lois Bob Don
Alicia Claudia Eugene
Fred Christian Gonzalo
Pat Leonard Mario
Mitch Amanda Betty
Richard Noe Denise
Melvin Fred Cynthia
Nora Steward Gladys
Alice Paul Tanya H.
Donna Linus Dalia
Sheldon Megan Paul
Paul Mirta Steve
Christina Gail
Lynn Michael
Donald Lynn
Go Metro
Event 1116
See insert or call for more information.
RSVP Required:
323-860-5830

Stretch & Balance
Wednesdays 11 a.m.
Drop in!

Larry’s Computer Club
Wednesdays 1:30 p.m.
Drop in!
Our experienced instructor, Larry, can teach you both basic and advanced computer skills. Pick up new tips and tricks every week.
Tell a friend!

Master Lakshmi Chair Yoga
Master Lakshmi is traveling. She will return in December.

Art Lab
Fridays 10 a.m.
Drop in!
Come join us in making crafts and art projects with family and friends. There is no instructor. Will not meet Fri, Nov 20 & Fri, Nov 27. Tell a friend!

Storytelling
Will return soon!

Tab Hunter Confidential
Sun, Nov 1 2:50 p.m.
90 Minutes
Landmark/Nuart Theater
11272 Santa Monica Blvd
Los Angeles, CA 90025
Drop in!
See the story of matinée idol Tab Hunter from teenage stable boy to closeted 1950s Hollywood star. Q & A with the Los Angeles LGBT Center’s Senior Services. Reception with Tab Hunter and guests follows screening.
Tell a friend!

Dia de los Muertos/Day of the Dead Celebration
Mon, Nov 2 12:30 p.m.
The Village
Event 1121
Honor and celebrate your departed loved ones. Enjoy holiday-specific refreshments.
RSVP Required:
323-860-5830

Housing Supportive Network
Thurs, Nov 5 & 19 11 a.m.
Drop in! This peer-led network of LGBT seniors’ (and allies) primary purpose is finding, securing and advocating for safe, affordable housing which meet the needs of the LGBT senior community.
Tell a friend!

Happy 50th Birthday to Medicare
Thurs, Nov 5 1 p.m.
Event 1100
If you are new to Medicare, join us to learn the basics about how this safety net program works. If you already have Medicare, join us to learn about the changes for next year.
RSVP Required:
323-860-5830

Mudwalking
Mondays, Nov 9-Dec 7 3 p.m.
Event 1114
Four thousand years ago, in China, a group of monks transformed the simple act of walking into a complete physical, mental and neurological training system, a moving meditation.
RSVP Required:
323-860-5830

Reading Opens Minds
Tue, Nov 10 & 24 11 a.m.
Plummer Park
7377 Santa Monica Blvd
West Hollywood, CA 90046
Event 1102
Love reading? Come share that love of reading with others! All books chosen are engaging and well written, containing themes for discussion revolving around life-skills, personal perceptions and existential questions.
RSVP Required:
323-860-5830

Tech Support with Mom’s Computer
Tues, Nov 10 & 24 1 p.m.
Drop in!
Get support for your computers,
phones, tablets and all things technology! Feel free to bring in your devices and any and all questions that you may have. E-mail, video chatting, online searching, smartphones, digital books. **Please Note:** Cannot fix broken devices, but can teach you how to use working devices.  
**Tell a friend!**

**Brain Power**  
**Tue, Nov 10  1 p.m.**  
**Mon, Nov 23  1 p.m.**  
**Event 1101**  
Setting the stage for the “holiday spirit,” Brain Power will begin an Outloud Reading (podium optional) of T.S. Eliot’s “Old Possum’s Book of Practical Cats.” Join us for a meeting with Growltiger, Old Gumbie Cat, Rum Tum Tugger Cat, and, more. Let’s enjoy their personalities and intrigues. “Cats,” (the award winning Broadway musical) will be viewed at a scheduled presentation.  
**RSVP Required:** 323-860-5830

**Finding Your True Self with Lois**  
**Wed, Nov 11  1 p.m.**  
**Drop in!** Explore and find your true self with Lois and learn life practices to better understand and take care of yourself. Open to everyone.  
**Tell a friend!**

**Talk Amongst Yourselves 65+**  
**Thurs, Nov 12  2 p.m.**  
**Drop in!** Join LGBT women & men for treats, beverages and great chat. 65+ only.  
**Tell a friend!**

**Opera Screening**  
**Bizet: Carmen**  
**Fri, Nov 13  11 a.m.**  
**152 Minutes**  
**Event 1115**  
Conductor Yannick Nezet-Seguin relishes conducting the Met Orchestra, and while his speeds are sometimes dangerously fast, they are thrilling and never out of control.  
**RSVP Required:** 323-860-5830

**Rusty’s Gay Swing & Sway**  
**Sat, Nov 14  1 p.m.**  
**Event 1118**  
Waltz, Fox Trot, Swing and Cha-Cha, PLUS Texas Two Step! Beginners welcome! No rubber soles please. Partner not necessary.  
**RSVP Required:** 323-860-5830

**Lunch for Everyone**  
**Tues, Nov 17  12:30 p.m.**  
**Event 1107**  
We will have a special presentation during lunch at The Village. $2 Suggested donation.  
**RSVP Required:** 323-860-5830

**Movie for Everyone**  
**Capote (2005)**  
**Tues, Nov 17  1:30 p.m.**  
**114 Minutes**  
**Event 1112**  
Flamboyant writer Truman Capote researches the Clutter family murders for his masterpiece, *In Cold Blood.*  
**RSVP Required:** 323-860-5830

**Song and Dance Series with Joe Levy**  
**Some Like it Hot (1959)**  
**Thurs, Nov 19  12:30 p.m.**  
**122 Minutes**  
**Event 1117**  
Two friends (Tony Curtis and Jack Lemmon) are on the lam after witnessing a mob hit. They join an all-girl jazz band and masquerade as women in order to elude the mob.  
**RSVP Required:** 323-860-5830

**Bingo!**  
**Fri, Nov 20  1 p.m.**  
**Event 1105**  
Enjoy bingo at this earlier time to help accommodate with traffic.  
**RSVP Required:** 323-860-5830

(continued on page 9)
**MEN**

**Men’s Drop-In Support Group**  
Wednesday 10 a.m.  
**Drop in!** Come meet new friends. Share your stories & experiences with men each week! **Tell a friend!**

**Men’s Hike Griffith Park**  
Thursdays 9:30 a.m.  
**Drop in!** Meet at the corner of Fern Dell & Black Oak Drive, 200 ft. north of Los Feliz Blvd. Parking is available along Fern Dell Dr or take public transit. Bring water, a snack & comfortable shoes. This group is co-ed every third Thursday. **Bring a friend!**

**Men’s Dinner**  
Will return in January.  
Please join the group:  
Thanksgiving Dinner  
**Rockwell Table & Stage**  
1714 N Vermont Ave  
Los Angeles, CA 90027  
**Tues, Nov 24**  
5 p.m.  
**$20 Cash Only at the Door**  
**Event #1120**  
Join us for Thanksgiving Dinner. See page 9.  
**RSVP Required:**  
323-860-5830

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**WOMEN**

**L50+ Dinner**  
**Mimi’s Café**  
2925 Los Feliz Blvd  
Los Angeles, CA 90039  
**Sun, Nov 8**  
6 p.m.  
**Event 1110**  
Free parking! Please join us for a wonderful evening out with the gals! Look for Alice.  
**RSVP Required:**  
323-860-5830

**Women’s Chat**  
2nd & 4th Mon  
2 p.m.  
**Drop in!**  
Women’s Chat is Back!!! Join the Conversation Every 2nd and 4th Mon 2-3 p.m. Join us for some lively discussion, good conversation and repartee. The group will be facilitated by our new experienced facilitator and case manager, Jean.  
**Tell a friend!**

**Every Woman Counts**  
**Fri, Nov 20**  
11 a.m.  
**Event 1109**  
The California Health Collaborative & Every Woman Counts present free breast and cervical health programs. In this preventative class, learn how to reduce risk by detecting breast and cervical cancer early. Those who are uninsured or who are at or below the 200% Federal Poverty Level and reside in the state of CA maybe be eligible for a referral to free preventative screenings: Pap Tests, Pelvic Exam, HPV, Clinical Breast Examination and/or Mammograms.  
**RSVP Required:**  
323-860-5830

**L50+ Spirituality Salon with Lois**  
**Sat, Nov 21**  
11 a.m.  
**Drop in!** Lois will screen *The Flowering of Human Consciousness*. Eckhart Tolle shares his New Age philosophy in this insightful video.  
**Tell a friend!**

**L65+ Thanksgiving Social**  
**Sun, Nov 22**  
Noon-3 p.m.  
**Event 1119**  
It’s time to gather together again and give thanks! Join other fabulous women for this annual Thanksgiving Potluck. We provide the drinks and turkey, you provide your favorite side dish or dessert to share. This will be a very special day for Women 50 Years and Older Only.  
**RSVP Required:**  
323-860-5830
Thanksgiving Dinner
Rockwell Table & Stage
1714 N Vermont Ave
Los Angeles, CA 90027
Tues, Nov 24  5 p.m.
$20 Cash Only at the Door
Event #1120
Start with a mixed green salad
with cranberry raisins, cucum-
bers, pine nuts, blue cheese
& blood orange vinaigrette.
Choose from two entrées:
Roast turkey breast, mashed
potatoes, stuffing, broccoli &
carrots, cranberry sauce or
pumpkin seed crusted baram-
duni (sea bass) over white
beans, tomatoes, butternut
squash. Pumpkin pie for
dessert. Soft drink or coffee/
tea, plus tax and tip includ-
ed! Please tell us your entrée
order when you call to RSVP.
(Price is $25 per person, but
Seniors Services is taking care
of $5, you pay only $20. Se-
niors Helping Seniors Fund is
available for those requiring
assistance.) We want everyone
to enjoy Thanksgiving!
RSVP Required:
323-860-5830

“Our Michael Wolfson presented a donation to the Center during the Coming Out Day Lunch on Tue, Oct 13. (top) Steven Reigns’ My Life is Poetry class performed in the gallery that night.

“Just believe in yourself. Even if you don’t, pretend that you do and, at some point, you will.”

-Venus Williams
HEALTH

DROP-IN CASE MANAGEMENT (FIRST-TIME NEW CLIENT)
Drop-In Every Wed 10 a.m.-Noon, 1-3 p.m.

Meet with a case manager and learn about valuable resources and services that may be available to you: Referrals for housing, employment, medical, mental health, legal, social support and more! First come, first served basis! No appointment required on Wednesdays.

LGBT BEREAVEMENT

Group A Grieving 1 Year Or More
Tues, Nov 3 & 17 1 p.m. Event 1103

Group B Grieving Less Than 1 Year
Tues, Nov 10 & 24 1 p.m. Event 1104

If you are experiencing pain from the loss of a loved one, please call to join the group. If you would like to attend our bereavement group, please call one of our case managers who can refer you to the appropriate group or to individual counseling. A referral from one of our case managers is required for participation in the bereavement group. This group is temporarily closed to new members.

HEALING HEARTS and CARING HANDS

Fri, Nov 13 1:30-3 p.m. Event 1106

An invitation to friends, family members and anyone assisting someone in improving the quality of their life. Share the challenges and joys of caregiving in an LGBT supportive setting. The group meets every 2nd and 4th Friday of the month. We will not meet Nov. 27. Have a good Thanksgiving!

TRANSGENDER PERCEPTIONS

Fridays at The Village, 8-9:30 p.m. $3-$5 Suggested Donation (Optional)
Questioning your gender identity can be a lonely process and, if you’re considering or in the process of living your true gender, you likely have many questions. This social networking group is for all who identify as transgender.

HIV TESTING

You can get tested on a walk-in basis, for free, at the Center’s McDonald/Wright Building (1625 N Schrader Blvd) on weekdays from 11 a.m.-7 p.m. or at The Spot (745 N San Vicente Blvd) Mon-Fri from 11 a.m.-7 p.m.

HEALTH AND MENTAL HEALTH SERVICES

The Los Angeles LGBT Center’s medical providers are experts at treating lesbian, gay, bisexual and transgender people and understand the health issues that affect our community. We accept Medi-Cal, Medicare, most major insurance plans and some HMOs. If you lack insurance or have limited financial means, we will help you determine your eligibility for medical and drug assistance programs. For Hours & Locations, Call: 323-993-7500
Go Metro’s Mimi scouted The Broad Museum, newly opened in Downtown LA, for future Go Metro trips.

**Game Day**
Thurs, Nov 5 12:30 p.m.
**Drop in!** Play and win!
Tell a friend!

**Bessie (2015)**
Thurs, Nov 12 12:30 p.m.
135 Minutes
**Drop in!** Achieving a level of popularity previously unknown to blues musicians, Bessie Smith was not only an imposing performer, she was a major influence on generations of artists to come.
Tell a friend!

**Thanksgiving Potluck**
Thurs, Nov 19 12:30 p.m.
**Drop in!** Bring a dish to share. We’ll cover the main dish.
Tell a friend!

The Valley Group will NOT meet on Thursday, Nov 26.
The Center is closed for Thanksgiving.

**HIV+**

**HIV+ Men’s Support Group**
Thursdays 1 p.m.
**Drop in!** Come meet new friends. Share your stories and experiences with men living with HIV. **Tell a friend!**

**Lunch for Those Living with HIV**
Wed, Nov 18 12:30 p.m.
**Event 1108**
We’ll provide lunch ($2 donation requested). Share your stories of living, surviving & thriving.
**RSVP Required:**
323-860-5830

**Movie for Those Living with HIV**
*What Ever Happened to Baby Jane? (1962)*
Wed, Nov 18 1 p.m.
134 Minutes
**Drop in!** In this chiller, Hudson sisters Jane (Bette Davis) and Blanche (Joan Crawford), both aging actresses, share a rotting Los Angeles mansion, where Jane, once a vaudeville headliner, remains lost in her deranged childhood fantasies. **Tell a friend!**

**Valley Thursdays in NoHo**

Go Metro's Mimi scouted The Broad Museum, newly opened in Downtown LA, for future Go Metro trips.
Holiday Party

Celebrate the Holiday Season with us! Enjoy delicious food, raffle prizes and friends! Let’s eat, drink and be merry!

Monday, December 14 1-5 p.m.
at Friendship Auditorium
More information in December’s newsletter!
$5 Suggested Donation
No one turned away due to lack of funds!

RSVP Required
Event 1221 RSVP Now!
323-860-5830
seniors@lalgbtcenter.org