Dia de los Muertos
Free & Low-Cost Events for People Ages 50-100+
SENIOR SERVICES

Senior Services strives to create a safe, welcoming and respectful community where lesbian, gay, bisexual and transgender people in their 50s, 60s, 70s, 80s, 90s and beyond can come together to learn, connect, build friendships, gain support and thrive!

LOM ANGELES LGBT CENTER

The Village at Ed Gould Plaza
1125 N McCadden Pl
Los Angeles, CA 90038

RSVP/Message Line
323-860-5830
Toll Free
877-688-4833

seniors@lalgbtcenter.org
lalgbtcenter.org
facebook.com/50pluslgbt

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SUMMER TIME!

PRIDE was a hoot and the three PRIDE lunches we hosted this year were attended by 100! Thanks to everyone who came out to celebrate Prom, New Stages and the premiere of It Takes a Village.

In July, we continue our Golden Summer Concert Series. Please join us on the 14th and 31st of July from 6:30-9 p.m. for an evening of entertainment, camaraderie and fun! Women, look for the L50+ dance coming up in August.

Kathleen Sullivan
NEWSLETTER RSVP
INSTRUCTIONS
RSVP requests must be made on or after July 1st. Check the event for an RSVP deadline, when applicable. Events are free of cost, unless price is noted.

Unless noted, our events are limited in number of open spots or tickets. Due to the high volume of interest, you may not receive a spot on the list or a ticket to an event. If you do, you will receive a reminder call or e-mail prior to the event. In case of an event cancellation, only those participants who made an RSVP call or e-mail will be notified. If we do not reach you, we will leave a message, when possible.

Please only come to The Village to pay for ticketed events, to pick up ticket(s) or to attend a ticketed event if you have received a confirmation call or e-mail for the event.

RSVP/Message Line: 323-860-5830
Or, Toll-Free: 877-688-4833
seniors@lalgbtcenter.org

SPECIAL NEEDS
If you have any special needs such as dietary restrictions, wheelchair or disabled seating requirements for theater events or other venues, we will always do our best to accommodate!

Please let us know by calling 323-860-5830.

SENIORS HELPING SENIORS
Established by seniors and intended for seniors, this special fund is available to you on a limited basis for select activities, classes & events. If you need financial assistance to attend a class, dinner or event, please call us at 323-860-5830.

All requests are completely confidential. The fund’s availability depends on the generosity of seniors like you. Please contact us if you would like to make a donation to the Seniors Helping Seniors Fund!

BIRTHDAYS!

Ozzie
Arthur
Robert
Wendy
Gladys
Donna
Peter
Christopher
Ron
Jeri
Harry
Arthur
Lea
Karen
Ron
Gary
Karen
Webster
Ken
Walter
Tyrone
Lionel Rivers
Ed
Paul
Scott
Coni
Richard
Rich
Jaime
Mike
Chester
George
Gail
David
Margo
Martin
Allen
Victor
Ron
Tom
Mark
Peggy
Ed
Pat
Alex
Tom
Gwen
Gil
Alan
Hak
Agatha
George

Jimmy
Bob
Debra
Jim
Daryl
Sab
Frank
John
Robert
John
Zenaida
Devorah
Art
Jeff
Sue
Lois
Nina
Stephen
Paula
Gene
Jerri
Patrick
Neil
Greg
Kent
Walter
William
John
Ronald
Mark
Fern
Tony
Stewart
Simone
Orli
Peggy
Angeles
Winona
Jay
Jerome
Harold
Emma
James
Louise
John
Leslie
Ken
Lorraine
Dwight
Edwin
Jon
Harley

Susan
Eric
John
Gregor/Adina
Mia Teri
Stephen
Christopher
Philip
Lois
Dave
Dan
Alina
Beth
Luke
Dee
Johnny
Ronni
Javier
Robarie
Tristina
John
John
Brenda
Albert
Gene
Bob
Ellie
Stephen
Dale
Kelly
Larry
Larry
Evelyn A.
Mark
Diane
Max
Ale
Sylvia
Cheryl
Jim
Marc
Bronwen
Joni
Eugene
Eddy
Fabian
Terri N
Terry
Bradford
Javier
Peter
Everard
**Meditation**
Mon, Wed & Fri 12:30 p.m.
Beginners welcome. Quiet the mind with a 20-25 min guided meditation. **Will not meet Fri, Jul 3 and Mon, Jul 20 through Fri, Jul 31.** Drop in!

**Stretch & Balance**
Wednesdays 11 a.m.
Drop in!

**Larry’s Computer Club**
Wednesdays 1:30 p.m.
Drop in!
Our experienced instructor, Larry, can teach you both basic and advanced computer skills. Pick up new tips and tricks every week. **Tell a friend!**

**Art Lab**
Fridays 10 a.m.
Drop in!
Come join us in making crafts and art projects with family and friends. There is no instructor. **Will not meet Fri, Jul 3 or Fri, Jul 31. Tell a friend!**

**Master Lakshmi Chair Yoga**
Wed, Jul 1 and 15 11 a.m.
Drop in!

**My Life is Poetry**
Thursdays Jul 2-Aug 20 10 a.m.-Noon
**Event 0720**
Expect a supportive environment. Openly write your stories. You don’t need to like poetry, writing or reading. You don’t need to know the rules of grammar or spelling, just a willingness to try and to show up to class! Feel free to bring a preferred pen. Attendance to first two classes is mandatory. Workshop is taught by poet Steven Reigns.
**RSVP Required:** 323-860-5830

**Brain Power**
Mon, Jul 13 & Jul 27 1 p.m.
**Event 0701**
BRAIN POWER launches its summer Outloud Readings with May Sarton’s *Journal of a Solitude*, which describes the author’s struggle as a female artist, the men and women she loved, aging and nature as a constant source of inspiration for the creative mind.”
**RSVP Required:** 323-860-5830

**Lunch for Everyone**
Tues, Jul 7 12:30 p.m.
**Event 0707**
RSVP by Noon on 07/06
Join us for lunch at The Village. $2 Suggested donation.
**RSVP Required:** 323-860-5830

**Tech Support with Mom’s Computer**
Thurs, Jul 9 11 a.m.-12:30 p.m.
**Event 0701**
Drop in!
Drop in for coaching from the Mom’s Computer team! They are here to support you with your computers, phones, tablets and all things technology! Feel free to bring in your devices and any and all questions that you may have. E-mail, video chatting, online searching, smartphones, digital books, photos and so much more! **Please Note:** Cannot fix broken devices, but can teach you how to use working devices. **Tell a friend!**

**Golden Summer Concert**
Tues, Jul 14 6:30 p.m.
**Event 0721**
Fri, Jul 31  6:30 p.m.  
Event 0722  
More summer fun on the courtyard at The Village! Brian Frank performs on the 13th and Maestro/Alex Lane & Carl Cliver perform on the 31st! Food and alcohol available for purchase.  
RSVP Required: 323-860-5830

Finding Your True Self with Lois  
Wed, Jul 15  1 p.m.  
Drop in! Explore and find your true self with Lois and learn life practices to better understand and take care of yourself. Open to everyone.  
Tell a friend!

Song and Dance Series with Joe Levy  
Hallelujah, I'm a Bum (1933)  
Thurs, Jul 23  12:30 p.m.  
Event 0717  
Bumper (Al Jolson) is the happiest hobo in New York. He's just fallen head-over-heels in love with the beautiful young amnesiac (Madge Evans) he's rescued from a park lake.  
RSVP Required: 323-860-5830

Housing Supportive Network  
Thurs, Jul 9 & 23  11 a.m.  
Drop in! This peer-led network of LGBT seniors’ (and allies) primary purpose is finding, securing and advocating for safe, affordable housing which meet the needs of the LGBT senior community.  
Tell a friend!

Bingo!  
Fri, Jul 24  1 p.m.  
Event 0705  
Enjoy bingo at this earlier time to help accommodate with traffic.  
RSVP Required: 323-860-5830

Rusty’s Gay Swing & Sway  
Sat, Jul 11  1 p.m.  
Event 0727  
Waltz, Fox Trot, Swing and Cha-Cha, PLUS Texas Two Step! Beginners welcome! No rubber soles please. Partner not necessary.  
RSVP Required: 323-860-5830

Let’s Play Bridge  
Tues, Jul 21  1 p.m.  
Drop in! “Partners, tricks, trumps and contracts.” These are some of the essential concepts for learning the card game of Bridge. Robert B. will teach this first class and he welcomes beginners and players at all levels. Meet some new folks, challenge your brain power and have some fun!” Tell a friend!

Talk Amongst Yourselves 65+  
Thurs, Jul 16  2 p.m.  
Drop in! Join LGBT women & men for treats, beverages and great chat. 65+ only.  
Tell a friend!

lets play bridge

Opera Screening  
Lakme  
Fri, Jul 17  11 a.m.  
158 Minutes  
Event 0715  
Lakme tackles religion and cross-cultural love against a backdrop of British rule in India in the mid-19th century.  
RSVP Required: 323-860-5830

Dodgers’ Game  
Tues, Jul 28  
5 p.m. from The Village  
Game Time 7:10 p.m.  
RSVP Ticket + Transportation $15  
Or, Ticket $10  
Event 0706  
The bus will leave The Village at 5 p.m. The Dodgers play the Oakland A’s at 7:10 p.m.  
RSVP Required: 323-860-5830

Go Metro Medicare Turns 50! Celebration  
Thurs, Jul 30  2 p.m.  
Event 0716  
You’ll attend the Medicare Rally and Celebration at LA Trade Tech. Meet at The Village. Bring your Tap Card! Open to everyone.  
RSVP Required: 323-860-5830

Storytelling  
Tues, Jul 14 & 28  2 p.m.  
Event 0713  
Explore the world of storytelling with Ms. Willa. Everyone has a story to tell. Tell the story of who you are, your experiences and loved ones.  
RSVP Required: 323-860-5830
The Comunidad Latina/o participants made paper flowers earlier this summer during their monthly meeting.

**WOMEN**

**L50+ Dinner**  
Calender's Grill Wilshire  
5773 Wilshire Blvd  
Los Angeles, CA 90036  
Sun, Jul 19 6 p.m.  
Event 0710  
Join us for dinner. For validated parking, enter the lot off Curson! Please look for Alice.  
RSVP Required: 323-860-5830

**L50+ Spirituality Salon with Lois**  
Sat, Jul 25 11 a.m.  
Drop in! After the discussion, Lois will screen a related film.  
Tell a friend!

**L50+ Chat Group**  
At this time, the L50+ Sunday chat and movie activity is on hiatus until we find a facilitator. If interested in applying, please contact Allison 323-860-7339 or send an e-mail to asantos@lalgbtcenter.org.

**L50+ Spirituality Salon with Lois**  
Sat, Jul 25 11 a.m.  
Drop in! After the discussion, Lois will screen a related film.  
Tell a friend!

**Men’s Drop-In Support Group**  
Wednesdays 10 a.m.  
Drop in! Come meet new friends. Share your stories & experiences with men each week! Tell a friend!

**Men’s Hike Griffith Park**  
Thursdays 9:30 a.m.  
Drop in! Meet at the corner of Fern Dell & Black Oak Drive, 200 ft. north of Los Feliz Blvd. Parking is available along Fern Dell Dr or take public transit. Bring water, a snack & comfortable shoes. This group is co-ed every third Thursday. Bring a friend!

**Men’s Dinner**  
Casita Del Campo  
1920 Hyperion Ave  
Los Angeles, CA 90027  
Wed, Jul 22 6 p.m.  
Event 0711  
Dinner out with the guys! Cash recommended!  
RSVP Required: 323-860-5830

“**Well behaved women seldom make history.”**  
- Laurel Thatcher Ulrich, Ph.D.
¡No estas solo(a)!
¡Celebra que eres!
Ven y participar en este grupo bilingüe (Español/Inglés) para que usted conozca otras/os Latinas/os mayores lesbiana, gay, bisexual, transgénera y transgénero. ¡Aprenda acerca de las próximas actividades! ¡Comparte tus ideas para continuar ayudando a construir este nuevo programa!

Taller 101 Sobre Derechos de Inquilinos
¿Sabe usted cuales leyes te protege como inquilino? ¿Sabría usted qué hacer o dónde ir, si recibiste una notificación de desalojo? ¿Cuáles son las responsabilidades del dueño/a de mantener su casa o apartamento seguro y habitable? Expertos legales y de derechos de los inquilinos de la Red Defensa de Desalojo responderá a estas preguntas fundamentales y más. Este taller será bilingüe en inglés y español.

Reuniones de Comunidad Latina 50+ en el Este de Los Angeles
Cuando: Cuarto martes de cada mes, 3-4:30 p.m.
Proximas Reuniones: 28 de Julio
Donde: Altamed, 512 S. Indiana Street, Los Angeles 90063

Reuniones de Comunidad Latina 50+ en Hollywood
Cuando: Segundo martes de cada mes, 5-7 p.m.
Proximas Reuniones: 14 de Julio
Donde: MCC Church, Rosa Parks Room, 4607 Prospect Avenue, Los Angeles 90027

Para inscribirse o si usted tiene preguntas póngase en contacto con Yuisa Gimeno al 323-860-7369 o ygimeno@lalgbtcenter.org. RSVP es recomendado, pero no requerido.

Comunidad Latina 50+ Program
You’re not alone! Celebrate who you are! Come and participate in Comunidad Latina 50+, a unique bilingual (English/Spanish) group that’s just for you to meet and connect with other 50+ Latina/o lesbian, gay, bisexual and transgender folks. Learn about upcoming activities! Share your ideas to continue to help build this new program!

Tenant’s Rights 101 Workshop
Do you know what laws protect you as a renter? Would you know what to do or where to go if you got an eviction notice? What’s the landlord’s responsibility to keep your home or apartment safe and livable? Legal and tenant’s rights experts from the Eviction Defense Network will provide answers to these fundamental questions and more. This will be an English/Spanish bilingual workshop.

Comunidad Latina 50+ Meetings in East Los Angeles
When: Every 4th Tuesday of the month, 3-4:30 p.m.
Next Meeting: July 28
Location: Altamed, 512 S. Indiana Street, Los Angeles 90063

Comunidad Latina 50+ Meetings in Hollywood
When: Every 2nd Tuesday of the month, 5-7 p.m.
Next Meeting: July 14
Location: MCC Church, Rosa Parks Room, 4607 Prospect Avenue, Los Angeles 90027

To sign up or if you have questions please contact Yuisa Gimeno at 323-860-7369 or ygimeno@lalgbtcenter.org. RSVP is recommended, but not required.

(continued on page 10)
**DROP-IN CASE MANAGEMENT (FIRST-TIME NEW CLIENT)**
Drop-In Every Wed. & Thurs. 10 a.m.-Noon, 1-3 p.m.
Senior Services has expanded drop-in case management hours for first-time new clients. Come meet with a trained case manager and learn about valuable programs and services that may be available to you: housing, employment, medical, mental health, legal, social support and more! First come, first served basis, at The Village only!
¡Hablamos español! Estamos disponibles para ofrecer asistencia en su idioma.

**CASE MANAGERS CONTACT INFORMATION**
Julia Wallace: 323-860-7395
Ruben Martinez: 323-860-7368
Yuisa Gimeno 323-860-7369

**LGBT BEREADEMENT**
Group A Grieving 1 Year Or More
Tues, Jul 7 & 21 1 p.m.  Event 0703
Group B Grieving Less Than 1 Year
Tues, Jul 14 & 28 1 p.m.  Event 0704
If you are experiencing pain from the loss of a loved one, please call to join the group. If you would like to attend our bereavement group, please call one of our case managers who can refer you to the appropriate group or to individual counseling. A referral from one of our case managers is required for participation in the bereavement group.
RSVP Required: 818-847-3686

**HIV TESTING**
You can get tested on a walk-in basis, for free, at the Center’s McDonald/Wright Building (1625 N Schrader Blvd) on weekdays from 11 a.m.-7 p.m. or at The Spot (745 N San Vicente Blvd) Mon-Fri from 11 a.m.-7 p.m.

**HEALTH AND MENTAL HEALTH SERVICES**
The Los Angeles LGBT Center’s medical providers are experts at treating lesbian, gay, bisexual and transgender people and understand the health issues that affect our community. We accept Medi-Cal, Medicare, most major insurance plans and some HMOs. If you lack insurance or have limited financial means, we will help you determine your eligibility for medical and drug assistance programs.
For Hours & Locations, Call: 323-993-7500
The Valley Group celebrated PRIDE with a special potluck in June.

**VALLEY THURSDAYS IN NOHO**

**Game Day**  
Thurs, Jul 2 12:30 p.m.  
Drop in! Play and win!  
Tell a friend!

**Lucy & Desi: A Home Movie**  
Thurs, Jul 9 12:30 p.m.  
108 Minutes  
Drop in! Actress Lucie Arnaz plays host for an intimate, behind-the-scenes glimpse into the lives of her famous parents in this Emmy-winning special, a compelling tribute to Hollywood legends.  
Tell a friend!

**Potluck**  
Thurs, Jul 16 12:30 p.m.  
Drop in! Bring a dish to share. We’ll cover the main dish.  
Tell a friend!

**Writing Exercises**  
Thurs, Jul 23 12:30 p.m.  
Drop in! We’ll give you a prompt. After the 5-10 minute exercise, share with the class. We’ll end with an open 20 minute exercise. Tell a friend!

**Coffee Chat**  
Thurs, Jul 30 12:30 p.m.  
Drop in! We’ll dish on current events. Enjoy free refreshments.  
Tell a friend!

**HIV+**

**HIV+ Men’s Support Group**  
Thursdays 1 p.m.  
Drop in!  
Come meet new friends. Share your stories and experiences with men living with HIV.  
Tell a friend!

**Lunch for Those Living with HIV**  
Wed, Jul 29 12:30 p.m.  
Event 0708  
We’ll provide lunch ($2 donation requested). Share your stories of living, surviving & thriving.  
RSVP Required: 323-860-5830

**Movie for Those Living with HIV**  
Connie and Carla  
Wed, Jul 29 1 p.m.  
108 Minutes  
Drop in! After witnessing a mob hit, two Chicago lounge entertainers skip town and find refuge in Los Angeles, where they land jobs performing as drag queens. But things get complicated when they become big hits and one of them meets the guy of her dreams.  
Tell a friend!

This group meets at the MCC Church located at 5730 Cahuenga Blvd, North Hollywood, 91601 (unless otherwise noted in the newsletter).
The Golden Summer Concert Series

A series of summer nights filled with great food and fantastic live entertainment

Open to All Ages!

Free Admission
Food available for purchase.

All Concert Series are from 6:30-9 p.m.
Tuesday, July 14: Brian Frank
Friday, July 31: Maestro/Alex Lane & Carl Cliver
Thursday, August 27: Cynthia Wang & Tanya Witt

RSVP required to guarantee seating:
323-860-5830
seniors@lalgbtcenter.org

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