

LOS Angeles Lgbt Center

SENIOR SERVICES

20th Arriversary Hollywood

Did you skip your high school prom or not go with the date you really wanted to take? Are you ready to make some new, prom-worthy memories? Saturday, June 24 5 - 9 p.m.

Pickwick Gardens

Royal Crest Room 1001 W. Riverside Dr. Burbank, CA 91506

Free parking.

Drug and alcohol-free.

Please join us for the 2017 Senior Prom, a fun and safe place to be all that you are meant to be. This year's theme is **Gay Hollywood**—we'll see you on the dance floor!

lalgbtcenter.org/seniorprom

DSVD L

Wednesday, June 21, to seniors@lalgbtcenter.org or 323-860-5830 Event #0625

\$5 to \$10 suggested donation

SENIOR SERVICES

Senior Services strives to create a safe, welcoming and respectful community where lesbian, gay, bisexual and transgender people in their 50s, 60s, 70s, 80s, 90s and beyond can come together to learn, connect, build friendships, gain support and thrive!



The Village at Ed Gould Plaza 1125 N. McCadden Pl. Los Angeles, CA 90038

RSVP/Message Line 323-860-5830 **Toll Free** 877-688-4833

seniors@lalgbtcenter.org lalgbtcenter.org facebook.com/50pluslgbt

GO GREEN

Remove yourself from the mailing list and access the newsletter and calendar online through our e-mail list. Send an e-mail to seniors@ lalgbtcenter.org requesting to "Go Green."

HAPPY PRIDE MONTH

Parking Info Line- 323-860-7397

I'm happy to announce we have a new Director of Senior Services, Kiera Pollock, M.S.W. You can meet her and our new Activities Coordinator, Veronica Macias, at our welcome lunch on June 19th.

Our Pride issue newsletter is chocked full of information. This year L.A Pride will return to its roots as a march and homage to the days of Stonewall, 48 years later. The Pride March will begin at Hollywood/Highland and march to West Hollywood Park. ssThis year we march in solidarity for LGBT rights which are now threatened by the new administration. Please join us if you can or come cheer along the sidewalks.

We are also celebrating the 20th anniversary of our Senior Prom with the theme "Gay Hollywood". Come ready to walk the red carpet and be who you are! Proud LGBT men & women! We hope to see you there!

Trip Kille

Tripp Mills, Deputy Director

We will be utilizing our Facebook page more than ever. Stay up to date by "Liking" our Facebook Page at: Facebook.com/50pluslgbt

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NEWSLETTER RSVP INSTRUCTIONS

RSVP requests must be

made on or after the 1st of

the month. Check the event for an RSVP deadline, when applicable. RSVP at least two (2) business days in advance of an event. Events are free of cost, unless price is noted. Transportation is not provided, unless noted. Please provide the full name(s) of your guest(s), if applicable. Our events are limited in the number of open spots or tickets. You are confirmed for an event, unless you receive a call or e-mail notifying you of placement on a wait-list. Due to the high volume of interest, you may not receive a spot on the list or a ticket to an event. If you do and we have your e-mail address on file, you will receive a reminder e-mail prior to the event. In case of an event cancellation, only those participants who made an RSVP call or e-mail will be notified. If we do not reach you, we will leave a message, when possible. Please be advised that ONLY confirmed guests will receive reminder calls and/or e-mails for events requiring an RSVP.

RSVP/Message Line: 323-

860-5830

Or, Toll-Free: 877-688-4833 seniors@lalgbtcenter.org

SPECIAL NEEDS

If you have any special needs, such as dietary restrictions, wheelchair or disabled seating requirements for theater events or other venues. For sign language accomodations, please notify us at least 7-10 days in advance.

Please let us know by calling 323-860-5830. We will always do our best to accommodate!

SENIORS HELPING SENIORS

Established by seniors and intended for seniors, this special fund is available on a limited basis for select activities, classes & events. If you need financial assistance to attend a class, dinner or event, please call us at **323-860-5830**.

All requests are completely confidential. The fund's availability depends on the generosity of seniors like you. Please contact us if you would like to make a donation to the Seniors Helping Seniors Fund! Please only come to The Village to pay for ticketed events, to pick up ticket(s) or to attend a ticketed event if you have received a confirmation e-mail for the event.

PARKING INFO LINE: 323-860-7397

BIRTHDAYS!

Allan Angela Ann Anne **Antoinette** Arthur Barbara Barry Beau **Beto** Bill Blaine Bob Brownie Bryan Bryan B. Cal Calvin Cesar Charles Chuck Cliff Dale Danny Darlene Daryl Dave David Dean Deborah Derrick Diane Domenic Don Donald Donna Farl Edward Fmilie Erma Eugenia Frank J Fred Frida Gabor Galen Gary George Gigi Gilbert Glen Gloria Greg

Guillermo Hanna Harold Harry Hector Herbert Hermie In-Sang Henry Ira Jack James Jan Janet Jeri Jerry Jesse Jill .Jim Jimmie Joan .John John Paul Joni Jorge Joseph Karen Keith Kenny Kevin Keinva Lalo Larry Laury Leonardo Lili Linda Lisa Loretta Lori Malcolm Manuel Mara Marcia Margaret Margie Marilvn Mark Mary Maurice Max Michael Michele

Mike Myra Nancy Neal Neil Oscar Pamela Pat Patricia Paul Paula Peggv Penny Phyllis Raj Ralph Randy Ray Rene Rhonda Richard Rick Rico Robert Ron Rudi Sarah Shai Sheryl Sigrid Sloane Steve Steven Susanna Tanya Tara Ted Terrell Tim Tom Toni Tony Ty Valerie Vernon Veronica Victor Vince Vivian Warren William Yuriy 3

EVERYONE

Effective immediately, we ask you to please RSVP if there is an event number. It is important to RSVP rather than dropping in, unless there is a "Drop in!" or "Tell a friend!" next to the class description.

Chair Yoga Master Lakshmi The Village Every Wednesday! 11 a.m.

Challenge your body and brain with ancient Eastern techniques to improve your memory and health. **Drop in!**

Art Lab The Village Fridays 10 a.m.

Explore avenues of artistic expressions with Carolyn. **Tell a friend!**

Reading Opens Minds The Village Mon, Jun 5 & 26 11 a.m. Event 0602

Love reading? Come share that love of reading with others! All books chosen are engaging and well written, containing themes for discussion revolving around life-skills, personal perceptions and existential questions.

RSVP required.

Tech Support with Mom's Computer The Village Tues, Jun 6 & 20 2:30 p.m. Drop in!

Computers, phones, tablets and all things technology! Bring in your devices and questions. **Please note:** Cannot fix broken devices. **Tell a friend!**

Brain Power The Village Wed, Jun 7 & 21 1 p.m. Event 0601

We continue OUTLOUD PODIUM READINGS from BECOMING NICOLE, the award winning book describing the journey of a Transgender child. We will also do select readings from David Ebershoff's THE DANISH GIRL, depicting the life of Lili Elbe, one of the most celebrated Transgender persons in history. We will view THE DANISH GIRL at the June 21st meeting. RSVP required.

Life Connections 21 + meets 50+

The Village Wed, Jun 7 10 a.m. Event 0629

Meet and mingle with the Center's young adult volunteers for a chat about today's climate and how it relates to our history or share anything you'd like.

RSVP Required.

STAGES

New Stages & the L.A LGBT Center Senior Services present: California Dreams The Village- Renberg Theatre

Mon, Jun 12 Event 0600 A Wed, Jun 14 Event 0600 B

Through story and song, "California Dreams" will explore the experiences of our community of LGBTQ seniors as they made their own journeys west – literally, figuratively and symbolically toward liberation. Directed by Mark Salyer, Kay Cole and musical directed by Debbie Lawrence. Free admission. **RSVP Required.**

This event is presented as part of the City of West Hollywood's One City One Pride LGBTQ Arts Festival, which this year celebrates the theme 'Go West,' which explores the current and historic waves of immigration to West Hollywood. Events take place from Harvey Milk Day (May 22nd) through the end of June Pride month. For more info and to see a full roster of events please visit www. weho.org/pride or follow on social media @WeHoArts.







Chi Gong & Tai Chi The Village Every Monday! Event 0620

Learn the basic movements and meditations of Chi Gong and Tai Chi! The exercises are easy to do and have a wide range of benefits for body, mind and spirit. They improve balance, breathing, relaxation, stress reduction, bone strength, flexibility, and energy levels. **RSVP Required.**

HICAP The Village Tue, Jun 13 & 27 10 a.m.

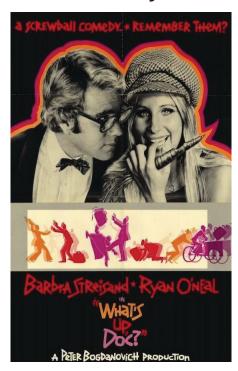
There's a lot to know about Medicare and now there's help to make sense of it all. Meet the HICAP Volunteer Counselor: Michael Lacoe.

All HICAP services are provided free of charge. HICAP is a program of the Center for Health Care Rights. HICAP Volunteer Counselors are trained by the Center for Health Care Rights and registered with the Calif. Dept. of Aging.

HICAP is funded, in part, by the Los Angeles City and County Area Agencies on Aging, through the Older Californians Act.

RSVP with Michael Kelly 323-860-7329

Movie for Everyone



What's up Doc? (1972) The Village Tue, Jun 13 1 p.m. 94 Minutes Event 0612

Two researchers have come to San Francisco to compete for a research grant in mussic. The man seems a bit distracted, and that was before he met a strange woman who has devoted her life to confusing and embarrassing him. At the same time a woman has her jewels stolen and a government whistle blower arrives with his stolen top secret papers.

RSVP Required.

Financial Chat The Village Wed, Jun 14 1 p.m. Event 0622 Wed, Jun 28 1 p.m. Event 0623

Join Carolyn Dunlavy for this continuing informal, Topics include income and social security, credit and debt management, investments, owning vs renting, etc. **RSVP required.**

Bette Davis for Everyone

The Bride Came C.O.D. (1941)
The Village
Thur, June 15 1 p.m.
92 Minutes
Event 0617

Joan's father makes Steve a better offer to bring her home unmarried. All bets are off, however, when they're forced to make an emergency landing in the desert.

RSVP Required.

Go Metro

Thu, Jun 15 Noon & 3 p.m. Event 0614

The BROAD Noon 221 S. Grand Ave L.A 90012

MOCA 3 p.m. 250 S. Grand Ave L.A 90012

Meet Mimi at The Village at 11 a.m. Or meet Mimi at Noon at **The BROAD**. Then Mimi will lead the group at **MOCA** at 3 p.m. **RSVP Required**

Chair Massage Therapy

The Village Mon, Jun 19 11 a.m. Event 0618

Enjoy a 15 minute Swedish massage targeting neck, head, shoulders, arms, hands. Our massage therapist Hallie will give your joints much needed relief.

Limited Slots. RSVP required.

Welcome Lunch The Village Mon, Jun 19 12:30 p.m. Event 0607

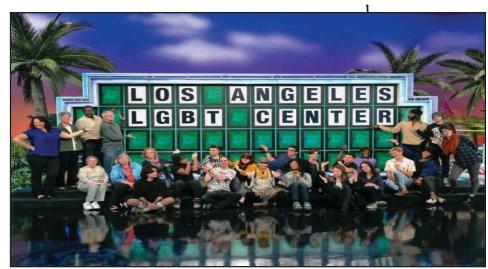
Join us for lunch as we welcome our new Director of Senior Services, Kiera Pollock & our new Activities Coordinator, Veronica Macias. Parking will be limited to street and metered only. **RSVP Required.**

Country Line Dancing with Matthew

The Village Tues, June 20 & 27 11 a.m. Event 0611

Wanna feel like Garth with a little Chorus Line? You don't need a partner, easy steps, great movement practice, beginners welcome. Please wear comfortable shoes, boots not required.

RSVP Required.



Last month seniors and youth from the Center visited the set of Wheel of Fortune. Watch for us in the audience on June 4, 5, and 6.

In rememberance of Joe Levy we will continue to honor his movie picks for 2017.

Joe Levy's

"Broadway to Hollywood"

A Streetcar Named Desire (1951) The Village

Wed, Jun 21 1 p.m. Event 0613

125 Minutes

We will view this adaptation of Tennessee Williams' classic rumination on carnal attraction and faded gentility. Ft. Marlon Brando, Vivien Leigh & Kim Hunter. **RSVP Required.**

LGBT Veterans' Support Group

The Village Tues, Jun 27 1 p.m. Event 0606

New time! 1 p.m. We served our country now let's support each other in this once-a-month social gathering in a safe space. **RSVP Required.**

Finding Your True Self with Lois The Village Wed, Jun 28 1 p.m. Drop in!

Explore and find your true self with Lois and learn life practices to better understand and take care of yourself. **Tell a friend!**

Larry's Computer Class

The Village Wed, Jun 28 1:30 p.m.

Drop in! Larry will be back once a month to teach us the lastest in Technology.

Bingo! The Village Fri, Jun 30 1 p.m. Event 0605

Bingo is one of our most popular events to have a good time and win prizes! **RSVP required.**

Have an idea for a group outing or would you like to facilitate a class with a special skill set to teach? Let us know!

MEN

Men's Drop-In Support Group

The Village Wednesdays 10 a.m. Drop

in! Come meet new friends. Share your stories & experiences with men each week! Tell a friend!

Men's Hike Griffith Park

Thursdays 9:30 a.m.

Drop in! Meet at the corner of Fern Dell & Black Oak Drive, 200 ft. north of Los Feliz Blvd. Parking is available along Fern Dell Dr. or take public transit. Bring water, a snack & comfortable shoes. This group is co-ed every third Thursday. **Bring a friend!**

Men's Dinner Andre's (AndresItalian.com) 6332 W 3rd St

Los Angeles, CA 90036 Tues, Jun 27 6:30 p.m. Event 0616

Dinner with the guys! SHS Fund available. Cash preferred. **RSVP Required.**

Men's Movie Lion (2016) 118 Minutes The Village Tue, Jun 6 2 p.m. Event 0621

In this true story, 5-year-old Saroo is adopted by an Australian couple after losing his way in the urban jungle of Kolkata. More than two decades later, Saroo searchesfor his lost family in India. **RSVP Required.**

WOMEN

Silver Sensuality for Women with She-Ah

Women Only
The Village
Mon, Jun 5 11 a.m.
Event 0609

Share fun, friendly & meaningful experiences concerning the various feelings mature women experience as their bodies change.

RSVP Required.

Dyke Day Sat, Jun 10 Noon-6 p.m. Debs Park 4235 Monterey Road, Los Angeles, CA 90032

With over 1,000 queer women, families and allies attending Dyke Day, this event promises something for everyone—not to mention a huge turnout. Free, all-ages and inclusive, Dyke Day booths, DJs, bounce houses, tables from community organizers, grilling and picnicking spots and of course, the chance to meet, greet and cruise hundreds and hundreds of LA's queer women. Food and Vendors of all sorts will be in attendance. Please use WAZE to get there (Google and Apple Maps do not take you to the right location). This is not a Center or Senior Services event. For more info visit https://www. facebook.com/DykeDayLA/

L50+ Dinner Callender's Grill 5773 Wilshire Blvd. Los Angeles, CA 90036 Sun, Jun 18 6 p.m. Event 0610

Please join us for a wonderful evening out with the gals! Look for Alice. Parking is validated at this location. **RSVP Required.**



Women's Movie Jackie (2016) The Village Tue, Jun 20 11 a.m. 100 Minutes Event 0615

A searing and intimate portrait of one of the most important and tragic moments in American history, seen through the eyes of the iconic First Lady, then Jacqueline Bouvier Kennedy. JACKIE places us in her world during the days immediately following her husband's assassination. Known for her extraordinary dignity and poise, here we see a psychological portrait of the First Lady as she struggles to maintain her husband's legacy.

RSVP Required.

HEALTH

DROP-IN CASE MANAGEMENT (FIRST-TIME NEW CLIENT)

Drop-In Every Wed 10 a.m.-Noon, 1-3 p.m. at The Village

Senior Services has expanded drop-in case management hours for first-time new clients only. Come meet with a case manager and learn about valuable programs and services that may be available to you: housing, employment, medical, mental health, legal, social support and more! First come, first served basis!

LGBT BEREAVEMENT

Grieving: An Introduction to Group

Tues, Jun 6 & 20 1 p.m. at The Village Event 0603

Grieving

Tues, Jun 13 & 27 1 p.m. at The Village Event 0604

If you are experiencing pain from the loss of a loved one from a person, pet, etc, please call to join the group. For new participants please contact Manager of Social Services & Housing Valerie Richards by calling 323-860-7307. **Those new to bereavement will attend Grieving: An Introduction to Group first.**

ALZHEIMER'S and RELATED DEMENTIA LGBT CAREGIVER SUPPORT GROUP

2nd & 4th Thurs of Each Month Thurs, Jun 8 & 22 10:30 a.m.-Noon at The Village Event 0624

Alzheimer's Association caregiver support groups, conducted by trained facilitators, are a safe place for caregivers, family and friends of persons with dementia to develop a support system, exchange practical information, talk through challenges, share feelings and learn about community resources. **Before attending this meeting, please call Yael Wyte, MSW at 323-486-6632 to confirm meeting date and time.**

TRANSGENDER PERCEPTIONS

Fridays at The Village, 8-9:30 p.m. \$3-\$5 Suggested Donation (Optional)

Questioning your gender identity can be a lonely process and, if you're considering or in the process of living your true gender, you likely have many questions. This social networking group is for all who identify as transgender.

HIV TESTING

You can get tested on a walk-in basis, for free, at the **Center's McDonald/Wright Building** (1625 N. Schrader Blvd., Los Angeles, CA 90028) on weekdays from 11 a.m.-7 p.m. or at **Center WeHo** (8745 Santa Monica Blvd., West Hollywood, CA 90069) Mon-Fri from 11 a.m.-2 p.m. and 4-7 p.m.

HEALTH AND MENTAL HEALTH SERVICES

The Los Angeles LGBT Center's medical providers are experts at treating lesbian, gay, bisexual and transgender people and understand the health issues that affect our community. We accept Medi-Cal, Medicare, most major insurance plans and some HMOs. If you lack insurance or have limited financial means, we will help you determine your eligibility for medical and drug assistance programs. **For Hours & Locations, Call: 323-993-7500**

MI CENTRO - BOYLE HEIGHTS

To better serve the LGBT community who live on the east-side of Los Angeles, the Los Angeles LGBT Center has partnered with the Latino Equality Alliance (LEA) to open its first facility on the eastside of Los Angeles. Mi Centro, just east of the Los Angeles River in Boyle Heights.

Mi Centro is located at 553 S Clarence St, Los Angeles, CA 90033. Street Parking is availab between the 4th and 6th Street Bridges, just a 15-minute walk from the Mariachi Plaza and Pico/Aliso Gold Line stations and one block from Metro bus lines at 4th and Boyle Streets.

Movie for Two at 2 Mi Familia (1995) Thu, Jun 1 2 p.m. Event 0627 128 Minutes

A second-generation Mexican immigrant narrates his family history, beginning with the journey of his father, Jose (Jacob Vargas), across Mexico to Los Angeles where he meets Maria (Jennifer Lopez) and starts a family. Each subsequent generation contends with political and social hardships, ranging from illegal deportations in the 1940s to racial tensions and gang fights in the '60s and '70s. Yet through it all, or perhaps because of it, the family remains strong. **RSVP** Required.

VALLEY THURSDAYS IN NOHO

Game Day MCC Church Thurs, Jun 1 Noon

Up for a game of Uno, Checkers or Scrabble? **Drop in!**

Coffee Chat MCC Church Thurs, Jun 8 Noon

Have a topic you want to Chat about? all are welcome. **Drop in!**

Movie What's up Doc?(1972) MCC Church Thurs, Jun 15 Noon 94 minutes

Join us as we watch this hilarious screwball comedy set in San Francisco. Featuring the legendary Barbra Streisand & Ryan O'Neal. Popcorn will be provided. **Drop In!**

Chair Yoga MCC Church Thurs, Jun 22nd Noon

Do Yoga adapted to the chair with various levels of flexibility. Easy techniques & more. **Drop in!**

Pot Luck MCC Church Thurs, Jun 29 Noon

We'll provide the main dish, please bring a side dish to share. No one will be turned away if unable to bring a dish. **Tell a friend!**

Valley Thursdays in NoHo meets at the MCC Church located at 5730 Cahuenga Blvd., North Hollywood, 91601 (unless otherwise noted in this newsletter.) Questions? Call 323-860-5830

HIV+

HIV + Men's Support Group

The Village Thursdays 1 p.m.

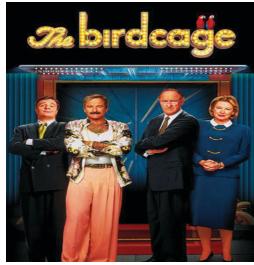
Drop in! Come meet new friends. Share your stories and experiences with men living with HIV.

Lunch for Those Living with HIV

The Village Mon, Jun 26 12:30 p.m. Event 0608

We'll provide lunch (\$2 donation requested). Share your stories of living, surviving & thriving.

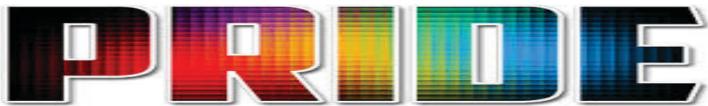
RSVP Required.



Movie for Those Living with HIV

The Birdcage (1996)
The Village
Mon, Jun 26 1 p.m.
119 Minutes

Longtime lovers Armand and Albert own a Miami drag club, but when Armand's son announces his intent to marry the daughter of a stuffy U.S. senator, the gay couple feels compelled to pass themselves off as a "normal" family in this wild farce.



L.A Pride:

Festival- Weho Park-Sat, Jun 10 10 a.m.-12 a.m. Sun, Jun 11 11 a.m.-11 p.m. Resist March

Sun, Jun 11 8 a.m.-1 p.m.

The organizers of L.A Pride have decided to take the annual Sunday Parade and bring it back to it's roots, a March. They are calling on everyone to peacefully march on Sunday, June 11th 8am-1pm from Hollywood and Highland to West Hollywood. "Instead of a Pride Parade meant to celebrate our past progress, we are going to march to ensure all our futures."- ResistMarch. com

Trans Pride L.A. The Village Fri, Jun 16 7-10 p.m. Sat, Jun 17 Noon-9:30 p.m.

19th Annual Trans Pride L.A. Funded in part through the generosity of Amazon Original Series Transparent and Tito's Vodka, the Los Angeles LGBT Center proudly presents one of the country's oldest and largest celebrations of the trans community, with special appearance by Aydian Dowling. Information and support to the entire spectrum of the LGBTQ community will be in abundance.

Senior Prom 2017 Sat, Jun 24 5-9 p.m. Pickwick Gardens Royal Crest Room 1001 Riverside Dr. Burbank, CA 91506 \$5-10 Suggested Donation Free parking! RSVP by Wed, Jun 21 Event 0625

Enjoy dinner, live entertainment & dancing. Please tell us your entree selection when registering online or by phone:
1) Herb Crusted Chicken Marsala; 2) Fried Vegetable Ravioli with Sauce Marinara; or 3) Grilled Salmon with Roasted Pineapple and Apricot Sauce. Chocolate dessert to follow. **RSVP deadline is**Wed, Jun 21. One adult guest per registered participant. The Senior Prom is a drug and alcohol-free event.

RSVP Required. 323-860-5830



Gilbert Baker, a gay rights activist and creator of the iconic rainbow flag

In 1978 while living in San Francisco, George Baker-created the flag following the assassination of openly gay city Supervisor Harvey Milk. He was asked to create a symbol for a gay pride parade that would represent the movement of the time. Decades later the flag is still the primary symbol used around the world. Other flags have been adapted for Trans & Bisexual color themes.

Baker passed away at 65 in his sleep at his New York home on March 31, 2017.

June 12 marks 1 year since the horrific tragedy that took 49 lives and injured many at Pulse nightclub in Orlando, Florida.



ADDITION

Great News! Our newest class "Chi Gong & Tai Chi will be every Monday starting 6/12

The Village, 1125 N. McCadden Pl Los Angeles, Ca 90038 Mondays 11 a.m. Event 0620

Learn the basic movements and meditations of Chi Gong and Tai Chi! The exercises are easy to do and have a wide range of benefits for body, mind and spirit. They improve balance, breathing, relaxation, stress reduction, bone strength, flexibility, and energy levels. **RSVP Required.**

CONNECTIONS

Nothing matters to us more than our connection with you. We would like to let you know of a couple ways to stay up to date with everything we have going on so you never miss anything important.

Do you have a Facebook account?

We are happy to announce we will be utilizing our Facebook page more than ever. By "Liking" our Facebook page, you will know instantly when there are upcoming events, pictures and all fun things Senior Services has to offer. This is the fastest way to be informed.



Simply go to **Facebook.com/50plusigbt** and "Like" the page.

PARKING

Parking will officially go away at The Village effective June 1st. Street and Metered parking will be limited. We encourage use of Public Transporation, Carpooling and Ride Sharing apps such as Lyft and Uber.

There will be no parking until the new building is built in a couple year's.

Please know we are working hard to find other spaces in close proximity to The Village to have our scheduled programming.

Are you subscribed to our email list?

It's also a great way to stay informed on special events, as well as changes to the activities schedule.

Simply send an email to Seniors@lalgbtcenter. org and ask to be on our email list.

