

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	<ul style="list-style-type: none"> <li>• <b>Chi Gong &amp; Tai Chi</b> (0720) 11 a.m.</li> <li>• <b>Lunch/Movie for those living with HIV</b> (0708) 12:30 p.m</li> </ul>			Remember to make an RSVP call or e-mail at least two (2) business days in advance of an event. 323-860-5830 seniors@lalgbtcenter.org	<b>JULY</b>	1
2	<ul style="list-style-type: none"> <li>• <b>Silver Sensuality for Women</b> (0709) 11 a.m.</li> <li>• <b>Chi Gong &amp; Tai Chi</b> (0720) 11 a.m.</li> <li>• <b>Tech Support with Mom's Computer</b> 2:30-4 p.m.</li> </ul>	<p style="text-align: center;"><b>FOURTH OF JULY THE CENTER IS CLOSED</b></p> <ul style="list-style-type: none"> <li>• <b>Go Metro</b> (0714) 11:00 a.m. &amp; 3:30 p.m.</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Men's Drop-in Support</b> 10 a.m.</li> <li>• <b>Chair Yoga</b> 11 a.m.</li> <li>• <b>Brain Power</b> (0701) 1 p.m.</li> <li>• <b>Men's Movie</b> (0721) 1 p.m.</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Men's Hike</b> 9:30 a.m.</li> <li>• <b>Valley Group</b> Noon</li> <li>• <b>HIV+ 50+ Men's Support Group</b> 1 p.m.</li> <li>• <b>Movie at Mi Centro: 2 for 2</b> 2 p.m.</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Art Lab</b> 10:30 a.m.</li> <li>• <b>Opera</b> (0726) 11 a.m.</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Rusty's Co-Ed "Gay Swing &amp; Sway"</b> (0730) 1 p.m.</li> </ul>
9	<ul style="list-style-type: none"> <li>• <b>Chi Gong &amp; Tai Chi</b> (0720) 11 a.m.</li> <li>• <b>Pickwick Bowling</b> (0726) 10:30 a.m.-12:30 p.m.</li> </ul>	<ul style="list-style-type: none"> <li>• <b>HICAP</b> 10 a.m.</li> <li>• <b>Movie for Everyone</b> (0712) 11 a.m.</li> <li>• <b>Finding Your True Self with Lois</b> (0732) 1 p.m.</li> <li>• <b>LGBT Bereavement</b> (0704) 1 p.m.</li> <li>• <b>HIV- Think Better, Live Happy</b> (0733) 1 p.m.</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Men's Drop-in Support</b> 10 a.m.</li> <li>• <b>Chair Yoga</b> 11 a.m.</li> <li>• <b>Financial Chat</b> (0722) 1 p.m.</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Men's Hike</b> 9:30 a.m.</li> <li>• <b>Alzheimer's LGBT Caregiver Support Group</b> (0724) 10:30 a.m.</li> <li>• <b>Housing Supportive Network</b> 11a.m.</li> <li>• <b>Valley Group</b> Noon</li> <li>• <b>HIV+ 50+ Men's Support Group</b> 1 p.m.</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Art Lab</b> 10:30 a.m.</li> <li>• <b>Bette Davis for Everyone</b> (0717) 11 a.m.</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Living Trust Seminar</b> (0728) 10:30 a.m.-12:30 p.m.</li> </ul>
16	<ul style="list-style-type: none"> <li>• <b>L50+ Dinner</b> (0710) 6 p.m.</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Chi Gong &amp; Tai Chi</b> (0720) 11 a.m.</li> <li>• <b>Joe Levy's "Broadway to Hollywood"</b> (0713) 1 p.m..</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Country Line Dancing with Matthew</b> (0711) 11 a.m.</li> <li>• <b>Financial Chat</b> (0723) 11 a.m.</li> <li>• <b>LGBT Bereavement</b> (0704) 1 p.m.</li> <li>• <b>Tech Support with Mom's Computer</b> 2:30-4 p.m.</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Men's Drop-in Support</b> 10 a.m.</li> <li>• <b>Chair Yoga</b> 11 a.m.</li> <li>• <b>Brain Power</b> (0701) 1 p.m. .</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Co-ed Hike</b> 9:30 a.m.</li> <li>• <b>Open House at Mi Centro</b> 10 a.m.-1 p.m</li> <li>• <b>My Life is Poetry</b> (0725) 10:30 a.m.</li> <li>• <b>Valley Group</b> Noon</li> <li>• <b>HIV+ 50+ Men's Support Group</b> 1 p.m.</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Art Lab</b> 10:30 a.m.</li> <li>• <b>Bingo!</b> (0705) 1 p.m.</li> </ul>
23	<ul style="list-style-type: none"> <li>• <b>Chi Gong &amp; Tai Chi</b> (0720) 11 a.m.</li> </ul>	<ul style="list-style-type: none"> <li>• <b>HICAP</b> 10 a.m.</li> <li>• <b>Country Line Dancing with Matthew</b> (0711) 11 a.m.</li> <li>• <b>LGBT Veterans' Support Group</b> (0706) 1 p.m.</li> <li>• <b>LGBT Bereavement</b> (0704) 1 p.m.</li> <li>• <b>Kidney Smart</b> (0731) 1 p.m.</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Men's Drop-in Support</b> 10 a.m.</li> <li>• <b>Chair Yoga</b> 11 a.m.</li> <li>• <b>Larry's Computer Class</b> 1:30 p.m.</li> <li>• <b>Men's Dinner</b> (0716) 6:30 p.m.</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Men's Hike</b> 9:30 a.m.</li> <li>• <b>Alzheimer's LGBT Caregiver Support Group</b> (0724) 10:30 a.m.</li> <li>• <b>My Life is Poetry</b> (0725) 10:30 a.m.</li> <li>• <b>Valley Group</b> Noon</li> <li>• <b>HIV+ 50+ Men's Support Group</b> 1 p.m..</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Art Lab</b> 10:30 a.m. .</li> <li>• <b>Women's Movie</b> (0715) Noon</li> </ul>	