50+ AUG 2017



L50+ Black & White Dance Page 9



SENIOR SERVICES

Senior Services strives to create a safe, welcoming and respectful community where lesbian, gay, bisexual and transgender people in their 50s, 60s, 70s, 80s, 90s and beyond can come together to learn, connect, build friendships, gain support and thrive!



The Village at Ed Gould Plaza 1125 N. McCadden Pl. Los Angeles, CA 90038

RSVP/Message Line 323-860-5830 **Toll Free** 877-688-4833

seniors@lalgbtcenter.org lalgbtcenter.org facebook.com/50pluslgbt

GO GREEN

Remove yourself from the mailing list and access the newsletter and calendar online through our e-mail list. Send an e-mail to seniors@ lalgbtcenter.org requesting to "Go Green."

THE FUTURE

Parking Info Line- 323-860-7397

You may have noticed that major construction has begun across the street from the Village as we begin a two-year project to create the new Anita May Rosenstein Campus. The new building will feature a Senior Services Center as well as up to 100 units of senior housing. The staff has begun brainstorming program ideas for the new building including increasing intergenerational opportunities for seniors and youth. We know the inconvenience this may cause for seniors coming for activities and case management services. To address this concern, we are expanding programming this month to Triangle Square with several parking garages conveniently located within short walking distance as well as metered street parking in front of the building. Financial assistance is available on a limited basis through our Seniors Helping Seniors fund for parking to attend our services during construction. We are reviewing alternate locations for programs which include more parking opportunities as well as expanding activities at Mi Centro in Boyle Heights and in the Valley on Thursdays at MCC Church in upcoming months. We appreciate everyone's patience and continued support during construction as we move toward the opening of the Anita May Rosenstein Campus.

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NEWSLETTER RSVP INSTRUCTIONS

RSVP requests must be

made on or after the 1st of the month. Check the event for an RSVP deadline, when applicable. RSVP at least two (2) business days in advance of an event. Events are free of cost, unless price is noted. Transportation is not provided. unless noted. Please provide the full name(s) of your guest(s), if applicable. Our events are limited in the number of open spots or tickets. You are confirmed for an event, unless you receive a call or e-mail notifying you of placement on a wait-list. Due to the high volume of interest, you may not receive a spot on the list or a ticket to an event. If you do and we have your e-mail address on file, you will receive a reminder e-mail prior to the event. In case of an event cancellation, only those participants who made an RSVP call or e-mail will be notified. If we do not reach you, we will leave a message, when possible. Please be advised that ONLY confirmed guests will receive reminder calls and/or e-mails for events requiring an RSVP.

RSVP/Message Line: 323-

860-5830

Or, Toll-Free: 877-688-4833 seniors@lalgbtcenter.org

SPECIAL NEEDS

If you have any special needs, including dietary restrictions, accessible seating requirements for any events or other venues, or sign language accomodations, please notify us at least 7-10 days in advance.

Please let us know by calling 323-860-5830. We will always do our best to accommodate!

SENIORS HELPING SENIORS

Established by seniors and intended for seniors, this special fund is available on a limited basis for select activities, classes & events. If you need financial assistance to attend a class, dinner or event, please call us at **323-860-5830**.

All requests are completely confidential. The fund's availability depends on the generosity of seniors like you. Please contact us if you would like to make a donation to the Seniors Helping Seniors Fund! Please only come to The Village to pay for ticketed events, to pick up ticket(s) or to attend a ticketed event if you have received a confirmation e-mail for the event.

PARKING INFO LINE: 323-860-7397

BIRTHDAYS!

Alan Albert Allan Allen Alvaro Santiago Alvin Andrea Antonio Aubry Aurora В B. (Sable) Bernardo Bill Bob Bobby Bradley Brian Bruce Bvrle Candace Carol Cecilia Charles Clifton Coleen Cori Cresson Dan Dana Daniel Darlene Dave David David R Davido Dean Debbie Deni Devron Dewey Dick Doris Eagle Edward Elinor Emiko Erika Eugene Felix Francine

Frank

Mollie

Gordon Gwen Haruhiko Howard Iris Irv lvy James Jane Jeanne Jerry Jesse Jesus Jill .Jodi Joe lohn **Vonathan** Jordan Judy Karen Kathleen Kathrvn Kimberly Kris Kristie LaVerne Leda Lee Leo Leonor Linda Lisa Liza Lorne Luis Lynn Maggie Manny Marcos Margaret Marge Marie Marita Mark Matthew Mercedes Michael Miguel Miki Miriam Mitch

Murry Nancy Nathan Nelson Patrick Patt Patty Paul Paul E. Paul J Peter Philip Rebecca Rev. Patti Richard Rita Robert Robert L Roddv Rodney Roman Ross Rov Sam Sean Seth Stephen Steven Suhir Susan Tara Ted Theresa Tia Timothy Todd Tom Tom E. Trevor Wayne Wes Will A William Yannek

EVERYONE Chi Gong & Tai Chi The Village Every Monday! 11 a.m. Event 0820

Learn the basic movements and meditations of Chi Gong and Tai Chi! The exercises are easy to do and have a wide range of benefits for body, mind and spirit. **RSVP Required.**

Chair Yoga Master Lakshmi The Village Every Wednesday! 11 a.m. Challenge your body and brain with ancient Eastern techniques to improve your

memory and health. Drop in!

Art Lab
The Village
Every Friday! 10:30 a.m.
Explore avenues of artistic expressions with Carolyn.
Drop In!

My life is Poetry: Writing Workshop The Village Every Thursday! 10:30a.m. Event 0825

For this autobiographical poetry workshop, all you need to bring is a pen and a willingness to try. We will make Poems out of Memories. **RSVP Required.**



Festival of Arts Pageant of the Masters 650 Laguna Canyon Road Laguna Beach, CA 92651 Tues, Aug 1 1 p.m-Midnight Event 0800

Bus departs The Village at 1:30 p.m. Once there everyone is welcome to eat and sight see. After, we'll head to the amphitheater, show starts at 8:30 p.m. Transportation is provided! Food not included. Bring a warm jacket. RSVP Required.

Bette Davis for Everyone

Of Human Bondage 1934 83 Minutes The Village Event 0817 Wed, Aug 2 1 p.m.



Based on W. Somerset
Maugham's tragic novel,
director John Cromwell's
1934 version is notable for
catapulting Bette Davis to
stardom as coarse Cockney
waitress Mildred Rogers.
future. **RSVP Required.**

HICAP

The Village Tue, Aug 8 & 22 10 a.m.

There's a lot to know about Medicare and now there's help to make sense of it all. Meet the HICAP Volunteer Counselor: Michael Lacoe. HICAP is funded, in part, by the Los Angeles City and County Area Agencies on Aging, through the Older Californians Act. **RSVP with Michael Kelly** 323-860-7329

LGBT Veterans' Support Group

You served our country, now lets support each other in this once-a-month social gathering in a safe space. **Drop in!**

Two new locations! On 8/8 we will meet at Triangle Square at 1 p.m. Metered Parking is available and near by Parking Lots. If you need financial assistance for parking contact us regarding our Seniors Helping Seniors fund

Triangle Square
1602 Ivar Ave,
Los Angeles, CA 90028
Tue, Aug 8 1 p.m.

The Village Tue, Aug 29 1 p.m.

Tech Support with Mom's Computer

Computers, phones, tablets and all things technology!
Bring your Device and Questions. No broken devices, please. **Drop in!.**

The Village Tue, Aug 8 2:30 p.m.

New Time & Location

Thurs, Aug 24 Noon
MCC Church
5730 Chauenga Blvd
North Hollywood, 91601
Free Parking in Church Lot.
Free Street Parking.

Brain Power

The Village Wed, 9 & 23 1 p.m. Event 0801

We will do Outloud Podium Readings from Whitman's SPECIMEN DAYS, his outstanding prose work which includes his Civil War experience as a medical attendant in hospitals and in the field; his frequent casual meetings with President Lincoln; his intimate discussions with soldiers: his admiration for female nurses. We will view the PBS presentation on Whitman's life and global influence RSVP Required.

Lunch for Everyone at Triangle Square

Triangle Square
1602 Ivar Ave,
Los Angeles, CA 90028
Fri, Aug 11 11 a.m.
Event 0837T

Join us for Lunch at our
Triangle Square location!
RSVP Required.
Metered Parking is available
and near by Parking Lots. If
you need financial assistance
for parking contact us
regarding our Seniors
Helping Seniors fund.

Pickwick Bowling 921 W Riverside Dr, Burbank, CA 91506 Mon, Aug 14 10:30 a.m.-12:30 p.m. Event 0826



Join us for Bowling Fun! Lane Rental & Shoe Rental is \$4.75 for both!. SHS available. **RSVP Required.**

Life Connections 21+ meets 50+

The Village Wed, Aug 16 1 p.m. Event 0829

Meet with The Center's 21+ Volunteers for a chat about Life. This Month's topic is: Your biggest life lesson.

RSVP Required.

Financial Chat with Carolyn Series:

Retirement Income Chat

The Village Wed, Aug 16 1 p.m. Event 0822A

Learning ways to generate and maximize retirement income as well as discussion around social security and taxes.

Savings & Investing Strategies Chat

The Village Tue, August 29 1 p.m. Event 0822B

Learn strategies to budget and save more as well as best practices and tips for investing.

RSVP/Message Line: 323-860-5830 seniors@lalgbtcenter.org

Opera Screening *TOSCA* (2011)

The Village Fri, Aug 18 11 a.m. Event 0827

Puccini's melodrama about a volatile diva, a sadistic police chief, and an idealistic artist has offended and thrilled audiences for more than a century. **RSVP Required.**

Movie for Everyone at Triangle Square

To Wong Foo, Thanks for Everything! Julie Newmar (1995) 109 minutes

1602 Ivar Ave, Los Angeles, CA 90028 Fri, Aug 18 1 p.m. Event 0836T

Metered Parking is available and near by Parking Lots. If you need financial assistance for parking contact us regarding our Seniors Helping Seniors fund.

Elite Manhattan drag queens Vida Boheme (Patrick Swayze) and Noxeema Jackson (Wesley Snipes) impress regional judges in competition, securing berths in the Nationals in Los Angeles. When the two meet pathetic drag novice Chi-Chi Rodriguez (John Leguizamo) -- one of the losers that evening -- the charmed Vida and Noxeema agree to take the hopeless youngster under their joined wing. **RSVP Required.**



Senior Services Staff at our 2017 Senior Prom! Over 250 Senior Participants had a blast at our Gay Hollywood Theme on June 24th.

Joe Levy's "Broadway to Hollywood"

Carousel (1956) 128 min The Village Mon, Aug 21 1 p.m.

Event 0813

Follow the romance of Billy Bigelow (Gordon MacRae), a charming carousel barker, and Julie Jordan (Shirley Jones), a pretty worker from a nearby mill.

Country Line Dancing with Matthew The Village Tue, Aug 22 & 29 11 a.m. Event 0811

You don't need a partner, easy steps, great movement practice, beginners welcome. Please wear comfortable shoes, boots not required. **RSVP Required.**

Finding Your True Self with Lois The Village Tues, Aug 22 1p.m. Event 0832

Explore and find your true self with Lois and learn life practices to better understand and take care of yourself. **RSVP Required.**

Kidney Smart The Village Tue, Aug 22 1 p.m. Event 0831

Kidney Smart will help those with CKD, Diabetic and high blood pressure understand how to take control. **RSVP Required.**

Card making with Aura! The Village Tue, Aug 22 1 p.m. Event 0819

Learn how to make customized cards. **RSVP Required.**

Bingo! The Village Fri, Aug 25 1:00 p.m. Event 0805

Play and win prizes! **RSVP Required.**

Larry's Computer Class The Village

Wed, Aug 30 1:30 p.m.

Larry will be back once a month to teach us the lastest in Technology. **Drop in!**

MEN

Men's Drop-In Support Group

The Village

Wednesdays 10 a.m. Come meet new friends. Share your stories & experiences with men each week! Drop in!

Men's Hike Griffith Park

Thursdays 9:30 a.m.

Meet at the corner of Fern Dell & Black Oak Drive, 200 ft. north of Los Feliz Blvd. Parking is available along Fern Dell Dr. Or public transit. Bring water, a snack & comfortable shoes. **Co-ed every third Thursday. Drop in!**

Men's Movie

Cafe Society (2016) 96 Min The Village Fri, Aug 11 1 p.m. Event 0821

a young man migrates to Los Angeles in the 1930s and is swiftly drawn into the social whirlpool of the young and beautiful. **RSVP Required.**

Men's Dinner El Caserio-Silverlake 401 Silverlake Blvd at London Street. Los Angeles, CA 90026 Tue, Aug 29 6:30 p.m. Event 0816

Yummy South American & Italian Cuisine. Parking: Street/Vallet.

RSVP Required.

WOMEN

Event 0838

Performance Practice The Village Every Friday! 5:30p.m.-7:30 p.m.

In this class we will practice becoming more comfortable sharing our craft in front of an audience. Everyone will have a set time to deliver a prepared piece. Musicians, poets, teachers, etc are welcome.

At the beginning of the class there will be a short discussion on presence and performance practices. And at the end of the class there will be time for those who are comfortable to discuss how they felt about their performances. **RSVP Re-**

quired.

Silver Sensuality for Women with She-Ah

The Village Mon, Aug 7 11 a.m. Event 0809

Share fun, friendly & meaningful experiences concerning the various feelings mature women experience as their bodies change. **RSVP Required.**

Women's Movie

Reaching for The Moon (2013)

The Village Mon, Aug 14 1 p.m. 116 Miutes Event 0815

American poet makes an inspiring visit to Rio, she catches the eye of an old friend's lover, who changes her in ways she never imagined. **RSVP Required.**

L50+ Black & White Dance

Pickwick Gardens 1001 Riverside Dr. Burbank, CA 91506 \$5-10 Suggested Donation Free parking! Sat, Aug 19 6:30-10:30pm Event 0818

Gather for an evening with amazing women, great music and dancing! Make it a night to remember. Light Refreshments. Cash Bar. **RSVP Required.**

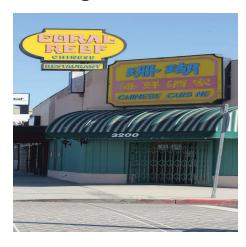
DJ Bee will be playing your favorites! Send your requests to: Seniors@lalgbtcenter.org

Women's Dinner-Coral Reef Chinese Restaurant

3200 Glendale Blvd, Los Angeles, CA 90039 Between Garden Ave and Larga Ave.

Sun, Aug 20 6:00 p.m. Event 0810

Join us for a wonderful meal with the gals! Look for Alice.



MI CENTRO - BOYLE HEIGHTS

To better serve the LGBT community who live on the east-side of Los Angeles, the Los Angeles LGBT Center has partnered with the Latino Equality Alliance (LEA) to open its first facility on the eastside of Los Angeles. Mi Centro, just east of the Los Angeles River in Boyle Heights.

Mi Centro is located at 553 S Clarence St, Los Angeles, CA 90033. Street Parking is availab between the 4th and 6th Street Bridges, just a 15-minute walk from the Mariachi Plaza and Pico/Aliso Gold Line stations and one block from Metro bus lines at 4th and Boyle Streets.

Movie for Two at 2 Under the Same Moon Thurs, Aug 3 2 p.m. 109 Minutes



In this tale illuminating the plight of illegal aliens, Kate del Castillo plays Rosario, a woman working illegally in the United States to provide a better life for her son Carlitos (Adrian Alonso), who remains at home in Mexico.

Mi Centro Open House

Thurs, Aug 10 10 a.m.-1p.m. Come by and get a tour of Mi Centro.

VALLEY THURSDAYS IN NOHO

Game Day meets Life Connections 21+ meets 50+ MCC Church Thurs, Aug 3 Noon

The Centers Volunteers will drop by to play some games. **Drop in!**

Coffee MCC Church Thurs, Aug 10 Noon Drop in!

Life Connections 21+ meets 50+ MCC Church Thurs, Aug 17 Noon Drop in!

Valley Thursdays in NoHo meets at the MCC Church located at 5730 Cahuenga Blvd., North Hollywood, 91601

Movie

Fences (2016) 139 Min MCC Church Thurs, Aug 24 Noon

Working as a trash collector in 1950s Pittsburgh, Troy Maxson struggles to raise his family while trying to transcend the bitter experience of being a talented baseball player denied the opportunity to play in the majors because of his race. **Drop In!**

Pot Luck MCC Church Thurs, Aug 31 Noon

We'll provide the main dish, please bring a side dish to share. No one will be turned away if unable to bring a dish. **Drop In!**

HIV+

HIV + Men's Support Group The Village Thursdays 1 p.m.

Come meet new friends. Share your stories and experiences with men living with HIV. **Drop in!**



Think Better, Live Happy The Village Mon, Aug 7 & 21 1:00 p.m. Event 0833

POSITIVE MINDS - POSITIVE VIBES - POSITIVE LIFE. The art of paying attention. Thoughts become reality. **RSVP Required.**

Lunch for those living with HIV

The Village Mon, Aug 28 12:30 p.m. Event 0808

We'll provide lunch (\$2 donation requested). Share your stories of living, surviving & thriving.

RSVP Required.

Movie for Those Living with HIV

Flight (2012) 138 Minutes The Village Mon, Aug 28 1 p.m.

After his amazing safe landing of a damaged passenger plane, an airline pilot is praised for the feat, but has private questions about what happened. Further, the government's inquiry into the causes soon puts the new hero's reputation at risk.

HEALTH

DROP-IN CASE MANAGEMENT (FIRST-TIME NEW CLIENT)

Drop-In Every Wed 10 a.m.-Noon, 1-3 p.m. at The Village

Senior Services has expanded drop-in case management hours for first-time new clients only. Come meet with a case manager and learn about valuable programs and services that may be available to you: housing, employment, medical, mental health, legal, social support and more! First come, first served basis!

HOUSING SUPPORTIVE NETWORK

Every 2nd Thursday, 11 a.m. at The Village, Aug 10

Assistancess looking for housing and housing information. Lead by our Senior Services case management staff Julia Wallace- Section 8, and information on housing specific to LGBT Seniors. **Drop in!.**

LGBT BEREAVEMENT- Partnership with Tranquil Care Hospice Every Tuesday 1 p.m. at The Village Event 0804

If you are experiencing pain from the loss of a loved one, partner, family, friend or pet, please consider joining the weekly Bereavement Group. For new participants or for more information please contact Kiera Pollock, M.S.W. Director of Senior Services 323-860-5827.

ALZHEIMER'S and RELATED DEMENTIA LGBT CAREGIVER SUPPORT GROUP

2nd & 4th Thurs of Each Month Thurs, Aug 10 & 24 10:30 a.m.-Noon at The Village Event 0824

Alzheimer's Association caregiver support groups, conducted by trained facilitators, are a safe place for caregivers, family and friends of persons with dementia to develop a support system, exchange practical information, talk through challenges, share feelings and learn about community resources. **Before attending this meeting, please call Yael Wyte, MSW at 323-486-6632 to confirm meeting date and time.**

TRANSGENDER PERCEPTIONS

Fridays at The Village, 8-9:30 p.m. \$3-\$5 Suggested Donation (Optional)

Questioning your gender identity can be a lonely process and, if you're considering or in the process of living your true gender, you likely have many questions. This social networking group is for all who identify as transgender.

HIV TESTING

You can get tested on a walk-in basis, for free, at the **Center's McDonald/Wright Building** (1625 N. Schrader Blvd., Los Angeles, CA 90028) on weekdays from 11 a.m.-7 p.m. or at **Center WeHo** (8745 Santa Monica Blvd., West Hollywood, CA 90069) Mon-Fri from 11 a.m.-2 p.m. and 4-7 p.m.

HEALTH AND MENTAL HEALTH SERVICES

The Los Angeles LGBT Center's medical providers are experts at treating lesbian, gay, bisexual and transgender people and understand the health issues that affect our community. We accept Medi-Cal, Medicare, most major insurance plans and some HMOs. If you lack insurance or have limited financial means, we will help you determine your eligibility for medical and drug assistance programs. For Hours & Locations, Call: 323-993-7500



YOU SERVED OUR COUNTRY, NOW LET US SERVE YOU

VETERAN STAND DOWN

Serving all veterans **over the age of 50** including our LGBT veteran community. Access your benefits and resources.

SATURDAY, SEPTEMBER 23

10 a.m. − 3 p.m.

Lunch provided.

Free services:

VA enrollment, CalVets benefits, VA benefits, education, housing, legal advice, VBA benefits, employment, medical and mental health, DPSS, PAWSLA, PATHLA, LGBT 50+ Senior Services, Meals on Wheels WLA, social services, Volunteers of America, support groups, Angel Food L.A., IHSS for veterans, Battle Buddies, VASH, plus many giveaways

Los Angeles LGBT Center

The Village at Ed Gould Plaza 1125 N. McCadden Pl.

For more information and to RSVP: seniors@lalgbtcenter.org
323-860-5830
Event 0900





Hello from Mi Centro -

The Policy team has been working to ensure the LGBT senior community is being properly represented at state and national levels. We've begun reaching out to you for help and have had an enthusiastic response to our efforts so far.

During this year's Senior Prom, we set up an action station where attendees could write postcards to Senator Kamala Harris. We asked her to protect the Supplemental Nutrition Assistance Program (SNAP). This program is one of many facing cuts in the proposed 2018 federal budget. We also thanked her for her continued work on equality issues.

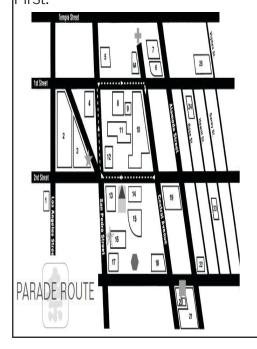
Our first Senior Mobilization Squad meeting was a huge success, with over 40 people in attendance. We discussed which issues are most important to the community and made plans to meet again in August. It's not too late to join our Mob Squad! The second meeting will be held on Monday August 14th at 5:00PM in the community room at Triangle Square, located at 1602 Ivar Avenue in Los Angeles. Join us for dinner, updates, and an action. Please RSVP to Tanya: 323-860-5828 with event number 0837 Thank you for being part of this important work. I look forward to seeing you at August's meeting.

-- Tanya Witt, National Community Center Policy Manager

Go Metro

Nisei Parade -Sun, Aug 20 4 p.m. Event 0814

Meet Mimi at **2pm** at the top of the escalators at the Red Line station at Santa Monica/Vermont. At Union Station transfer to Gold Line to Little Tokyo station. Or meet at **3:30pm** at Alameda/ First.



L50+ Potluck

19th Amendment Potluck Celebration at Triangle Square

McDonald/Wright Building 1625 Schrader Blvd, Los Angeles, CA 90028 Sun, Aug 27 Noon-2 p.m. Event 0840T

Come Celebrate Women's Suffrage with a special L50+19th Amendment Potluck Celebration. Participants can share their experiences of voting, and the history of the women's movement. Policy action opportunities will be provided during the event. Bring a dish to share. Free Parking is available on site. Look for Signage. RSVP Required.

A Day at Skirball

Skirball Cultural Center 2701 N. Sepulveda Blvwid. Los Angeles, CA 90049-6833 Tue, Sep 5 8:30 a.m. - 3:30 p.m. Event 0918

Join us for an all free inclusive day at The Skirball Cultural Center. Transporation provided. Bus pick up at The Village at 8:30 a.m. & Triangle Square at 9:00 a.m.

If arriving by your own transporation park at The North Parking Lot and meet at The Lobby at 10 a.m.

Attend an informative presentation on Estate Planning followed by Lunch then an interactive exhibit on Noah's Ark and conclude the day with a Movie. The Bus heads back to The Village and Triangle Square at 3:30 p.m.

RSVP Required. Please mention which Sandwhich you would like: Turkey, Tuna or Vegetarian.