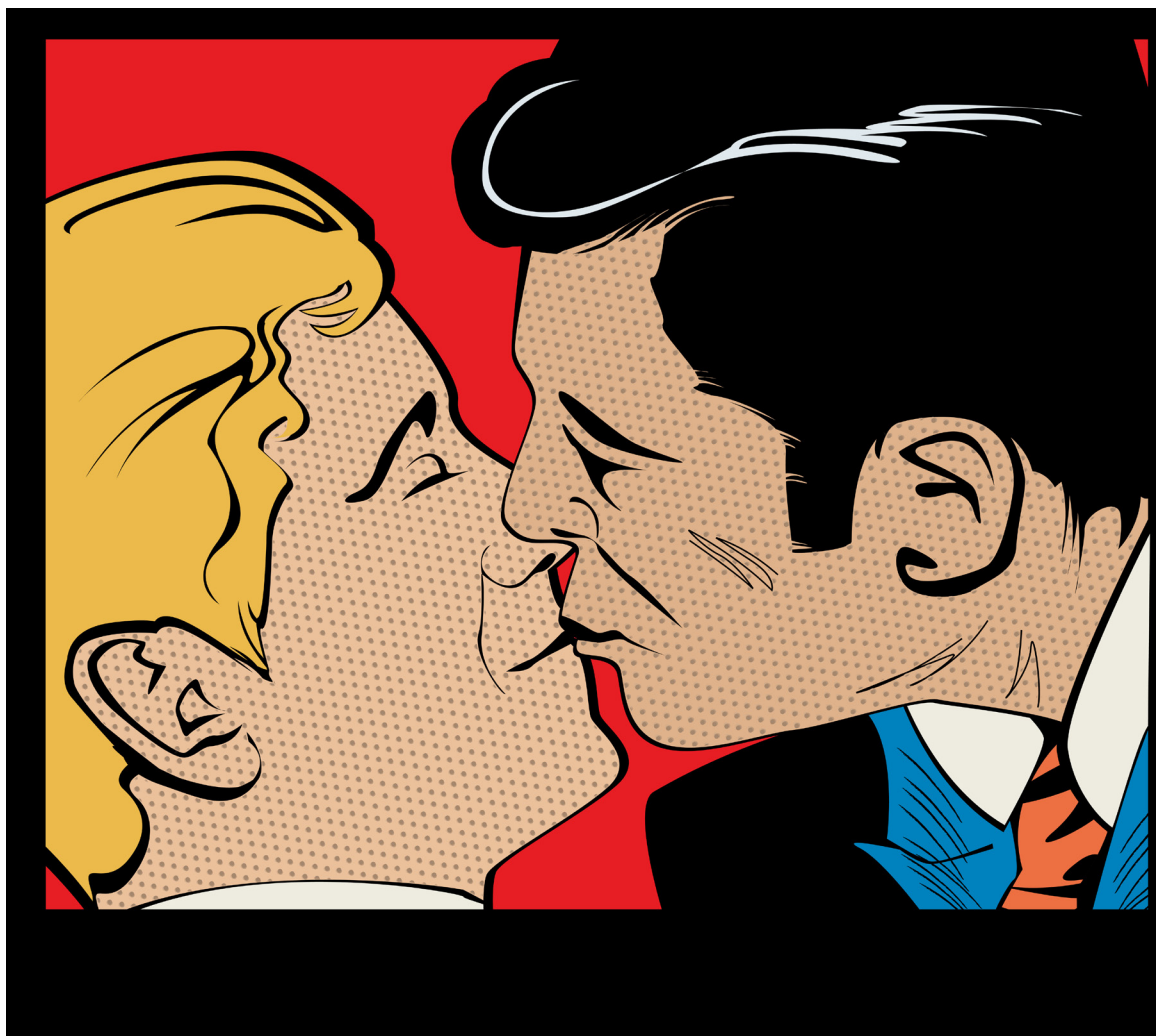


50+

SEPT 2016



Free &
Low-Cost Events
for People Ages
50-100+



LOS ANGELES LGBT CENTER

SENIOR SERVICES

Senior Services strives to create a safe, welcoming and respectful community where lesbian, gay, bisexual and transgender people in their 50s, 60s, 70s, 80s, 90s and beyond can come together to learn, connect, build friendships, gain support and thrive!



**LOS ANGELES
LGBT
CENTER**

The Village at Ed Gould Plaza
1125 N. McCadden Pl.
Los Angeles, CA 90038

RSVP/Message Line

323-860-5830

Toll Free

877-688-4833

seniors@lalgbtcenter.org

lalgbtcenter.org

[facebook.com/50pluslgbt](https://www.facebook.com/50pluslgbt)

GO GREEN



Remove yourself from the mailing list and access the newsletter and calendar online through our e-mail list. Send an e-mail to seniors@lalgbtcenter.org requesting to "Go Green."

INTRODUCTION

This month we have a letter of introduction from our new Manager of Social Services & Housing.

Dear members of Senior Services,

My name is Valerie Richards. I am writing to you as the new Manager of Social Services & Housing and wanted to introduce myself. I'm originally from the east coast. I have been a social worker for twenty-six years and throughout my career I have made a commitment towards inclusion and understanding. Cesar Chavez wrote, "The Goal of education should surely be in service to others." I will make that commitment to you. I want to know what your concerns, challenges, and needs are but I also want to know what your strengths, passions and joys are as LGBT seniors and/or as allies to the community.

If you haven't come to the Center in a while, PLEASE COME BACK! If you have been coming, PLEASE CONTINUE COMING and check out something new. Over the next few

(continued on page 9)

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NEWSLETTER RSVP INSTRUCTIONS

RSVP requests must be made on or after the 1st of the month. Check the event for an RSVP deadline, when applicable. **RSVP at least two (2) business days in advance of an event.** Events are free of cost, unless price is noted. Transportation is not provided, unless noted.

Our events are limited in the number of open spots or tickets. **You are confirmed for an event, unless you receive a call or e-mail notifying you of placement on a wait-list.** Due to the high volume of interest, you may not receive a spot on the list or a ticket to an event. If you do and we have your e-mail address on file, you will receive a reminder e-mail prior to the event. In case of an event cancellation, only those participants who made an RSVP call or e-mail will be notified. If we do not reach you, we will leave a message, when possible. **Please be advised that ONLY confirmed guests will receive reminder calls and/or e-mails for RSVP Events.**

Please only come to The Village to pay for ticketed events, to pick up ticket(s) or to attend a ticketed event if you have received a confirmation e-mail for the event.

RSVP/Message Line: 323-860-5830
Or, Toll-Free: 877-688-4833
seniors@lalgbtcenter.org

SPECIAL NEEDS

If you have any special needs, such as dietary restrictions, wheelchair or disabled seating requirements for theater events or other venues, **please let us know by calling 323-860-5830. We will always do our best to accommodate!**

SENIORS HELPING SENIORS

Established by seniors and intended for seniors, this special fund is available on a limited basis for select activities, classes & events. If you need financial assistance to attend a class, dinner or event, please call us at **323-860-5830.**

All requests are completely confidential. The fund's availability depends on the generosity of seniors like you. Please contact us if you would like to make a donation to the Seniors Helping Seniors Fund!

BIRTHDAYS!

Kiko	Montserrat	Jeannine
Marg	Georg	Robert
Patrick	Sophia	Norman
Cecilia	Ileana	Russ
J. T.	Jack	William
Liz	Michael	Michael
Tim	George	Robert
Terri	Samuel	Joe
Sandy	Janice	Jerry
Alice	Barry	Christopher
Jim	Thomas	Rick
Scott	Patti	Bob
Kipp	Ray	Jone
Lesa	Sal	Alex
Butch	Herman	Augie
Alturik	Richard E.	Yvonne
Shar	Al	Carol
Angela	Steven	Penny
Robert	Jeffrey	Tom
Charlie	James	Omer
Frank	Janet	Elka
Kathleen	Mary	James
Liz	Jay	Bob
Noland	Bradley	Sayuri
Walter	Gary	Felise
Israel	Jewel	Glenn
Lorraine	Eamon	Charlie
Cornelio	Robin	Rafael (Ralph)
Edward	Brad	Dan
Noreen	Bill	Therese
Peter	Mike	Dennis
Pam	Kwock	Cypriana
Marianela	Fred	John
Clarence	Gary	Olivia
Chris	Dwight E.	Verna
William	Donald	Barry
Shelia	Sharon	Ernest
Anthony J.	Yvonne	Phillip
Andrea	Christian	Linda
Amy	Gil Ruben	Terry Sue
Karen	Amber	Paul
Glenn E.	Bart	Cynthia
MaryAnn	Vincent	Sally
Dale	Dean Allan	Rita
Ron	Russell	Justin
Michael	Richard	Yvonne V.
Ed	Patrick	Lauren
Ray	Bruce	Jerome
Diane	Que	Brooks
Avery	Rosanne	Donald
Maria	Jesus Frank	Richard
Pat	Paul	Bobby
Don	Michael	Gerry
Leroy	Rob	Mario
Aisulu	Michael	Stephen
Bobby	Kumars	Gary
Eddie	Joel	Grace
Jake	Mark	Mitch
Gennady	Steve	Tony
Ray	Richard	Bill
Desiree	Mitchell	Martha
Matu	Patrick	Clarence
Tony	David	Meghan
Toby	Peggy	Michael K

EVERYONE



Art Lab

Fridays 10 a.m.

Explore different avenues of artistic expression including canvas, sculpture, mixed media. **Will not meet Fri, Sept 30.**

**RSVP Required:
323-860-5830**

Tech Support with Mom's Computer

The Village

**Tues, Sept 6 & 20 2:30 p.m.
Drop in!**

Computers, phones, tablets and all things technology! Bring in your devices and questions. E-mail, video chatting, online searching, smartphones, digital books. **Please Note:** Cannot fix broken devices, but can teach you how to use working devices.

Tell a friend!



Country Line Dancing with Matthew

The Village

**Tues, Sept 6 & 13
11 a.m.-Noon**

Event 0911

Wanna feel like you are up

there with Reba or Garth with a little Chorus Line? You don't need a partner, easy steps, great movement practice, beginners welcome. Boot Scootin' Boogie with Matthew. Yee Haw!!! Please wear comfortable shoes, boots not required.

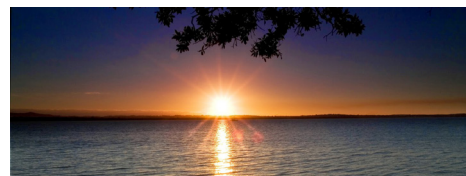
**RSVP Required:
323-860-5830**



Master Lakshmi Chair Yoga

The Village

Will return in October!



Finding Your True Self with Lois

The Village

Wed, Sept 7 1 p.m.

Drop in! Explore and find your true self with Lois and learn life practices to better understand and take care of yourself.

Open to everyone.

Tell a friend!



Rusty's Co-Ed Gay Swing & Sway

The Village

Sat, Sept 10 1 p.m.

Event 0918

Waltz, Fox Trot, Swing and Cha-Cha, PLUS Texas Two Step! Beginners welcome! No rubber soles please. Partner not necessary.

**RSVP Required:
323-860-5830**

Reading Opens Minds

The Village

Mon, Sept 12 & 26 11 a.m.

Event 0902

Love reading? Come share that love of reading with others! All books chosen are engaging and well written, containing themes for discussion revolving around life-skills, personal perceptions and existential questions.

**RSVP Required:
323-860-5830**

Brain Power

The Village

Mon, Sept 12 & 26 1 p.m.

Event 0901

In THE MEMBER OF THE WEDDING, Georgia born novelist/playwright, Carson McCullers depicts the August

life of twelve-year old Frankie Addams about whom the author writes: ‘ She was afraid of these things that made her suddenly wonder who she was, and what she was going to be in the world, and why she was standing at that minute seeing a light, or listening, or staring up into the sky: alone. She was afraid, and there was a queer tightness in her chest ‘ Join us for an OUTLOUD PODIUM reading of MEMBER OF THE WEDDING. What factors drew McCullers and Tennessee Williams into a close friendship. Why did the theatre community choose to stage the novel on Broadway. What are the social implications of this work?

RSVP Required:
323-860-5830



Movie for Everyone
Janis: Little Girl Blue (2015)

The Village
Tues, Sept 13 1:30 p.m.
105 Minutes

Event 0912
This insightful portrait of 1960s rock legend Janis Joplin, reveals a fragile soul whose overpowering voice made her a superstar before her death from a drug overdose at age 27.

323-860-5830

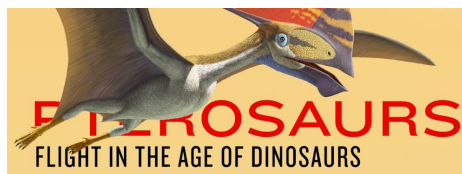
Bingo!
The Village
Fri, Sept 16 1 p.m.
Event 0905
Enjoy bingo!
RSVP Required:
323-860-5830



Go Metro
Sun, Sept 18 10 a.m.
Event 0916

Meet at The Village. Travel to East LA Mexican Independence Festival in Belvedere Park. Must be able to walk long distances. Bring your Tap Card!

RSVP Required:
323-860-5830



Pterosaurs:
Flight in the Age of Dinosaurs
Natural History Museum
900 Exposition Blvd.
Los Angeles, CA 90007
Mon, Sept 19
10:15 a.m. at The Village or
12:15 p.m. at NHM
\$10, due 9/14
Event 0907

Immerse yourself in this interactive exhibition and explore the remarkable diversity of the pterosaur species at the Natural History Museum (NHM).

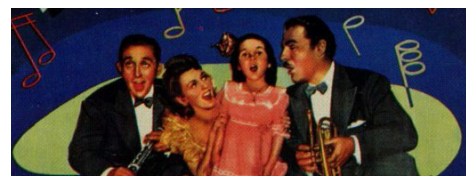
Meet at The Village at 10:15 a.m. to “Go Metro” (If taking public transport, must be able to walk long distances. Bring your Tap Card!) or at the main entrance of NHM by 12:15 p.m., if you are providing your own transportation. Please make checks payable to “Friends of the Center.” Limited to twelve (12).

RSVP Required:
323-860-5830

Lunch for Everyone
The Village
Tues, Sept 20 12:30 p.m.
Event 0900

RSVP by Noon on 09/15
Join us for lunch at The Village. \$2 Suggested donation.

RSVP Required:
323-860-5830



This-A & That-A
Screening
Birth of the Blues (1941)
The Village
Wed, Sept 21 1 p.m.
103 Minutes
Event 0913

A virtual history of jazz, set in New Orleans, delivers the goods in terms of entertainment, thanks to the unbeatable star combination of Bing Crosby and Mary Martin. Set in New Orleans

(continued on page 9)

WOMEN



Silver Sensuality for Women

Women Only

Mondays 11 a.m.

Event 0909

Share fun, friendly and meaningful experiences concerning the various feelings mature women experience as their bodies change. **Will not meet Mon, Sept 5.**

**RSVP Required:
323-860-5830**

Women's Chat

The Village

**Mondays Sept 12 & 26
1 p.m.**

Drop in!

A group for women in which they can gather to discuss various topics ranging from personal experiences to current events.

Tell a friend!

L50+ Dinner

Kung Pao Bistro

7853 Santa Monica Blvd.

West Hollywood, CA 90046

Sun, Sept 25 6 p.m.

Event 0910

Please join us for a wonderful evening out with the gals! Look for Alice. In same lot with Whole Foods at SMB & Fairfax.

**RSVP Required:
323-860-5830**

MEN



Meet new people and see what L.A. has to offer, like L.A. Central Library's magnificent Zodiac Chandelier, on our outings.

Men's Drop-In Support Group

The Village

Wednesdays 10 a.m.

Drop in! Come meet new friends. Share your stories & experiences with men each week! **Tell a friend!**

Men's Hike Griffith Park

Thursdays 9:30 a.m.

Drop in! Meet at the corner of Fern Dell & Black Oak Drive, 200 ft. north of Los Feliz Blvd. Parking is available along Fern Dell Dr. or take public transit. Bring water, a snack & comfortable shoes. This group is co-ed every third Thursday. **Bring a friend!**

Men's Lunch

The Village

Fri, Sept 9 12:30 p.m.

Event 0906

Join us for lunch catered

by Layne of Tart Boy at The Village. Meet men who work at the Center. \$5 suggested donation.

**RSVP Required:
323-860-5830**

Men's Dinner

Papa Cristo's

2771 W. Pico Blvd.

Los Angeles, CA 90006

Thurs, Sept 22 6:30 p.m.

\$31 Cash

(Includes Tax & Gratuity)

Event 0920

"Big Fat Greek Dinner" with the guys! The dinner offers a variety of some of the most traditional Greek appetizers, entrées and dessert. Live Bouzouki Player and Belly Dancing! SHS Fund available. Parking is limited, please consider ride sharing.

**RSVP Required:
323-860-5830**

(continued from page 5)

in the 'teens, the film stars Crosby as clarinetist Jeff Lambert, who breaks away from a traditionalist orchestra to form his own jazz band. His partners in this endeavor are songstress Betty Lou Cobb (Martin) and trumpeter Memphis (Brian Donlevy). Directed by Victor Schertzinger.

RSVP Required:
323-860-5830

Talk Amongst Yourselves 65+

The Village

Thurs, Sept 22 2 p.m.

Drop in! Join LGBT women & men for treats, beverages and great chat. 65+ only.

Tell a friend!

LGBT Veterans' Support Group

The Village

Tues, Sept 27 11 a.m.

Event 0903

We served our country now let's support each other in this once-a-month social gathering.

RSVP Required:
323-860-5830



Opera Screening

Peter Grimes

The Village

Wed, Sept 28 11 a.m.

155 Minutes

Event 0915

A fisherman, Peter Grimes, is hounded to madness by the centrifugal energy of his com-

plex personality.

RSVP Required:
323-860-5830



A View from the Bridge

Sat, Oct 15 2 p.m.

Ahmanson Theatre

135 N. Grand Ave.

Los Angeles, CA 90012

\$20, due 10/12

Event 1018

See back cover for more information. Seniors Helping Seniors Fund (SHS) available. Tickets are non-refundable.

ASL Performance.

RSVP Required:
323-860-5830

Open House

The Village

Wed, Sept 28 1 p.m.

Event 0914

Meet our newest staff members and enjoy light refreshments!

RSVP Required:
323-860-5830

Senior Youth/Photo Project

The Village

Thursdays Sept 29-Nov 10

11 a.m.-1 p.m.

Event 0917

Create a gallery show with the Center's youth. RSVP to apply. Applications due by 9/16.

RSVP Required:
323-860-5830

(continued from page 2)

months, we will pilot some new programs and re-establish others.

On September 28, we will have an open house. Please drop in and say hello. We have new staff and interns who are here to support your efforts to live vibrant and productive lives.

Valerie Richards,
Manager of Social Services and Housing

On behalf of the Senior Services staff, volunteers and all of you, we want to welcome Valerie to our team.

“Always remember, you have within you the strength, the patience and the passion to reach for the stars to change the world.”

- Harriet Tubman

HEALTH

DROP-IN CASE MANAGEMENT (FIRST-TIME NEW CLIENT)

Drop-In Every Wed 10 a.m.-Noon, 1-3 p.m. at The Village

Senior Services has expanded drop-in case management hours for first-time new clients only. Come meet with a case manager and learn about valuable programs and services that may be available to you: Housing, employment, medical, mental health, legal, social support and more! First come, first served basis!

LGBT BEREAVEMENT

Grieving Less Than 1 Year

Tues, Sept 13 & 27 1 p.m. at The Village Event 0904

If you are experiencing pain from the loss of a loved one, please call to join the group. If you would like to attend our bereavement group, please call one of our case managers who can refer you to the group or to individual counseling. A referral from one of our case managers is required for participation in the bereavement group. This group is temporarily closed to new members.

TRANSGENDER PERCEPTIONS

Fridays at The Village, 8-9:30 p.m. \$3-\$5 Suggested Donation (Optional)

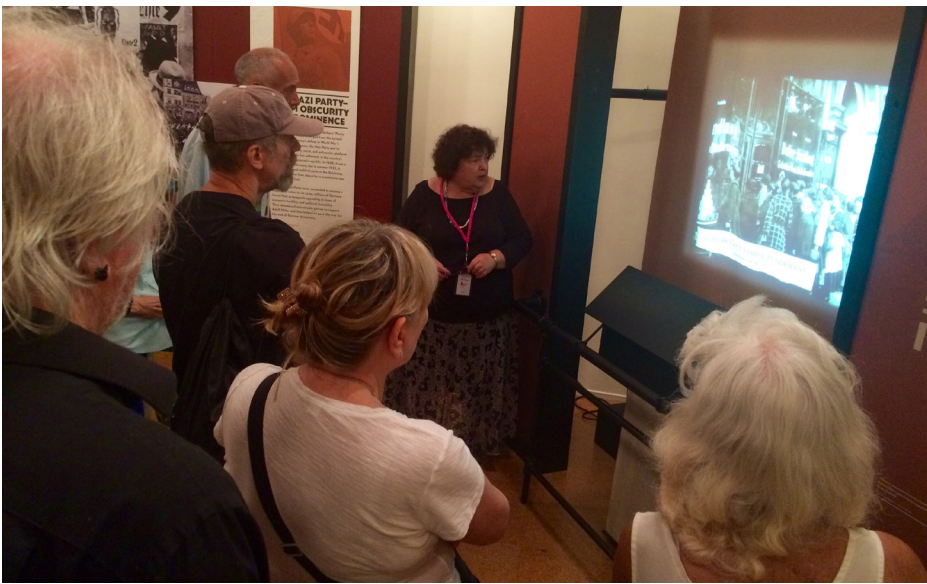
Questioning your gender identity can be a lonely process and, if you're considering or in the process of living your true gender, you likely have many questions. This social networking group is for all who identify as transgender.

HIV TESTING

You can get tested on a walk-in basis, for free, at the **Center's McDonald/Wright Building** (1625 N. Schrader Blvd.) on weekdays from 11 a.m.-7 p.m. or at The Spot (745 N. San Vicente Blvd.) Mon-Fri from 11 a.m.-7 p.m.

HEALTH AND MENTAL HEALTH SERVICES

The Los Angeles LGBT Center's medical providers are experts at treating lesbian, gay, bisexual and transgender people and understand the health issues that affect our community. We accept Medi-Cal, Medicare, most major insurance plans and some HMOs. If you lack insurance or have limited financial means, we will help you determine your eligibility for medical and drug assistance programs. **For Hours & Locations, Call: 323-993-7500**



We toured the State of Deception: The Power of Nazi Propaganda exhibit at the L.A. Central Library on Mon, Aug 15.

VALLEY THURSDAYS IN NOHO

Coffee Chat

MCC Church

Thurs, Sept 1 Noon

Drop in! Bring a current event or project you are working on to share with the group!

Tell a friend!

Game Day!

MCC Church

Thurs, Sept 8 Noon

Drop in! Play and win!

Tell a friend!



Ladies in Lavender (2004)

MCC Church

Thurs, Sept 15 Noon

103 Minutes

Drop in! Two sisters are interrupted when a mystery man washes up on the

beach and they decide to nurse him back to health. Turns out he's a violinist who was headed for America when his ship encountered trouble.

Tell a friend!

Potluck

MCC Church

Thurs, Sept 22 Noon

Drop in! Bring a dish to share. We'll cover the main dish.

Tell a friend!

Valley Thursdays in NOHO will not meet on Thurs, Sept 29.

Valley Thursdays in NoHo meets at the MCC Church located at 5730 Cahuenga Blvd., North Hollywood, 91601 (unless otherwise noted in the newsletter). Questions? Call 323-860-5830.

HIV+

HIV+ Men's Support Group

The Village

Thursdays 1 p.m.

Drop in! Come meet new friends. Share your stories and experiences with men living with HIV.

Lunch for Those Living with HIV

The Village

Wed, Sept 14 12:30 p.m.

Event 0908

We'll provide lunch (\$2 donation requested). Share your stories of living, surviving & thriving.

RSVP Required:

323-860-5830



Movie for Those Living with HIV

Janis: Little Girl Blue (2015)

The Village

Wed, Sept 14 1 p.m.

105 Minutes

Drop in! In this insightful portrait of 1960s rock legend Janis Joplin, private letters and interviews with her family, friends and colleagues reveal a fragile soul whose overpowering voice made her a superstar before her death from a drug overdose at age 27.

Tell a friend!



2016 TONY® AWARD WINNER—Best Revival of a Play, Best Director

A View From the Bridge

Sat, Oct 15 2 p.m.

Ahmanson Theatre

135 N Grand Ave

Los Angeles, CA 90012

\$20, due 10/12

Direct from sold-out runs on the West End and Broadway comes *A View From the Bridge* in a searing revival from director Ivo van Hove, delivering “the stuff of Broadway legend” (New York Post). Arthur Miller’s tale of a Brooklyn longshoreman obsessed with his 17-year-old niece and his raging jealousy over her love of an immigrant will leave audiences feeling “ridiculously blessed to have been a witness to the events you just saw” (The New York Times). Seniors Helping Seniors Fund (SHS) available. Tickets are non-refundable. **ASL Performance.**

Event 1018 RSVP Required: 323-860-5830