| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|---|--|---|---|--|
| • L50+ Dinner (1010) 6 p.m. 30 | Silver Sensuality for Women (1009) 11 a.m. Halloween (1031) 12:30 p.m. Acting OUT (1022) 1 p.m. 31 | | | Remember to make an RSVP call or e-mail at least two (2) business days in advance of an event. | OCTOBER | • Spirituality: Take It or Leave it? (1026) 1:30 p.m. 1 |
| 2 | Silver Sensuality for Women (1009) 11 a.m. Acting OUT (1022) 1 p.m. | Senior Transportation Expo (1021) 9:30 a.m. LACMA (1023) 10 a.m. Tech Support with Mom's Computer 2:30-4 p.m. | Go Metro (1016) 9 a.m. Men's Drop-in Support 10 a.m. | Men's Hike 9:30 a.m. My Life is Poetry (1019) 10 a.m. Senior/Youth Photo Project (1017) 11 a.m. Valley Group Noon HIV+ 50+ Men's Support Group 1 p.m. | 7 | 8 |
| 9 | Silver Sensuality for Women (1009) 11 a.m. Reading Opens Minds (1002) 11 a.m. Brain Power (1001) 1 p.m. Women's Chat 1 p.m. Acting OUT (1022) 1 p.m.10 | Lunch for Those Living with HIV (1008) 12:30 p.m. Movie for Those Living with HIV 1 p.m. LGBT Bereavement (1004) 1 p.m. | Men's Drop-in Support 10 a.m. Finding Your True Self with Lois 1 p.m. Men's Movie (1015) 2:30 p.m. | Men's Hike 9:30 a.m. My Life is Poetry (1019) 10 a.m. Senior/Youth Photo Project (1017) 11 a.m. Housing Supportive Network 11 a.m. Valley Group Noon HIV+ 50+ Men's Support Group 1 p.m. | Art Lab 10 a.m. Awesome Aging with Grandma Boom (1006) 1 p.m. Acting OUT (1022) 1 p.m. 14 | Putting All Your Ducks in a Row (1007) 11 a.m. Saturday Matinée (1025) 12:30 p.m. A View from the Bridge (1000) 2 p.m. |
| 16 | Silver Sensuality for Women (1009) 11 a.m. Acting OUT (1022) 1 p.m. 17 | Country Line Dancing with Matthew (1011) 11 a.m. Lunch for Everyone (1014) 12:30 p.m. Movie for Everyone (1012) 2 p.m. Tech Support with Mom's Computer 2:30-4 p.m. 18 | Men's Drop-in Support 10 a.m. Chair Yoga 11 a.m. | Co-ed Hike 9:30 a.m. My Life is Poetry (1019) 10 a.m. Senior/Youth Photo Project (1017) 11 a.m. Valley Group Noon HIV+ 50+ Men's Support Group 1 p.m. 20 | Art Lab 10 a.m. Bingo (1005) 1 p.m. Acting OUT (1022) 1 p.m. 21 | • Acupressure for Chronic Pains (1018) 11 a.m. 22 |
| 23 | Silver Sensuality for Women (1009) 11 a.m. Reading Opens Minds (1002) 11 a.m. Brain Power (1001) 1 p.m. Women's Chat 1 p.m. Acting OUT (1022) 1 p.m.24 | Country Line Dancing with Matthew (1011) 11 a.m. LGBT Veterans' Support Group (1003) 11 a.m. LGBT Bereavement (1004) 1 p.m. Men's Dinner (1020) 6:30 p.m. 25 | Men's Drop-in Support 10 a.m. This-A & That-A Screening (1013) 1 p.m. | Men's Hike 9:30 a.m. Senior/Youth Photo Project (1017) 11 a.m. Valley Group Noon HIV+ 50+ Men's Support Group 1 p.m. Talk Amongst Yourselves 65+ 2 p.m. 27 | Art Lab 10 a.m. Acting OUT (1022) 1 p.m. 28 | • Intro to Knitting (1024) 1:30 p.m. 29 |

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