

50+

APR 2016



Free &
Low-Cost Events
for People Ages
50-100+



LOS ANGELES LGBT CENTER

SENIOR SERVICES

Senior Services strives to create a safe, welcoming and respectful community where lesbian, gay, bisexual and transgender people in their 50s, 60s, 70s, 80s, 90s and beyond can come together to learn, connect, build friendships, gain support and thrive!



**LOS ANGELES
LGBT
CENTER**

The Village at Ed Gould Plaza
1125 N McCadden Pl
Los Angeles, CA 90038

RSVP/Message Line

323-860-5830

Toll Free

877-688-4833

seniors@lalgbtcenter.org

lalgbtcenter.org

[facebook.com/50pluslgbt](https://www.facebook.com/50pluslgbt)

GO GREEN

Remove yourself from the mailing list and access the newsletter and calendar online through our e-mail list. Send an e-mail to seniors@lalgbtcenter.org requesting to "Go Green."

AHEAD OF HER TIME

April is Jazz Appreciation Month, and to commemorate this I want to recognize jazz artist Gladys Bentley, a famous out lesbian pianist, singer and performer of the Harlem Renaissance in the 1920's. Her career skyrocketed after her performance at Harry Hansberry's Clam House, one of New York's most famous gay speakeasies located at 133rd St. She wore her signature tuxedo and top hat while performing and dressed in men's clothes for which she was often harassed and locked up. It was reported she married a woman in Atlantic City and eventually ended up in California during prohibition. During the McCarthy era, she was forced back into the closet (as so many people were) and denied her sexuality. Her short life ended in 1960. She is commemorated in our LGBT history as a trailblazer for defining "black-female masculinity" and blurring all lines of race and gender identity. This month we dedicate our newsletter to Gladys as a woman who was way ahead of her time.

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NEWSLETTER RSVP INSTRUCTIONS

RSVP requests must be made on or after the 1st of the month. Check the event for an RSVP deadline, when applicable. **RSVP at least two (2) business days in advance of an event.** Events are free of cost, unless price is noted.

Unless noted, our events are limited in the number of open spots or tickets. Due to the high volume of interest, you may not receive a spot on the list or a ticket to an event. If you do, you will receive a reminder call or e-mail prior to the event. In case of an event cancellation, only those participants who made an RSVP call or e-mail will be notified. If we do not reach you, we will leave a message, when possible. **Please be advised that ONLY confirmed guests will receive call backs for RSVP Events.**

Please only come to The Village to pay for ticketed events, to pick up ticket(s) or to attend a ticketed event if you have received a confirmation call or e-mail for the event.

RSVP/Message Line: 323-860-5830
Or, Toll-Free: 877-688-4833
seniors@lalgbtcenter.org

SPECIAL NEEDS

If you have any special needs such as dietary restrictions, wheelchair or disabled seating requirements for theater events or other venues.

Please let us know by calling 323-860-5830. We will always do our best to accommodate!

SENIORS HELPING SENIORS

Established by seniors and intended for seniors, this special fund is available on a limited basis for select activities, classes & events. If you need financial assistance to attend a class, dinner or event, please call us at **323-860-5830**.

All requests are completely confidential. The fund's availability depends on the generosity of seniors like you. Please contact us if you would like to make a donation to the Seniors Helping Seniors Fund!

BIRTHDAYS!

Judy	Jane	Astrid
Chris	Thomas	Peter
Mark	L. Sue	Mariette
David	John	Mylin
Edmund	Beverly	Kyle
M	Kerry	Barry
Mark	Fred	Bob
Marie	Kerry	Louis
Rex	Barry	Lisa
Stuart	Kirk	Bruce A.
Robert	Jorge Luis	Mimi
John	Paul	Laurie
Art	Walter	Beverly
Antonio	Frank	Arya
Alan	Shel	Carlos
Kevin	David	
Richard A.	Sharon	
Richard	Olivia	
Joel	Art	
Ben	Peter	
Rod	Michael	
Nicholas	Victor	
Rod	Diethard	
Happi	Peter	
Ron	Debbie	

EVERYONE

Larry's Computer Club

The Village

Wednesdays 1:30 p.m.

Drop in!

Our experienced instructor, Larry, can teach you both basic and advanced computer skills. Pick up new tips and tricks every week.

Tell a friend!



Art Lab

Fridays 10 a.m.

Explore different avenues of artistic expression including canvas, sculpture & mixed media with our instructor, Chanena.

RSVP Required:

323-860-5830

Brain Power

The Village

Mon, Apr 4 & 18 1 p.m.

Event 0401

Brain Power joins in the "spring break" with a roundtable, OUTLOUD reading of Wendy Wasserstein's Pulitzer Prize winning Broadway play, *THE HEIDI CHRONICLES*. Let's enjoy the humor, the determination, and the political, social and sexual awareness of this group of college kids who have the "smarts" and the fortitude to ride through the turbulent 1960s, 70s, and 80s. Feminism and LGBT rights let loose. GO FOR IT.

RSVP Required:

323-860-5830

Tech Support with Mom's Computer

The Village

Tues, Apr 5 & 19 1 p.m.

Drop in!

Get support for your computers, phones, tablets and all things technology! Feel free to bring in your devices and any and all questions that you may have. E-mail, video chatting, online searching, smart-phones, digital books. **Please Note:** Cannot fix broken devices, but can teach you how to use working devices.

Tell a friend!



Master Lakshmi Chair Yoga

The Village

Wed, Apr 6 & 20 11 a.m.

Drop in!

Country Line Dancing with Matthew

The Village

Fri, Apr 8 12:30-1:30 p.m.

Event 0411

Wanna feel like you are up there with Reba or Garth with a little Chorus Line? You don't need a partner, easy steps, great movement practice, beginners welcome. Boot Scootin Boogie with Matthew, Yee Haw!!!

RSVP Required:

323-860-5830

Reading Opens Minds

The Village!

Mon, Apr 11 & 25 11 a.m.

Event 0402

Love reading? Come share that love of reading with others! All books chosen are engaging and well written, containing themes for discussion revolving around life-skills, personal perceptions and existential questions.

RSVP Required:

323-860-5830

Lunch for Everyone

The Village

Tues, Apr 12 12:30 p.m.

Event 0407

RSVP by Noon on 04/08

Join us for lunch at The Village. \$2 Suggested donation.

RSVP Required:

323-860-5830



Movie for Everyone

Carol (2015)

The Village

Tues, Apr 12 1:30 p.m.

118 Minutes

Event 0412

Living in a 1950s society that considers lesbian romance taboo, two women from disparate backgrounds develop an attachment to each other that ultimately turns passionate.

RSVP Required:

323-860-5830

Talk Amongst Yourselves 65+

The Village

Wed, Apr 13 2 p.m.

Drop in! Join LGBT women & men for treats, beverages and great chat. 65+ only.

Tell a friend!

Sock Hop

**Fri, Apr 15 6 p.m.
Event 0400**

You can swing it. You can groove it. You can really start to move it...at the hop! Where the jockey is the smoothest and the music is the coolest... at the hop! Join us at The Village and dance the night away at our Sock Hop! Light refreshments.

**RSVP Required:
323-860-5830**

Musical Theatre Workshop: Working OUT

**Mondays & Wednesdays
starting Mon, Apr 18 1-3 p.m.
Event 0406**

A workshop in developing personal stories into performance incorporated with music. The workshop meets twice a week for seven weeks with extra rehearsals the week of the performance. Performances of *Working OUT* are scheduled for June 4 and 5 at 6 p.m. in the Renberg Theatre.

**RSVP Required:
323-860-5830**

Financial Chat

**The Village
Thurs, Apr 21 11 a.m.
Event 0409**

Carolyn Dunlavy leads an informal, open forum group where you can ask questions about any financial topic that concerns you. Topics include income and social security, credit and debt management, investments, owning vs renting, etc.

**RSVP Required:
323-860-5830**

Go Metro: Fiesta Broadway

**Sun, Apr 24 10 a.m.
Event 0416**

Meet at The Village. Travel downtown to Fiesta Broadway, the largest free Cinco de Mayo celebration in the country. Eat lunch with the group. Cash preferable. Must be able to walk long distances. Bring your Tap Card!

**RSVP Required:
323-860-5830**

LGBT Veterans' Support Group

**The Village
Tues, Apr 26 11 a.m.
Event 0403**

We served our country now let's support each other in this once-a-month social gathering.

**RSVP Required:
323-860-5830**



This-A & That-A Screening

***Beat the Devil* (1953)**

**The Village
Wed, Apr 27 1 p.m.
93 Minutes
Event 0413**

An exquisitely dry comedy with a witty script by Truman Capote, this film finds subtle, absurdest laughs in the misadventures of Humphrey Bogart's tough customer, who becomes involved in a complex scheme to gain control of a patch of uranium-rich land in Africa. Also stars Jennifer Jones, Peter Lorre, Gina Lollobrigida. Directed by John Huston.

**RSVP Required:
323-860-5830**

Bingo!

**The Village
Fri, Apr 29 1 p.m.
Event 0405**

Enjoy bingo at this earlier time to accommodate traffic.

**RSVP Required:
323-860-5830**



A Gentleman's Guide to Love & Murder

Sat, Apr 30 2 p.m.

**Ahmanson Theatre
135 N Grand Ave
Los Angeles, CA 90012
\$36, due 4/22**

Event 0419

Experience the uproarious story of Monty Navarro, a distant heir to a family fortune who sets out to jump the line of succession by—you guessed it—eliminating the eight pesky relatives (all played by one fearless man) who stand in his way. All the while, Monty has to juggle his mistress, his fiancée, and the constant threat of landing behind bars!

ASL Performance.

**RSVP Required:
323-860-5830**



health and wellness
fair for LGBTQ women

Join us for a life-changing day of information
and education, community and connection.

Featuring interactive workshops, panel discussions,
guest speakers, and a community wellness fair.

with special guest
Tig Notaro



10 a.m. – 5 p.m.
Saturday, April 16
Los Angeles LGBT Center
The Village at Ed Gould Plaza

Free event. RSVP and up-to-date information at lalgbtcenter.org/360

Sponsors: **CITY NATIONAL BANK** **CVS pharmacy** **LOS ANGELES LGBT CENTER**
LOS ANGELES WOMEN'S NETWORK

MEN

Men's Drop-In Support Group

The Village

Wednesdays 10 a.m.

Drop in! Come meet new friends. Share your stories & experiences with men each week! **Tell a friend!**

Men's Hike Griffith Park

Thursdays 9:30 a.m.

Drop in! Meet at the corner of Fern Dell & Black Oak Drive, 200 ft. north of Los Feliz Blvd. Parking is available along Fern Dell Dr or take public transit. Bring water, a snack & comfortable shoes. This group is co-ed every third Thursday. **Bring a friend!**

Men's Dinner

will return this summer.

WOMEN



Thank you to Angela from the Mazer Archives for an amazing International Women's Day presentation on Tue, Mar 8.

Women's Chat

The Village

Mondays 1:30-3 p.m.

Drop in!

Women's Chat now meets weekly!

An ongoing group for women in which they can gather to discuss various topics ranging from personal experiences to current events.

Tell a friend!

L50+ Dinner

Mimi's Cafe

2925 Los Feliz Blvd

Los Angeles, CA 90039

Sun, Apr 17 6 p.m.

Event 0410

Please join us for a wonderful evening out with the gals! Free parking. Look for Alice.

RSVP Required:

323-860-5830



SAVE THE DATE

Senior Prom: Tropical Nights
Saturday, June 25 5-9 p.m.



LOS ANGELES LGBT CENTER
SENIOR SERVICES

HEALTH

DROP-IN CASE MANAGEMENT (FIRST-TIME NEW CLIENT)

Drop-In Every Wed 10 a.m.-Noon, 1-3 p.m. at The Village

Senior Services has expanded drop-in case management hours for first-time new clients only. Come meet with a case manager and learn about valuable programs and services that may be available to you: Housing, employment, medical, mental health, legal, social support and more! First come, first served basis!

LGBT BEREAVEMENT

Grieving Less Than 1 Year

Tues, Apr 12 & 26 1 p.m. at The Village Event 0404

If you are experiencing pain from the loss of a loved one, please call to join the group. If you would like to attend our bereavement group, please call one of our case managers who can refer you to the group or to individual counseling. A referral from one of our case managers is required for participation in the bereavement group. This group is temporarily closed to new members.

TRANSGENDER PERCEPTIONS

Fridays at The Village, 8-9:30 p.m. \$3-\$5 Suggested Donation (Optional)

Questioning your gender identity can be a lonely process and, if you're considering or in the process of living your true gender, you likely have many questions. This social networking group is for all who identify as transgender.

HIV TESTING

You can get tested on a walk-in basis, for free, at the **Center's McDonald/Wright Building** (1625 N Schrader Blvd) on weekdays from 11 a.m.-7 p.m. or at The Spot (745 N San Vicente Blvd) Mon-Fri from 11 a.m.-7 p.m.

HEALTH AND MENTAL HEALTH SERVICES

The Los Angeles LGBT Center's medical providers are experts at treating lesbian, gay, bisexual and transgender people and understand the health issues that affect our community. We accept Medi-Cal, Medicare, most major insurance plans and some HMOs. If you lack insurance or have limited financial means, we will help you determine your eligibility for medical and drug assistance programs. **For Hours & Locations, Call: 323-993-7500**



The Go Metro group recently explored Olvera Street, Union Station and Chinatown. Join them this month! See page 5.

VALLEY THURSDAYS IN NOHO

Bingo!

MCC Church

Thurs, Apr 7 Noon

Drop in! Play and win!

Tell a friend!

Coffee Chat

MCC Church

Thurs, Apr 14 Noon

Drop in! Share current events with the group and enjoy special treats. Tell a friend!



Spotlight

MCC Church

Thurs, Apr 21 Noon

129 Minutes

Drop in! Revealing a string of cover-ups stretching back decades, a team of “Boston Globe” reporters exposes the Catholic Archdiocese’s history of keeping reports about child

molestation and other priest-initiated abuse under wraps.

Tell a friend!

Potluck

MCC Church

Thurs, Apr 28 Noon

Drop in! Bring a dish to share. We’ll cover the main dish.

Tell a friend!

Valley Thursdays in NoHo

meets at the MCC Church located at 5730

Cahuenga Blvd,

North Hollywood, 91601

(unless otherwise noted in the newsletter). Questions?

Call 323-860-5830.

HIV+

HIV+ Men’s Support Group

The Village

Thursdays 1 p.m.

Drop in! Come meet new friends. Share your stories and experiences with men living with HIV.

Lunch for Those Living with HIV

The Village

Wed, Apr 13 12:30 p.m.

Event 0408

We’ll provide lunch (\$2 donation requested). Share your stories of living, surviving & thriving.

RSVP Required:

323-860-5830



Movie for Those Living with HIV

Mad Max: Fury Road (2015)

The Village

Wed, Apr 13 1 p.m.

120 Minutes

Drop in! The desert wastelands inhabited by the Road Warrior are still rife with motorized gangs in this fourth chapter of the Mad Max legend. When Max encounters a group of refugees fleeing for their lives, he joins them and their fiery leader, Furiosa. Tell a friend!



Sock Hop
Fri, Apr 15 6-9 p.m.
The Village at Ed Gould Plaza
For Those Who Are 50+
Free! Event 0400

RSVP Required: 323-860-5830
seniors@lalgbtcenter.org

LET'S GO to the HOP!

You can swing it. You can groove it. You can really start to move it...at the hop!

Where the jockey is the smoothest and the music is the coolest...at the hop!

Join us at The Village and dance the night away at our **Sock Hop!**



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