Once Upon a Time
The Enchanted Senior Prom

Friendship Auditorium
Sat, Jun 20 5-9 p.m.
See Page 5 for RSVP Deadline
SENIOR SERVICES

Senior Services strives to create a safe, welcoming and respectful community where lesbian, gay, bisexual and transgender people in their 50s, 60s, 70s, 80s, 90s and beyond can come together to learn, connect, build friendships, gain support and thrive!

STAFF

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PRIDE MONTH

2015 Pride is sure to be a blast and we want you to be part of it. On June 8th we start our new summer concert series, “Golden Summer,” and the first 50 folks who show up get a $10 coupon to use that night at one of the food trucks at the event. PRIDE week is the 7th-14th of June and we will have a special PRIDE lunch at The Village on the 9th of June and one at Triangle Square for residents on June 12th. The PRIDE parade is on the 14th. Come out and join the celebration, walk in the parade with Center staff and, above all, have a safe and fun PRIDE season.

Don’t forget to RSVP early for your seat at the PROM! This year’s theme is “Enchantment,” and the staff is planning a truly enchanting evening with our live band and fantastic Prom gift bags for everyone and raffle prizes. The Prom is June 20th at the FRIENDSHIP AUDITORIUM, that is a NEW location for the PROM.

Can’t wait to see you this June!

Kathleen Sullivan

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NEWSLETTER RSVP INSTRUCTIONS

RSVP requests must be made on or after June 1st. Check the event for an RSVP deadline, when applicable. Events are free of cost, unless price is noted.

Unless noted, our events are limited in number of open spots or tickets. Due to the high volume of interest, you may not receive a spot on the list or a ticket to an event. If you do, you will receive a reminder call or e-mail prior to the event. In case of an event cancellation, only those participants who made an RSVP call or e-mail will be notified. If we do not reach you, we will leave a message, when possible.

Please only come to The Village to pay for ticketed events, to pick up ticket(s) or to attend a ticketed event if you have received a confirmation call or e-mail for the event.

RSVP/Message Line: 323-860-5830
Or, Toll-Free: 877-688-4833
seniors@lalgbtcenter.org

SPECIAL NEEDS

If you have any special needs such as dietary restrictions, wheelchair or disabled seating requirements for theater events or other venues, we will always do our best to accommodate!

Please let us know by calling 323-860-5830.

SENIORS HELPING SENIORS

Established by seniors and intended for seniors, this special fund is available to you on a limited basis for select activities, classes & events. If you need financial assistance to attend a class, dinner or event, please call us at 323-860-5830.

All requests are completely confidential. The fund’s availability depends on the generosity of seniors like you. Please contact us if you would like to make a donation to the Seniors Helping Seniors Fund!

BIRTHDAYS!

Richard  Hector
Fred  Dick
Frank  Jimmie
Brownie  Vernon
Rudi  Steve
Glen  Don
Nancy  Harry
Harry  Pamela
Joni  Pamela
Vivian Marie  Steve
Jo El G.  Jan
Robert  Kevin
Frida  Sarah
Margaret  Patricia
Ralph  Harold
Lalo  Lili
James  Tony
Frank J  Gary
Hanna  Bill
Robert  Pat
Marilyn  George
Marilyn  Edward
Tim  Mary
Sigrid  William
Chuck  Dean
Cal  William
Bryan  Erma
Veronica  William
Kevin  Ann
Ron  Randy
Ray  Anne
Tom  Allan
Gilbert  John E.
Emilie  Steve
Ted  Marcia
Tara  Dave
Gary  Terrell
Neal  Calvin
Kenny  Mara
Diane  Jerry
Ira  George
Sloane  Gabor
Domenic  Tommy
Robert  Max
Wayne (Rosie)  Beau
Rick  Janet
Dale  Ty
Blaine  Victor
Paul  Manuel
Joe  Rhonda
Gloria  Herbert
Shai  Tom
John  
Margie
Jeri
Raj
Vince
Arthur
Tony
Lori
Deborah
Gary
Robert
Darlene
Michael
Bryan B.
Maurice
Loretta
Robert
Phyllis
Joseph
Steven G.
Chuck
Jim
Steven
Dave
Greg
Donna
Malcolm
Myra
Beto
Rick
Karen
Daryl
Larry
Rene
Robert
Anna
Tyler
Mike
Richard
Darlene
Michael
Earl
John
Keith
Barbara
Jorge
Toni
Leonardo
Gigi
Lisa
Penny
Jim
Meditation
Mon, Wed & Fri 12:30 p.m.
Beginners welcome. Quiet the mind with a 20-25 min guided meditation. If it is difficult to meditate for entire time, sit quietly in peace. Will not meet Fri, Jun 19, Mon, Jun 22 or Wed, Jun 24. Drop in!

Art Lab
Fridays 10 a.m.
Drop in!
Come join us in making crafts and art projects with family and friends. There is no instructor. Tell a friend!

Mindfulness Practice
Wednesdays 1:30 p.m.
Drop in! Reduce stress, manage thoughts and learn how to breather using mindfulness practices. Will not meet Wed, Jun 24. Tell a Friend!

Larry’s Computer Club
Wednesdays 1:30 p.m.
Drop in!
Our experienced instructor, Larry, can teach you both basic and advanced computer skills. Pick up new tips and tricks every week. Tell a friend!

Brain Power
Mon, Jun 8 & Jun 29  1 p.m.
Event 0601
We will be holding a round-table study group and out-loud reading (optional) of Portrait of a Marriage by Nigel Nicol-son in which he describes the bi-sexual lives and loves of his beloved parents. This story is particularly relevant for the LGBT community which continues to explore and define our sexuality, and our relationships.
RSVP Required:
323-860-5830

Golden Summer Concert
Mon, Jun 8  6:30 p.m.
Event 0621
Join us as we kick off Pride season and the concert series with Lewis Kane and Sue Jin. Free admission. Food available for purchase. The first 50 registered participants who show up get a $10 coupon to use that night at one of the food trucks at the event. Open to all ages!
RSVP Required:
323-860-5830

Reading Opens Minds
Mon, Jun 1 & 15  11 a.m.
Event 0602
RSVP Required:
323-860-5830

Tech Support with Mom’s Computer
Thurs, Jun 4  11 a.m.-Noon
Tues, Jun 16  11 a.m.-12:30 p.m.
Drop in!
Drop in for coaching from the Mom’s Computer team! Elijah, Gretchen and Monique are here to support you with your computers, phones, tablets and all things technology! Feel free to bring in your devices and any and all questions that you may have. They are here for all your tech needs. E-mail, video chatting, online search-ing, smartphones, digital books, photos and so much more! Please Note: Cannot fix broken devices, but can teach you how to use working devic-es. Tell a friend!

PRIDE Lunch
Tues, Jun 9  12:30 p.m.
Event 0607
RSVP by Noon on 06/08
Join us for a special PRIDE lunch at The Village.
RSVP Required:
323-860-5830
Movie for Everyone
Margarita
Tues, Jun 9  1:30 p.m.
90 Minutes
Event 0612
A cash-strapped couple fires their lesbian Mexican nanny, setting in motion events that lead to an immigration investigation. In Spanish with English subtitles.
RSVP Required: 323-860-5830

Go Metro LACMA
Tues, Jun 9  1:30 p.m.
Event 0616
Meet at The Village. Bring your Tap Card! Open to everyone. Explore LACMA for free.
RSVP Required: 323-860-5830

Housing Supportive Network
Thurs, Jun 11 & 25  11 a.m.
Drop in! This peer-led network of LGBT seniors’ (and allies) primary purpose is finding, securing and advocating for safe, affordable housing which meet the needs of the LGBT senior community.
Tell a friend!

Storytelling
Tues, Jun 16 & 30  2 p.m.
Event 0613
Explore the world of storytelling with Ms. Willa. Everyone has a story to tell. Tell the story of who you are, your experiences and loved ones. Ms. Willa will teach you how!
RSVP Required: 323-860-5830

Finding Your True Self with Lois
Wed, Jun 17  1 p.m.
Drop in! Explore and find your true self with Lois and learn life practices to better understand and take care of yourself. Open to everyone. Tell a friend!

Master Lakshmi Chair Yoga
Wed, Jun 17  11 a.m.
Drop in!

Talk Amongst Yourselves 65+
Thurs, Jun 18  2 p.m.
Drop in! Join LGBT women & men for treats, beverages and great chat. 65+ only. Tell a friend!

The Enchanted Senior Prom
Sat, Jun 20  5-9 p.m.
Friendship Auditorium
3201 Riverside Dr
Los Angeles, CA 90027
$5-10 Suggested Donation
Event 0620
RSVP NOW!
Maybe you skipped your high school prom or you couldn’t go with the person you wanted to take. At the Los Angeles LGBT Center, you’ll find the safety to be who you are meant to be. Enjoy dinner, live entertainment & dancing.
RSVP deadline is Wed, Jun 10. One adult guest per registered participant. The Senior Prom is a drug and alcohol-free event.
RSVP Required: 323-860-5830

Bingo!
Fri, Jun 26  1 p.m.
Event 0605
Enjoy bingo at this earlier time to help accommodate with traffic.
RSVP Required: 323-860-5830

(continued on page 9)
**WOMEN**

Center participants and residents of Triangle Square have fun practicing and performing with their One Voice choir.

**L50+ Dinner**
French Quarter Restaurant
7985 Santa Monica Blvd
West Hollywood, CA 90046
Sun, Jun 21  6 p.m.
Event 0610
Join us for dinner. Free parking. Please look for Alice.
RSVP Required:
323-860-5830

**L50+ Spirituality**

“Being a strong woman is very important to me. But doing it all on my own is not.”

-Reba McEntire

**Men**

**Men’s Drop-In Support Group**
Wednesdays 10 a.m.
Drop in! Come meet new friends. Share your stories & experiences with men each week! **Tell a friend!**

**Men’s Hike**
Griffith Park
Thursdays 9:30 a.m.
Drop in! Meet at the corner of Fern Dell & Black Oak Drive, 200 ft. north of Los Feliz Blvd. Parking is available along Fern Dell Dr or take public transit. Bring water, a snack & comfortable shoes. This group is co-ed every third Thursday. **Bring a friend!**

**Men’s Dinner**
Will return in July. Join us at the Friendship Auditorium for the Enchanted Senior Prom (0620) on Saturday, Jun 20 at 5 p.m.
RSVP Required:
323-860-5830

**Wishing all of our fathers a very happy Father’s Day!**
Each year, the City of West Hollywood celebrates Pride month through the artistic contributions of our community with the One City One Pride LGBTQ Arts Festival. For 2015, One City One Pride will run through the end of June, including a day of exhibitions and historical tours on June 6 and a full day of theatrical performances on June 27 in Plummer Park.

In celebration of West Hollywood’s 30th anniversary of Cityhood, One City One Pride takes a look at what it means to turn 30 with the theme “WeHo@30, Life@30.”

The Go Metro group toured the L.A. Times and City Hall in May.
DROP-IN CASE MANAGEMENT (FIRST-TIME NEW CLIENT)
Drop-In Every Wed. & Thurs. 10 a.m.-Noon, 1-3 p.m.

Senior Services has expanded drop-in case management hours for first-time new clients. Come meet with a trained case manager and learn about valuable programs and services that may be available to you: housing, employment, medical, mental health, legal, social support and more! First come, first served basis, at The Village only!

¡Hablamos español! Estamos disponibles para ofrecer asistencia en su idioma.

CASE MANAGERS CONTACT INFORMATION

Julia Wallace: 323-860-7395
Ruben Martinez: 323-860-7368
Yuisa Gimeno 323-860-7369

LGBT BEREAVEMENT
Group A Grieving 1 Year Or More
Tues, Jun 2 & 16  1 p.m.  Event 0603
Group B Grieving Less Than 1 Year
Tues, Jun 9 & 23  1 p.m.  Event 0604

If you are experiencing pain from the loss of a loved one, please call to join the group. If you would like to attend our bereavement group, please call one of our case managers who can refer you to the appropriate group or to individual counseling. A referral from one of our case managers is required for participation in the bereavement group.

RSVP Required: 818-847-3686

HIV TESTING

You can get tested on a walk-in basis, for free, at the Center’s McDonald/ Wright Building (1625 N Schrader Blvd) on weekdays from 11 a.m.-7 p.m. or at The Spot (745 N San Vicente Blvd) Mon-Fri from 11 a.m.-7 p.m.

HEALTH AND MENTAL HEALTH SERVICES

The Los Angeles LGBT Center’s medical providers are experts at treating lesbian, gay, bisexual and transgender people and understand the health issues that affect our community. We accept Medi-Cal, Medicare, most major insurance plans and some HMOs. If you lack insurance or have limited financial means, we will help you determine your eligibility for medical and drug assistance programs.

For Hours & Locations, Call: 323-993-7500
**HIV+**

**HIV+ Men’s Support Group**
**Thursdays 1 p.m.**
**Drop in!**
Come meet new friends. Share your stories and experiences with men living with HIV.
Tell a friend!

**Lunch for Those Living with HIV**
**Wed, Jun 24 12:30 p.m.**
**Event 0608**
We’ll provide lunch ($2 donation requested). Share your stories of living, surviving & thriving.
**RSVP Required:**
323-860-5830

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**VALLEY THURSDAYS IN NOHO**

**Game Day**
**Thurs, Jun 4 12:30 p.m.**
**Drop in!** Play and win!
Tell a friend!

**Potluck**
**Thurs, Jun 18 12:30 p.m.**
**Drop in!** Bring a dish to share.
We’ll cover the main dish.
Tell a friend!

**Christopher and His Kind**
**Thurs, Jun 11 12:30 p.m.**
90 Minutes
**Drop in!** This intimate adaptation of acclaimed novelist Christopher Isherwood’s memoir conjures the young explorer’s 1931 arrival, with poet W.H. Auden, on Berlin’s decadent cabaret scene, along with the hearts he gained and lost in that anything-goes era.
Tell a friend!

**Tech Support with Mom’s Computer**
**Thurs, Jun 25 12:30 p.m.**
**Drop in!** Drop in for coaching from the Mom’s Computer team! Elijah is here to support you with your computers, phones, tablets and all things technology! Feel free to bring in your devices and any and all questions that you may have. **Tell a friend!**

This group meets at the MCC Church located at 5730 Cahuenga Blvd, North Hollywood, 91601 (unless otherwise noted in the newsletter).

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Elijah of Mom’s Computer offers our participants tech support at The Village.
Open to All Ages!
A series of summer nights filled with great food and fantastic live entertainment.

Join us as we kick off Pride season and the concert series on June 8 from 6:30-9 p.m. with Lewis Kane and Sue Jin.

Free Admission
Food available for purchase.

All Concert Series are from 6:30-9 p.m.
Monday, June 8 - Event 0621
Friday, July 14 - Event 0721
Friday, July 31 - Event 0722
Thursday, August 27 - Event 0821

The Village at Ed Gould Plaza
1125 N. McCadden Place
Los Angeles, CA 90038

RSVP required to guarantee seating:
323-860-5830
seniors@lalgbtcenter.org