

50+

JUN 2015



*Once
Upon a Time*

The Enchanted Senior Prom

Friendship
Auditorium

Sat, Jun 20 5-9 p.m.

See Page 5 for RSVP

Deadline



LOS ANGELES LGBT CENTER

SENIOR SERVICES

Senior Services strives to create a safe, welcoming and respectful community where lesbian, gay, bisexual and transgender people in their 50s, 60s, 70s, 80s, 90s and beyond can come together to learn, connect, build friendships, gain support and thrive!



**LOS ANGELES
LGBT
CENTER**

The Village at Ed Gould Plaza
1125 N McCadden Pl
Los Angeles, CA 90038

RSVP/Message Line

323-860-5830

Toll Free

877-688-4833

seniors@lalgbtcenter.org

lalgbtcenter.org

[facebook.com/50pluslgbt](https://www.facebook.com/50pluslgbt)

PRIDE MONTH

2015 Pride is sure to be a blast and we want you to be part of it. On June 8th we start our new summer concert series, "Golden Summer," and the first 50 folks who show up get a \$10 coupon to use that night at one of the food trucks at the event. PRIDE week is the 7th-14th of June and we will have a special PRIDE lunch at The Village on the 9th of June and one at Triangle Square for residents on June 12th. The PRIDE parade is on the 14th. Come out and join the celebration, walk in the parade with Center staff and, above all, have a safe and fun PRIDE season.

Don't forget to RSVP early for your seat at the PROM! This year's theme is "Enchantment," and the staff is planning a truly enchanting evening with our live band and fantastic Prom gift bags for everyone and raffle prizes. The Prom is June 20th at the FRIENDSHIP AUDITORIUM, that is a NEW location for the PROM.

Can't wait to see you this June!

Kathleen Sullivan

STAFF

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NEWSLETTER RSVP INSTRUCTIONS

RSVP requests must be made on or after June 1st. Check the event for an RSVP deadline, when applicable. Events are free of cost, unless price is noted.

Unless noted, our events are limited in number of open spots or tickets. Due to the high volume of interest, you may not receive a spot on the list or a ticket to an event. If you do, you will receive a reminder call or e-mail prior to the event. In case of an event cancellation, only those participants who made an RSVP call or e-mail will be notified. If we do not reach you, we will leave a message, when possible.

Please only come to The Village to pay for ticketed events, to pick up ticket(s) or to attend a ticketed event if you have received a confirmation call or e-mail for the event.

RSVP/Message Line: 323-860-5830
Or, Toll-Free: 877-688-4833
seniors@lalgbtcenter.org

SPECIAL NEEDS

If you have any special needs such as dietary restrictions, wheelchair or disabled seating requirements for theater events or other venues, we will always do our best to accommodate!

Please let us know by calling 323-860-5830.

SENIORS HELPING SENIORS

Established by seniors and intended for seniors, this special fund is available to you on a limited basis for select activities, classes & events. If you need financial assistance to attend a class, dinner or event, please call us at **323-860-5830**.

All requests are completely confidential. The fund's availability depends on the generosity of seniors like you. Please contact us if you would like to make a donation to the Seniors Helping Seniors Fund!

BIRTHDAYS!

Richard	Hector	Margie
Fred	Dick	Jeri
Frank	Jimmie	Raj
Brownie	Vernon	Vince
Rudi	Steve	Arthur
Glen	Don	Tony
Nancy	Harry	Lori
Harry	Pamela	Deborah
Joni	Pamela	Gary
Vivian Marie	Steve	Robert
Jo El G.	Jan	Darlene
Robert	Kevin	Michael
Frida	Sarah	Bryan B.
Margaret	Patricia	Maurice
Ralph	Harold	Loretta
Lalo	Lili	Robert
James	Tony	Phyllis
Frank J	Gary	Joseph
Hanna	Bill	Steven G.
Robert	Pat	Chuck
Marilyn	George	Jim
Tim	Edward	Steven
Sigrid	Mary	Dave
Chuck	William	Greg
Cal	Dean	Donna
Bryan	William	Malcolm
Veronica	Erma	Myra
Kevin	William	Beto
Ron	Ann	Rick
Ray	Randy	Karen
Tom	Anne	Daryl
Gilbert	Allan	Larry
Emilie	John E.	Rene
Ted	Steve	Robert
Tara	Marcia	Anna
Gary	Dave	Tyler
Neal	Terrell	Mike
Kenny	Calvin	Richard
Diane	Mara	Darlene
Ira	Jerry	Michael
Sloane	George	Earl
Domenic	Gabor	John
Robert	Tommy	Keith
Wayne (Rosie)	Max	Barbara
Rick	Beau	Jorge
Dale	Janet	Toni
Blaine	Ty	Leonardo
Paul	Victor	Gigi
Joe	Manuel	Lisa
Gloria	Rhonda	Penny
Shai	Herbert	Jim
John	Tom	

EVERYONE



Meditation

Mon, Wed & Fri 12:30 p.m.

Beginners welcome. Quiet the mind with a 20-25 min guided meditation. If it is difficult to meditate for entire time, sit quietly in peace. **Will not meet Fri, Jun 19, Mon, Jun 22 or Wed, Jun 24. Drop in!**



Stretch & Balance

Wednesdays 11 a.m.

Drop in!



Mindfulness Practice

Wednesdays 1:30 p.m.

Drop in! Reduce stress, manage thoughts and learn how to breath using mindfulness practices. **Will not meet Wed, Jun 24. Tell a Friend!**

Larry's Computer Club

Wednesdays 1:30 p.m.

Drop in!

Our experienced instructor, Larry, can teach you both basic and advanced com-

puter skills. Pick up new tips and tricks every week. **Tell a friend!**

Art Lab

Fridays 10 a.m.

Drop in!

Come join us in making crafts and art projects with family and friends. There is no instructor. **Tell a friend!**



Reading Opens Minds

Mon, Jun 1 & 15 11 a.m.

Event 0602

RSVP Required:

323-860-5830

Tech Support with Mom's Computer

Thurs, Jun 4 11 a.m.-Noon

Tues, Jun 16 11 a.m.-12:30 p.m.

Drop in!

Drop in for coaching from the Mom's Computer team! Elijah, Gretchen and Monique are here to support you with your computers, phones, tablets and all things technology! Feel free to bring in your devices and any and all questions that you may have. They are here for all your tech needs. E-mail, video chatting, online searching, smartphones, digital books, photos and so much more! **Please Note:** Cannot fix broken devices, but can teach you how to use working devices. **Tell a friend!**

Brain Power

Mon, Jun 8 & Jun 29 1 p.m.

Event 0601

We will be holding a round-table study group and out-loud reading (optional) of Portrait of a Marriage by Nigel Nicolson in which he describes the bi-sexual lives and loves of his beloved parents. This story is particularly relevant for the LGBT community which continues to explore and define our sexuality, and our relationships.

RSVP Required:

323-860-5830

Golden Summer Concert

Mon, Jun 8 6:30 p.m.

Event 0621

Join us as we kick off Pride season and the concert series with Lewis Kane and Sue Jin. Free admission. Food available for purchase. The first 50 registered participants who show up get a \$10 coupon to use that night at one of the food trucks at the event.

Open to all ages!

RSVP Required:

323-860-5830

PRIDE Lunch

Tues, Jun 9 12:30 p.m.

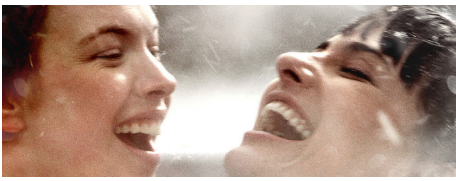
Event 0607

RSVP by Noon on 06/08

Join us for a special PRIDE lunch at The Village.

RSVP Required:

323-860-5830



Movie for Everyone

Margarita

Tues, Jun 9 1:30 p.m.

90 Minutes

Event 0612

A cash-strapped couple fires their lesbian Mexican nanny, setting in motion events that lead to an immigration investigation. In Spanish with English subtitles.

RSVP Required:

323-860-5830

Go Metro LACMA

Tues, Jun 9 1:30 p.m.

Event 0616

Meet at The Village. Bring your Tap Card! Open to everyone. Explore LACMA for free.

RSVP Required:

323-860-5830

Housing Supportive Network

Thurs, Jun 11 & 25 11 a.m.

Drop in! This peer-led network of LGBT seniors' (and allies) primary purpose is finding, securing and advocating for safe, affordable housing which meet the needs of the LGBT senior community.

Tell a friend!

Storytelling

Tues, Jun 16 & 30 2 p.m.

Event 0613

Explore the world of storytelling with Ms. Willa. Everyone has a story to tell. Tell the story of who you are, your experiences and loved ones. Ms. Willa will teach you how!

RSVP Required:

323-860-5830

Finding Your True Self with Lois

Wed, Jun 17 1 p.m.

Drop in! Explore and find your true self with Lois and learn life practices to better understand and take care of yourself. Open to everyone. **Tell a friend!**



Master Lakshmi Chair Yoga

Wed, Jun 17 11 a.m.

Drop in!

Talk Amongst Yourselves 65+

Thurs, Jun 18 2 p.m.

Drop in! Join LGBT women & men for treats, beverages and great chat. 65+ only. **Tell a friend!**

The Enchanted Senior Prom

Sat, Jun 20 5-9 p.m.

Friendship Auditorium

3201 Riverside Dr

Los Angeles, CA 90027

\$5-10 Suggested Donation

Event 0620

RSVP NOW!

Maybe you skipped your high school prom or you couldn't go with the person you wanted to take. At the Los Angeles LGBT Center, you'll find the safety to be who you are meant to be. Enjoy dinner, live entertainment & dancing.

RSVP deadline is Wed, Jun 10. One adult guest per registered participant. *The Senior Prom is a drug and alcohol-free event.*

RSVP Required:

323-860-5830



Movie for Everyone

Undertow

Tues, Jun 23 1:30 p.m.

100 Minutes

Event 0614

A ghost story set on the Peruvian seaside; a married fisherman struggles to reconcile his devotion to his boyfriend with his town's rigid traditions. In Spanish with English subtitles.

RSVP Required:

323-860-5830



Song and Dance Series with Joe Levy

A Star is Born (1954)

Thurs, Jun 25 11 a.m.

Event 0617

Legendary singer/actress Judy Garland gives a heartrending performance in this classic romantic drama about a young singer on the way up and her lover, a former star, on the way down.

RSVP Required:

323-860-5830

Bingo!

Fri, Jun 26 1 p.m.

Event 0605

Enjoy bingo at this earlier time to help accommodate with traffic.

RSVP Required:

323-860-5830

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WOMEN



Center participants and residents of Triangle Square have fun practicing and performing with their One Voice choir.

L50+ Dinner

French Quarter Restaurant
7985 Santa Monica Blvd
West Hollywood, CA 90046
Sun, Jun 21 6 p.m.
Event 0610

Join us for dinner. Free parking. Please look for Alice.

RSVP Required:
323-860-5830

L50+ Spirituality

“Being a strong woman is very important to me. But doing it all on my own is not.”

-Reba McEntire

Salon with Lois

Sat, Jun 27 11 a.m.

Drop in! After the discussion, Lois will screen a related film.
Tell a friend!

L50+ Chat Group

At this time, the L50+ Sunday chat and movie activity is on hiatus until we find a facilitator. If interested in applying, please contact **Allison 323-860-7339** or send an e-mail to **asantos@lalgbtcenter.org**.

MEN

Men's Drop-In Support Group

Wednesdays 10 a.m.

Drop in! Come meet new friends. Share your stories & experiences with men each week! **Tell a friend!**

Men's Hike Griffith Park

Thursdays 9:30 a.m.

Drop in! Meet at the corner of Fern Dell & Black Oak Drive, 200 ft. north of Los Feliz Blvd. Parking is available along Fern Dell Dr or take public transit. Bring water, a snack & comfortable shoes. This group is co-ed every third Thursday. **Bring a friend!**

Men's Dinner

Will return in July. Join us at the Friendship Auditorium for the Enchanted Senior Prom (0620) on Saturday, Jun 20 at 5 p.m.

RSVP Required:
323-860-5830

Wishing all of our fathers a very happy Father's Day!

ONE CITY
**ONE
PRIDE**
May 22 - June 30



Each year, the City of West Hollywood celebrates Pride month through the artistic contributions of our community with the One City One Pride LGBTQ Arts Festival. For 2015, One City One Pride will run through the end of June, including a day of exhibitions and historical tours on June 6 and a full day of theatrical performances on June 27 in Plummer Park.

In celebration of West Hollywood's 30th anniversary of Cityhood, One City One Pride takes a look at what it means to turn 30 with the theme "WeHo@30, Life@30."

EVERYONE CONTINUED

New Stages and the Los Angeles LGBT Center Senior Services Department present **LIFE IN THE FIRST GAY CITY**

Sun, Jun 28 6 p.m.
Event 0622

An evening of stories and songs celebrating the LGBT community in West Hollywood. Featuring the seniors of the Los Angeles LGBT Center Senior Services Department. Directed by Mark Salyer, Kay Cole and Kathryn Lounsbery. Admission is free.

RSVP Required:
323-860-5830

It Takes a Village Screening

Tue, Jun 30 7 p.m.
Event 0623

Watch the debut of our new film. Several of our participants share his or her story of coming out, life prior to Stonewall and building lives with a same-sex partner.

RSVP Required:
323-860-5830



The Go Metro group toured the L.A. Times and City Hall in May.

HEALTH

DROP-IN CASE MANAGEMENT (FIRST-TIME NEW CLIENT)

Drop-In Every Wed. & Thurs. 10 a.m.-Noon, 1-3 p.m.

Senior Services has expanded drop-in case management hours for first-time new clients. Come meet with a trained case manager and learn about valuable programs and services that may be available to you: housing, employment, medical, mental health, legal, social support and more! First come, first served basis, at The Village only!

¡Hablamos español! Estamos disponibles para ofrecer asistencia en su idioma.

CASE MANAGERS CONTACT INFORMATION

Julia Wallace: 323-860-7395

Ruben Martinez: 323-860-7368

Yuisa Gimeno 323-860-7369

LGBT BEREAVEMENT

Group A Grieving 1 Year Or More

Tues, Jun 2 & 16 1 p.m. Event 0603

Group B Grieving Less Than 1 Year

Tues, Jun 9 & 23 1 p.m. Event 0604

If you are experiencing pain from the loss of a loved one, please call to join the group. If you would like to attend our bereavement group, please call one of our case managers who can refer you to the appropriate group or to individual counseling. A referral from one of our case managers is required for participation in the bereavement group.

RSVP Required: 818-847-3686

HIV TESTING

You can get tested on a walk-in basis, for free, at the Center's McDonald/Wright Building (1625 N Schrader Blvd) on weekdays from 11 a.m.-7 p.m. or at The Spot (745 N San Vicente Blvd) Mon-Fri from 11 a.m.-7 p.m.

HEALTH AND MENTAL HEALTH SERVICES

The Los Angeles LGBT Center's medical providers are experts at treating lesbian, gay, bisexual and transgender people and understand the health issues that affect our community. We accept Medi-Cal, Medicare, most major insurance plans and some HMOs. If you lack insurance or have limited financial means, we will help you determine your eligibility for medical and drug assistance programs.

For Hours & Locations, Call: 323-993-7500



Elijah of Mom's Computer offers our participants tech support at The Village.

VALLEY THURSDAYS IN NOHO

Game Day

Thurs, Jun 4 12:30 p.m.

Drop in! Play and win!

Tell a friend!



Christopher and His Kind

Thurs, Jun 11 12:30 p.m.

90 Minutes

Drop in! This intimate adaptation of acclaimed novelist Christopher Isherwood's memoir conjures the young explorer's 1931 arrival, with poet W.H. Auden, on Berlin's decadent cabaret scene, along with the hearts he gained and lost in that anything-goes era.

Tell a friend!

Potluck

Thurs, Jun 18 12:30 p.m.

Drop in! Bring a dish to share.

We'll cover the main dish.

Tell a friend!

Tech Support with Mom's Computer

Thurs, Jun 25 12:30 p.m.

Drop in! Drop in for coaching from the Mom's Computer team! Elijah is here to support you with your computers, phones, tablets and all things technology! Feel free to bring in your devices and any and all questions that you may have. **Tell a friend!**

This group meets at the MCC Church located at 5730

Cahuenga Blvd, North Hollywood, 91601 (unless otherwise noted in the newsletter).

HIV+

HIV+ Men's Support Group

Thursdays 1 p.m.

Drop in!

Come meet new friends. Share your stories and experiences with men living with HIV.

Tell a friend!

Lunch for Those Living with HIV

Wed, Jun 24 12:30 p.m.

Event 0608

We'll provide lunch (\$2 donation requested). Share your stories of living, surviving & thriving.

RSVP Required:

323-860-5830



Movie for Those Living with HIV

Paris is Burning

Wed, Jun 24 1 p.m.

71 Minutes

Drop in! Shot in the mid-to-late 1980s, this 1990 documentary chronicles the "Golden Age" of ball culture of New York City, and the black, Latino, gay and transgender communities involved in it.

Tell a friend!

The Golden Summer Concert Series

Open to All Ages!

A series of summer nights filled with great food and fantastic live entertainment.

Join us as we kick off Pride season and the concert series on June 8 from 6:30-9 p.m. with Lewis Kane and Sue Jin.

Free Admission

Food available for purchase.

All Concert Series are from 6:30-9 p.m.

Monday, June 8 - Event 0621

Friday, July 14- Event 0721

Friday, July 31 - Event 0722

Thursday, August 27 - Event 0821

The Village at Ed Gould Plaza

1125 N. McCadden Place

Los Angeles, CA 90038

RSVP required to guarantee seating:

323-860-5830

seniors@lalgbtcenter.org



LOS ANGELES LGBT CENTER
SENIOR SERVICES