

50+

JUL 2015



**Free &
Low-Cost Events
for People Ages
50-100+**



LOS ANGELES LGBT CENTER

SENIOR SERVICES

Senior Services strives to create a safe, welcoming and respectful community where lesbian, gay, bisexual and transgender people in their 50s, 60s, 70s, 80s, 90s and beyond can come together to learn, connect, build friendships, gain support and thrive!



**LOS ANGELES
LGBT
CENTER**

The Village at Ed Gould Plaza
1125 N McCadden Pl
Los Angeles, CA 90038

RSVP/Message Line

323-860-5830

Toll Free

877-688-4833

seniors@lalgbtcenter.org

lalgbtcenter.org

[facebook.com/50pluslgbt](https://www.facebook.com/50pluslgbt)

SUMMER TIME!

PRIDE was a hoot and the three PRIDE lunches we hosted this year were attended by 100! Thanks to everyone who came out to celebrate Prom, New Stages and the premiere of It Takes a Village.

In July, we continue our Golden Summer Concert Series. Please join us on the 14th and 31st of July from 6:30-9 p.m. for an evening of entertainment, camaraderie and fun! Women, look for the L50+ dance coming up in August.

Kathleen Sullivan

STAFF

Allison Santos

Activities Coordinator
323-860-7339
asantos@lalgbtcenter.org

Anthony Bright

Program & Admin. Manager
323-860-7359
abright@lalgbtcenter.org

Chanena Barrios

Activities Coordinator,
Triangle Square
323-860-7335
cbarrios@lalgbtcenter.org

Chi Hughes

Housing & Social Services
Manager
323-860-5867
chughes@lalgbtcenter.org

Gayle Gates

Social Services Manager,
Triangle Square
323-860-5824
ggates@lalgbtcenter.org

Joe Kuhlmann

Activities Coordinator
323-860-7367
jkuhlmann@lalgbtcenter.org

Julia Wallace

Case Manager
323-860-7395
jwallace@lalgbtcenter.org

Kathleen Sullivan

Director
323-860-7397
ksullivan@lalgbtcenter.org

Michael Wolfson

Assistant
323-860-7322
mwolfson@lalgbtcenter.org

Ruben Martinez

Case Manager
323-860-7368
rmartinez@lalgbtcenter.org

Tanya Witt

Activities Coordinator,
Triangle Square
323-860-5828
twitt@lalgbtcenter.org

Tripp Mills

Deputy Director
323-860-5826
tmills@lalgbtcenter.org

Yuisa Gimeno

Comunidad Latina Specialist
323-860-7369
ygimeno@lalgbtcenter.org

NEWSLETTER RSVP INSTRUCTIONS

RSVP requests must be made on or after July 1st. Check the event for an RSVP deadline, when applicable. Events are free of cost, unless price is noted.

Unless noted, our events are limited in number of open spots or tickets. Due to the high volume of interest, you may not receive a spot on the list or a ticket to an event. If you do, you will receive a reminder call or e-mail prior to the event. In case of an event cancellation, only those participants who made an RSVP call or e-mail will be notified. If we do not reach you, we will leave a message, when possible.

Please only come to The Village to pay for ticketed events, to pick up ticket(s) or to attend a ticketed event if you have received a confirmation call or e-mail for the event.

RSVP/Message Line: 323-860-5830
Or, Toll-Free: 877-688-4833
seniors@lalgbtcenter.org

SPECIAL NEEDS

If you have any special needs such as dietary restrictions, wheelchair or disabled seating requirements for theater events or other venues, we will always do our best to accommodate!

Please let us know by calling 323-860-5830.

SENIORS HELPING SENIORS

Established by seniors and intended for seniors, this special fund is available to you on a limited basis for select activities, classes & events. If you need financial assistance to attend a class, dinner or event, please call us at **323-860-5830**.

All requests are completely confidential. The fund's availability depends on the generosity of seniors like you. Please contact us if you would like to make a donation to the Seniors Helping Seniors Fund!

BIRTHDAYS!

Ozzie	Jimmy	Susan
Arthur	Bob	Eric
Robert	Debra	John
Wendy	Jim	Gregor/Adina
Gladys	Daryl	Mia Teri
Donna	Sab	Stephen
Peter	Frank	Christopher
Christopher	John	Philip
Ron	Robert	Lois
Jeri	John	Dave
Harry	Zenaida	Dan
Arthur	Devorah	Alina
Lea	Art	Beth
Karen	Jeff	Luke
Ron	Sue	Dee
Gary	Lois	Johnny
Karen	Nina	Ronni
Webster	Stephen	Javier
Ken	Paula	Robarie
Walter	Gene	Tristina
Tyrone	Jerri	John
Lionel Rivers	Patrick	John
Ed	Neil	Brenda
Paul	Greg	Albert
Scott	Kent	Gene
Coni	Walter	Bob
Richard	William	Ellie
Rich	John	Stephen
Jaime	Ronald	Dale
Mike	Mark	Kelly
Chester	Fern	Larry
George	Tony	Larry
Gail	Stewart	Evelyn A.
David	Simone	Mark
Margo	Orli	Diane
Martin	Peggy	Max
Allen	Angeles	Ale
Victor	Winona	Sylvia
Ron	Jay	Cheryl
Tom	Jerome	Jim
Mark	Harold	Marc
Peggy	Emma	Bronwen
Ed	James	Joni
Pat	Louise	Eugene
Alex	John	Eddy
Tom	Leslie	Fabian
Gwen	Ken	Terri N
Gil	Lorraine	Terry
Alan	Dwright	Bradford
Hak	Edwin	Javier
Agatha	Jon	Peter
George	Harley	Everard

EVERYONE



Meditation

Mon, Wed & Fri 12:30 p.m.
Beginners welcome. Quiet the mind with a 20-25 min guided meditation. **Will not meet Fri, Jul 3 and Mon, Jul 20 through Fri, Jul 31. Drop in!**



Stretch & Balance

Wednesdays 11 a.m.
Drop in!

Larry's Computer Club

Wednesdays 1:30 p.m.
Drop in!

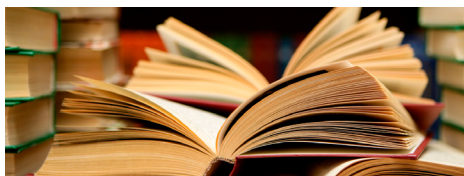
Our experienced instructor, Larry, can teach you both basic and advanced computer skills. Pick up new tips and tricks every week. **Tell a friend!**

Art Lab

Fridays 10 a.m.

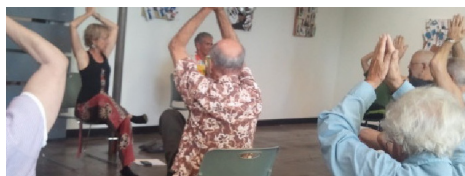
Drop in!

Come join us in making crafts and art projects with family and friends. There is no instructor. **Will not meet Fri, Jul 3 or Fri, Jul 31. Tell a friend!**



Reading Opens Minds

Will return in Aug.



Master Lakshmi Chair Yoga

Wed, Jul 1 and 15 11 a.m.
Drop in!

My Life is Poetry

Thursdays Jul 2-Aug 20
10 a.m.-Noon
Event 0720

Expect a supportive environment. Openly write your stories. You don't need to like poetry, writing or reading. You don't need to know the rules of grammar or spelling, just a willingness to try and to show up to class! Feel free to bring a preferred pen. Attendance to first two classes is mandatory. Workshop is taught by poet Steven Reigns.

RSVP Required:
323-860-5830

Brain Power

Mon, Jul 13 & Jul 27 1 p.m.
Event 0701

BRAIN POWER launches its summer Outloud Readings with May Sarton's *Journal of a Solitude*, which describes the author's struggle as a female artist, the men and women she loved, aging and nature as a constant source of inspiration for the creative mind."

RSVP Required:
323-860-5830

Lunch for Everyone

Tues, Jul 7 12:30 p.m.
Event 0707

RSVP by Noon on 07/06

Join us for lunch at The Village. \$2 Suggested donation.

RSVP Required:
323-860-5830



Movie for Everyone

The Way Way Back

Tues, Jul 7 1:30 p.m.

96 Minutes
Event 0712

A stifled teen takes a summer job to escape his unbearable home life.

RSVP Required:
323-860-5830

Tech Support with Mom's Computer

Thurs, Jul 9 11 a.m.-12:30 p.m.

Tues, Jul 28 11 a.m.-12:30 p.m.

Drop in!

Drop in for coaching from the Mom's Computer team! They are here to support you with your computers, phones, tablets and all things technology! Feel free to bring in your devices and any and all questions that you may have. E-mail, video chatting, online searching, smartphones, digital books, photos and so much more! **Please Note:** Cannot fix broken devices, but can teach you how to use working devices. **Tell a friend!**

Golden Summer Concert

Tues, Jul 14 6:30 p.m.
Event 0721

**Fri, Jul 31 6:30 p.m.
Event 0722**

More summer fun on the courtyard at The Village! Brian Frank performs on the 13th and Maestro/Alex Lane & Carl Cliver perform on the 31st! Food and alcohol available for purchase.

**RSVP Required:
323-860-5830**

Housing Supportive Network

Thurs, Jul 9 & 23 11 a.m.

Drop in! This peer-led network of LGBT seniors' (and allies) primary purpose is finding, securing and advocating for safe, affordable housing which meet the needs of the LGBT senior community.

Tell a friend!



Rusty's Gay Swing & Sway

**Sat, Jul 11 1 p.m.
Event 0727**

Waltz, Fox Trot, Swing and Cha-Cha, PLUS Texas Two Step! Beginners welcome! No rubber soles please. Partner not necessary.

**RSVP Required:
323-860-5830**

Storytelling

**Tues, Jul 14 & 28 2 p.m.
Event 0713**

Explore the world of storytelling with Ms. Willa. Everyone has a story to tell. Tell the story of who you are, your experiences and loved ones.

**RSVP Required:
323-860-5830**

Finding Your True Self with Lois

Wed, Jul 15 1 p.m.

Drop in! Explore and find your true self with Lois and learn life practices to better understand and take care of yourself.

Open to everyone.
Tell a friend!

Talk Amongst Yourselves 65+

Thurs, Jul 16 2 p.m.

Drop in! Join LGBT women & men for treats, beverages and great chat. 65+ only.

Tell a friend!



Opera Screening

Lakme

Fri, Jul 17 11 a.m.

158 Minutes

Event 0715

Lakme tackles religion and cross-cultural love against a backdrop of British rule in India in the mid-19th century.

**RSVP Required:
323-860-5830**

Let's Play Bridge

Tues, Jul 21 1 p.m.

Drop in! "Partners, tricks, trumps and contracts." These are some of the essential concepts for learning the card game of Bridge. Robert B. will teach this first class and he welcomes beginners and players at all levels. Meet some new folks, challenge your brain power and have some fun!" **Tell a friend!**



Song and Dance Series with Joe Levy

Hallelujah, I'm a Bum (1933)

**Thurs, Jul 23 12:30 p.m.
Event 0717**

Bumper (Al Jolson) is the happiest hobo in New York. He's just fallen head-over-heels in love with the beautiful young amnesiac (Madge Evans) he's rescued from a park lake.

**RSVP Required:
323-860-5830**

Bingo!

Fri, Jul 24 1 p.m.

Event 0705

Enjoy bingo at this earlier time to help accommodate with traffic.

**RSVP Required:
323-860-5830**

Dodgers' Game

Tues, Jul 28

5 p.m. from The Village

Game Time 7:10 p.m.

RSVP Ticket + Transportation \$15

Or, Ticket \$10

Event 0706

The bus will leave The Village at 5 p.m. The Dodgers play the Oakland A's at 7:10 p.m.

**RSVP Required:
323-860-5830**

Go Metro Medicare Turns 50! Celebration

Thurs, Jul 30 2 p.m.

Event 0716

You'll attend the Medicare Rally and Celebration at LA Trade Tech. Meet at The Village. Bring your Tap Card! Open to everyone.

**RSVP Required:
323-860-5830**

WOMEN



The Comunidad Latina/o participants made paper flowers earlier this summer during their monthly meeting.

L50+ Dinner
Callender's Grill Wilshire
5773 Wilshire Blvd
Los Angeles, CA 90036
Sun, Jul 19 6 p.m.
Event 0710

Join us for dinner. For validated parking, enter the lot off Curson! Please look for Alice.

RSVP Required:
323-860-5830

“Well behaved women seldom make history.”

-Laurel Thatcher Ulrich, Ph.D.

L50+ Spirituality Salon with Lois

Sat, Jul 25 11 a.m.

Drop in! After the discussion, Lois will screen a related film.

Tell a friend!

L50+ Chat Group

At this time, the L50+ Sunday chat and movie activity is on hiatus until we find a facilitator.

If interested in applying, please contact **Allison 323-860-7339**

or send an e-mail to **asantos@lalgbtcenter.org**.

MEN

Men's Drop-In Support Group

Wednesdays 10 a.m.

Drop in! Come meet new friends. Share your stories & experiences with men each week! **Tell a friend!**

Men's Hike Griffith Park

Thursdays 9:30 a.m.

Drop in! Meet at the corner of Fern Dell & Black Oak Drive, 200 ft. north of Los Feliz Blvd. Parking is available along Fern Dell Dr or take public transit. Bring water, a snack & comfortable shoes. This group is co-ed every third Thursday. **Bring a friend!**

Men's Dinner

Casita Del Campo
1920 Hyperion Ave
Los Angeles, CA 90027

Wed, Jul 22 6 p.m.

Event 0711

Dinner out with the guys!
Cash recommended!

RSVP Required:
323-860-5830

PROGRAMA de COMUNIDAD LATINA/O 50+

¡No estas solo(a)! ¡Celebra que eres!

Ven y participar en este grupo bilingüe (Español/Inglés) para que usted conozca otras/os Latinas/os mayores lesbiana, gay, bisexual, transgénera y transgénero. ¡Aprenda acerca de las próximas actividades! ¡Comparte tus ideas para continuar ayudando a construir este nuevo programa!

Taller 101 Sobre Derechos de Inquilinos

¿Sabe usted cuales leyes te protege como inquilino? ¿Sabría usted qué hacer o dónde ir, si recibiste una notificación de desalojo? ¿Cuales son las responsabilidades del dueño/a de mantener su casa o apartamento seguro y habitable? Expertos legales y de derechos de los inquilinos de la Red Defensa de Desalojo responderá a estas preguntas fundamentales y más. Este taller sera bilingue en Ingles y Español.

Reuniones de Comunindad Latina 50+ en el Este de Los Angeles

Cuando: Cuarto martes de cada mes, 3-4:30 p.m.

Proximas Reuniones: 28 de Julio

Donde: Altamed, 512 S. Indiana Street, Los Angeles 90063

Reuniones de Comunindad Latina 50+ en Hollywood

Cuando: Segundo martes de cada mes, 5-7 p.m.

Proximas Reuniones: 14 de Julio

Donde: MCC Church, Rosa Parks Room, 4607 Prospect Avenue, Los Angeles 90027

Para inscribirse o si usted tiene preguntas póngase en contacto con Yuisa Gimeno al 323-860-7369 o ygimeno@lalgbtcenter.org. RSVP es recomendado, pero no requerido.

Comunidad Latina 50+ Program

You're not alone! Celebrate who you are! Come and participate in Comunidad Latina 50+, a unique bilingual (English/Spanish) group that's just for you to meet and connect with other 50+ Latina/o lesbian, gay, bisexual and transgender folks. Learn about upcoming activities! Share your ideas to continue to help build this new program!

Tenant's Rights 101 Workshop

Do you know what laws protect you as a renter? Would you know what to do or where to go if you got an eviction notice? What's the landlord's responsibility to keep your home or apartment safe and livable? Legal and tenant's rights experts from the Eviction Defense Network will provide answers to these fundamental questions and more. This will be an English/Spanish bilingual workshop.

Comunidad Latina 50+ Meetings in East Los Angeles

When: Every 4th Tuesday of the month, 3-4:30 p.m.

Next Meeting: July 28

Location: Altamed, 512 S. Indiana Street, Los Angeles 90063

Comunidad Latina 50+ Meetings in Hollywood

When: Every 2nd Tuesday of the month, 5-7 p.m.

Next Meeting: July 14

Location: MCC Church, Rosa Parks Room, 4607 Prospect Avenue, Los Angeles 90027

To sign up or if you have questions please contact Yuisa Gimeno at 323-860-7369 or ygimeno@lalgbtcenter.org. RSVP is recommended, but not required.

(continued on page 10)

COMUNIDAD *(continued)*

Nelly Queen: Life & Times of Jose Sarria

Thurs, Jul 9 Noon

**The Village
Event 0700**

This groundbreaking film chronicles the life and political journey of Jose Sarria, the first openly gay American to campaign for public office in 1961. While Harvey Milk is often credited as the first, historically, Mr. Sarria pursued political office before Milk.

Learn about his contribution to LGBTQ equality. **Q & A with the Director, Dante Alencastre, will immediately follow.** Snacks served.

**RSVP Required:
323-860-7369**

Nelly Queen: La Vida y Los Tiempos de Jose Sarria

Jueves, 9 de Julio 12 p.m.

**El Village
Evento 0700**

Esta innovadora película que narra la vida y el viaje político de José Sarria, el primer Americano con una campaña para oficina pública como abierta hombre gay en 1961. Mientras que Harvey Milk se acredita como la primera, históricamente, el Sr. Sarria había perseguido oficina político antes que Sr. Milk. Aprende sobre su contribución por la igualdad LGBTQ. **Platica con el**

Director, Dante Alencastre, seguirá inmediatamente.

Aperativos servido.
**RSVP es Requerido:
323-860-7369**

HEALTH

DROP-IN CASE MANAGEMENT (FIRST-TIME NEW CLIENT)

Drop-In Every Wed. & Thurs. 10 a.m.-Noon, 1-3 p.m.

Senior Services has expanded drop-in case management hours for first-time new clients. Come meet with a trained case manager and learn about valuable programs and services that may be available to you: housing, employment, medical, mental health, legal, social support and more! First come, first served basis, at The Village only!

¡Hablamos español! Estamos disponibles para ofrecer asistencia en su idioma.

CASE MANAGERS CONTACT INFORMATION

Julia Wallace: 323-860-7395

Ruben Martinez: 323-860-7368

Yuisa Gimeno 323-860-7369

LGBT BEREAVEMENT

Group A Grieving 1 Year Or More

Tues, Jul 7 & 21 1 p.m. Event 0703

Group B Grieving Less Than 1 Year

Tues, Jul 14 & 28 1 p.m. Event 0704

If you are experiencing pain from the loss of a loved one, please call to join the group. If you would like to attend our bereavement group, please call one of our case managers who can refer you to the appropriate group or to individual counseling. A referral from one of our case managers is required for participation in the bereavement group.

RSVP Required: 818-847-3686

HIV TESTING

You can get tested on a walk-in basis, for free, at the Center's McDonald/Wright Building (1625 N Schrader Blvd) on weekdays from 11 a.m.-7 p.m. or at The Spot (745 N San Vicente Blvd) Mon-Fri from 11 a.m.-7 p.m.

HEALTH AND MENTAL HEALTH SERVICES

The Los Angeles LGBT Center's medical providers are experts at treating lesbian, gay, bisexual and transgender people and understand the health issues that affect our community. We accept Medi-Cal, Medicare, most major insurance plans and some HMOs. If you lack insurance or have limited financial means, we will help you determine your eligibility for medical and drug assistance programs.

For Hours & Locations, Call: 323-993-7500



The Valley Group celebrated PRIDE with a special potluck in June.

VALLEY THURSDAYS IN NOHO

Game Day

Thurs, Jul 2 12:30 p.m.

Drop in! Play and win!

Tell a friend!



Lucy & Desi: A Home Movie

Thurs, Jul 9 12:30 p.m.

108 Minutes

Drop in! Actress Lucie Arnaz plays host for an intimate, behind-the-scenes glimpse into the lives of her famous parents in this Emmy-winning special, a compelling tribute to Hollywood legends.

Tell a friend!

Potluck

Thurs, Jul 16 12:30 p.m.

Drop in! Bring a dish to share.

We'll cover the main dish.

Tell a friend!

Writing Exercises

Thurs, Jul 23 12:30 p.m.

Drop in! We'll give you a prompt. After the 5-10 minute exercise, share with the class. We'll end with an open 20 minute exercise. **Tell a friend!**

Coffee Chat

Thurs, Jul 30 12:30 p.m.

Drop in! We'll dish on current events. Enjoy free refreshments.

Tell a friend!

This group meets

at the MCC Church

located at 5730

Cahuenga Blvd,

North Hollywood, 91601

(unless otherwise noted in the newsletter).

HIV+

HIV+ Men's Support Group

Thursdays 1 p.m.

Drop in!

Come meet new friends. Share your stories and experiences with men living with HIV.

Tell a friend!

Lunch for Those Living with HIV

Wed, Jul 29 12:30 p.m.

Event 0708

We'll provide lunch (\$2 donation requested). Share your stories of living, surviving & thriving.

RSVP Required:

323-860-5830



Movie for Those Living with HIV

Connie and Carla

Wed, Jul 29 1 p.m.

108 Minutes

Drop in! After witnessing a mob hit, two Chicago lounge entertainers skip town and find refuge in Los Angeles, where they land jobs performing as drag queens. But things get complicated when they become big hits and one of them meets the guy of her dreams.

Tell a friend!

The Golden Summer Concert Series



A series of summer nights filled with great
food and fantastic live entertainment

Open to All Ages!

Free Admission

Food available for purchase.

All Concert Series are from 6:30-9 p.m.

Tuesday, July 14: Brian Frank

Friday, July 31: Maestro/Alex Lane & Carl Cliver

Thursday, August 27: Cynthia Wang & Tanya Witt

RSVP required to guarantee seating:

323-860-5830

seniors@lalgbtcenter.org

Los Angeles LGBT Center

The Village at Ed Gould Plaza

1125 N. McCadden Place • Los Angeles, CA 90038



**LOS
ANGELES
LGBT
CENTER**