

50+

FEB 2015



Free &
Low-Cost Events
for People Ages
50-100+



LOS ANGELES LGBT CENTER

SENIOR SERVICES

Senior Services strives to create a safe, welcoming and respectful community where lesbian, gay, bisexual and transgender people in their 50s, 60s, 70s, 80s, 90s and beyond can come together to learn, connect, build friendships, gain support and thrive!



**LOS ANGELES
LGBT
CENTER**

The Village at Ed Gould Plaza
1125 N McCadden Pl
Los Angeles, CA 90038

RSVP/Message Line
323-860-5830

Toll Free
877-688-4833

seniors@lgbtcenter.org
lgbtcenter.org
facebook.com/50pluslgbt

HAPPY FEBRUARY

The days are getting longer, and while I am hopeful for more rain, I am also hopeful to be rid of the cold nights. Much has changed in the past twelve months. It was in February 2014 that we started to help GLEH and just a month or so after that, the Center agreed to provide services to the residents of Triangle Square. We moved three staff to the building permanently—including myself.

This has been a learning year for the staff and myself. We have doubled in size as a department and have expanded our programming dramatically.

I must admit that I miss going to the Valley group and being at The Village. So, I will now be at The Village every Thursday. Please stop by to say hello, I would really like to connect or reconnect with many of my Village friends.

Kathleen Sullivan

STAFF

Allison Santos
Activities Coordinator
323-860-7339
asantos@lgbtcenter.org

Chanena Barrios
Activities Coordinator,
Triangle Square
323-860-7335
cbarrios@lgbtcenter.org

Chi Hughes
Housing & Social Services
Manager
323-860-5867
chughes@lgbtcenter.org

Felixia Barias
Case Manager
323-860-7368
fbarias@lgbtcenter.org

Gayle Gates
Social Services Manager,
Triangle Square
323-860-5824
ggates@lgbtcenter.org

Jesse (Jesus) Ortiz-Barreto
Comunidad Latina Specialist
323-860-5840
jortiz@lgbtcenter.org

Joe Kuhlmann
Activities Coordinator
323-860-7367
jkuhlmann@lgbtcenter.org

Julia Wallace
Case Manager
323-860-7395
jwallace@lgbtcenter.org

Kathleen Sullivan
Director
323-860-7397 (The Village)
323-957-7200 ext. 21
(Triangle Square)
ksullivan@lgbtcenter.org

Michael Wolfson
Assistant
323-860-7322
mwolfson@lgbtcenter.org

Tanya Witt
Activities Coordinator,
Triangle Square
323-860-5828
twitt@lgbtcenter.org

Tripp Mills
Deputy Director
323-860-5826
tmills@lgbtcenter.org

Yuisa Gimeno
Comunidad Latina Specialist
323-860-7369
ygimeno@lgbtcenter.org

NEWSLETTER RSVP INSTRUCTIONS

RSVP requests must be made on or after February 1st. Check the event for an RSVP deadline, when applicable. Events are free of cost, unless price is noted.

You will get a reminder call or e-mail prior to the event. In case of an event cancellation, only those participants who made an RSVP call or e-mail will be notified. If we do not reach you, we will leave a message, when possible.

Please only come to The Village to pay for ticketed events if you have received a confirmation call or e-mail for the event.

RSVP/Message Line: 323-860-5830
Or, Toll-Free: 877-688-4833
seniors@lalgbtcenter.org

SPECIAL NEEDS

If you have any special needs such as dietary restrictions, wheelchair or disabled seating requirements for theater events or other venues, we will always do our best to accommodate!

Please let us know by calling 323-860-5830.

SENIORS HELPING SENIORS

Established by seniors and intended for seniors, this special fund is available to you on a limited basis for select activities, classes & events. If you need financial assistance to attend a class, dinner or event, please call us at **323-860-5830**.

All requests are completely confidential. The fund's availability depends on the generosity of seniors like you. Please contact us if you would like to make a donation to the Seniors Helping Seniors Fund!

BIRTHDAYS!

Miki	Lynn	Gregory
Renee	John	Tony
Bonnie	Christopher	Phyllis
Jan	Wendy	Tom
Willa	Frank	Stephen
Carlos	Pam	Barry
Eleanor	Esther	Cami
Steven	Herluf	Brad
Alice	Bonnilee	Billy
Robin	Jim	Pamala
Maryland	Marvin	Barry
Crystal	John	Nicole
Michael	Douglas	Diane
Edward	MJ	Tani
Roz	Johnny	Michael
Karen	Leonard	Cesar A
Pamela	Victor	Dimas
Roger	Candi	Charles
Channing	Richard	Cheryl
Tracy	Don	Steve
Don	Helena	Debra
Gail	Andrew	Helen
Barbara	Valria	Lisa
Robert	James	Paul
Bill	Glen	Ed
Beatrice	Colin	Larry
Janet	Julie	David
Donna	Keith	Ronald
James	Eileen	Rodney
Jim	David	
Robert	Scott	
Thomas	Blanca	
Marsha	Corrie	
Ron	Rob	
Neil	Peter	
Fred	Alice	
Rivkah	Bob	
Charley	George	
Donna	Jen	
Jose	Betty	
Gerald	Jimmy	
Harry	Spyros	
Joe	Joyce	
Jill	Moreen	
Larry	Allan D.	

EVERYONE



Mah Jongg
Mondays 1:30 p.m.
Drop in!

Healthy Living Group
Tuesdays 10:30 a.m.
Drop in!

The Healthy Living Group will assist us in keeping those New Year's resolutions that we made. We invite you to attend the group meetings to get ideas about healthy living and staying on track. And there is a surprise for those who complete the group! **Tell a friend!**



Stretch & Balance
Wednesdays 11 a.m.
Drop in!



Mindfulness Practice
Wednesdays 2:30 p.m.
Drop in!

Reduce stress, manage thoughts and learn how to breath using mindfulness practices. **Will not meet Wed, Feb 11. Tell a Friend!**

Larry's Computer Club
Wednesdays 1:30 p.m.
Drop in!

Winter Craft-Making
with Jesse
Fridays 10 a.m.
Event 0200

Brought to you in partnership with Comunidad Latina, come join us in making creative crafts with family and friends. Please bring any blank cards and small vases or boxes that you would like to decorate.

RSVP Required:
323-860-5830

Art Lab
Fridays 1 p.m.
Drop in!

Start a new project or bring your current work to share with the class. We provide the supplies. **Tell a friend!**

Write Your Autobiography
Tues, Feb 3-24 10 a.m.-Noon
Event 0201

Join us every Tuesday in February as we begin writing our own autobiography.

RSVP Required:
323-860-5830

Lunch for Everyone

Tues, Feb 3 12:30 p.m.
Event 0207

RSVP by Noon on 02/02
Tues, Feb 17 12:30 p.m.
Event 0209

RSVP by Noon on 02/13
Join us for lunch at The Village. \$2 Suggested donation.

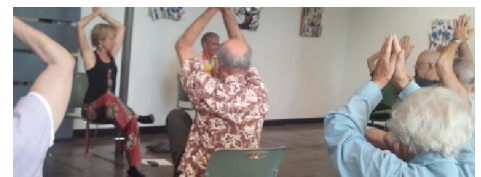
RSVP Required:
323-860-5830



Movie for Everyone
Black Is...Black Ain't
Tues, Feb 3 1:30 p.m.
88 Minutes
Event 0212

Before losing his battle with AIDS, acclaimed director Marlon Riggs challenges the traditional definition of blackness while issuing a ringing call to African-Americans to celebrate diversity within the community so that the dream of unity can be achieved.

RSVP Required:
323-860-5830



Master Lakshmi Chair Yoga
Wed, Feb 4 & 18 11 a.m.
Drop in!



Julie Goldman
Sat, Feb 7 8 p.m.
Renberg Theatre
\$15 with Discount Code: SENIOR

The self-described "worst lesbian in the world" will bring her brash mix of humor, observations and music to the Center.

Box Office:
323-860-7318

Housing Supportive Network

Thurs, Feb 5 & 19 11 a.m.

Drop in!

This peer-led network of LGBT seniors' (and allies) primary purpose is finding, securing and advocating for safe, affordable housing which meet the needs of the LGBT senior community.

Tell a friend!



Reading Opens Minds

Mon, Feb 9 & 23 11 a.m.

Event 0202

RSVP Required:

323-860-5830

Storytelling

Tues, Feb 10 & 24 2 p.m.

Event 0213

Explore the world of storytelling with Ms. Willa. Everyone has a story to tell. Tell the story of who you are, your experiences and loved ones. Ms. Willa will teach you how!

RSVP Required:

323-860-5830

Finding Your True Self with Lois

Wed, Feb 11 1 p.m.

Drop in! Explore and find your true self with Lois and learn life practices to better understand and take care of yourself. Open to everyone.

Tell a friend!



Go Metro FIDM Museum & Galleries

23rd Annual Art of Motion Picture Costume Design

Thurs, Feb 12 10 a.m.

Event 0216

Bring your Tap Card! Open to everyone. Explore the FIDM Museum.

RSVP Required:

323-860-5830

Talk Amongst Yourselves 65+

Thurs, Feb 12 2 p.m.

Drop in! Join LGBT women & men for treats, beverages and great chat. 65+ only.

Tell a friend!

Diversity of Love

Fri, Feb 13 6 p.m.

Event 0205

Join us for dinner and entertainment as we celebrate love in many forms. Love for friends, family, romantic partners, pets, food, art, words and so much more! There will also be an open mic. Come and share your stories of love.

RSVP Required:

323-860-5830



Movie for Everyone

Cat on a Hot Tin Roof

Tues, Feb 17 1:30 p.m.

108 Minutes

Event 0215

In conjunction with "The Brain

Power Project," our own Pam Jones and Frank Galassi will host "The Women of Tennessee Williams," the award winning, *Cat on a Hot Tin Roof*. A brief intro will be given by Pam and Frank and following the screening, a brief Q and A.

RSVP Required:

323-860-5830

California African American Museum

Fri, Feb 20 11 a.m.

600 State Dr

Los Angeles, CA 90037

Event 0214

Join us as we explore the rich history of African American art and artists. Admission is FREE. Transportation is provided (accommodates wheel chairs). We will leave The Village at 11 a.m. If you are planning on driving to The Village, parking is limited. Street parking may be available in the nearby neighborhood. Car-pooling and/or public transportation is recommended.

RSVP Required:

323-860-5830

Lunch for Those Living with HIV at The Village

Hong Kong Express

Wed, Feb 25 12:30 p.m.

Event 0208

We'll provide lunch (\$2 donation requested). Share your stories of living, surviving & thriving.

RSVP Required:

323-860-5830

(continued on page 9)

MEN

Men's Drop-In Support Group

Wednesdays 10 a.m.

Drop in! Come meet new friends. Share your stories & experiences with men each week! **Tell a friend!**

Men's Hike Griffith Park

Thursdays 9:30 a.m.

Drop in! Meet at the corner of Fern Dell & Black Oak Drive, 200 ft. north of Los Feliz Blvd. Parking is available along Fern Dell Dr or take public transit. Bring water, a snack & comfortable shoes. This group is co-ed every third Thursday. **Bring a friend!**

Men's Dinner

French Market

7985 Santa Monica Blvd

WeHo, CA 90046

Tue, Feb 24 6 p.m.

Event 0211

Dinner out with the guys!

Cash recommended!

RSVP Required:

323-860-5830

WOMEN



The L50+ Dinner group enjoys Kung Pao Bistro in November. Join us for our night out in February!

Woman to Woman Chat Group with Julia

Mondays 1:30 p.m.

Drop in! Drop in for tea, coffee, snacks and lively conversation. Controversial topics! Guest speakers!

Tell a friend!

L50+ Spirituality Salon with Lois

Sat, Feb 21 11 a.m.

Drop in! After the discussion, Lois will screen *Life of Buddha*.

Tell a friend!

L50+ Dinner

Callender's Grill Wilshire

5773 Wilshire Blvd

Los Angeles, CA 90036

Sun, Feb 22 6 p.m.

Event 0210

For validated parking, enter the lot on Curson! Please join us for a wonderful evening out with the gals! Look for Alice.

RSVP Required:

323-860-5830

L50+ Chat Group

At this time, the L50+ Sunday chat and movie activity is on hiatus until we find a facilitator. If interested in applying, please contact **Allison 323-860-7339** or send an e-mail to **asantos@lalgbtcenter.org**.

PROGRAMA de COMUNIDAD LATINA 50+

¡No estas solo(a)! ¡Celebra que eres!

Ven y participar en este grupo bilingüe (Español/Inglés) para que usted conozca otras/os Latinas/os mayores lesbiana, gay, bisexual, transgénera y transgénero. ¡Aprenda acerca de las próximas actividades! ¡Comparte tus ideas para continuar ayudando a construir este nuevo programa!

Para inscribirse o si usted tiene preguntas póngase en contacto con Jesse (Jesus) Ortiz-Barreto al 323-860-5840 o comunidad@lalgbtcenter.org.

Comunidad Latina 50+ Program

You're not alone! Celebrate who you are! Come and participate in Comunidad Latina 50+, a unique bilingual (English/Spanish) group that's just for you to meet and connect with other 50+ Latina/o lesbian, gay, bisexual and transgender folks. Learn about upcoming activities! Share your ideas to continue to help build this new program.

To sign up or if you have questions please contact Jesse (Jesus) Ortiz-Barreto at 323-860-5840 or comunidad@lalgbtcenter.org.

EVERYONE CONTINUED



Song and Dance Series with Joe Levy

Monthly, starting in February, eleven glorious productions, selected, hosted and introduced by Joe Levy, to tickle your fancies. These works have been created by some of the most talented artists of film, stage, vaudeville and television.

**Thurs, Feb 26 11 a.m.
Event 0220**

COVER GIRL (Columbia, 1945) Rita Hayworth, Gene Kelly, Phil Silvers, Eve Arden. A sparkling score by Jerome Kern and Ira Gershwin. Directed by Charles Vidor.

Nominated for five Academy Awards. Won the Oscar for Best Song.
**RSVP Required:
323-860-5830**

Bingo!
Fri, Feb 27 2 p.m.
Event 0205
**RSVP Required:
323-860-5830**



Dame Edna's Glorious Goodbye

Sat, Mar 14 2 p.m.
Ahmanson Theatre
135 N Grand Ave
Los Angeles, CA 90012
\$36, due 3/11
Event 0317

Global star and legendary

entertainer Barry Humphries, and his alter ego, Dame Edna, continue their triumphant world tour and take their final bow in the US with an award winning, critically acclaimed spectacular. ASL performance. Limited amount of ADA tickets available by request. SHS Fund available.

**RSVP Required:
323-860-5830**



Senior Center Photo Project

Artist Daniela Berzuini is looking for seniors to photograph!

Details from the artist:

“Hi there, my name is Daniela L. Berzuini. I’m working on a portfolio in order to get my degree in photography at Santa Monica College. I specialize in portraits, studio and location photography. My work always comes from empathy and love. Interaction with others is very important to me. Currently, I’m developing a personal project with seniors portraying them in humorous ways, seeking to create a complex body of work that provokes questions concerning their exclusion in society.

The idea is to use photography to raise awareness of how the elderly are treated, and to demonstrate their importance in the community.

In Exchange: This project has no cost. It is a personal project for my class and portfolio. I will provide a print of the portrait.”

www.danielaberzuini.com for more info on Daniela. If you are interested in participating and would like to sign up for this project please contact Allison Santos: 323-860-7339 or send an e-mail to asantos@lalgbtcenter.org

HEALTH

DROP-IN CASE MANAGEMENT

Drop-In Every Wed. & Thurs. 10 a.m.-Noon, 1-3 p.m.

Senior Services has expanded drop-in case management hours. Come meet with a trained case manager and learn about valuable programs and services that may be available to you: housing, employment, medical, mental health, legal, social support and more! First come, first served basis, at The Village only!

CONTACT

Felixia Barias: 323-860-7368

Jesse Ortiz-Barreto: 323-860-5840

Julia Wallace: 323-860-7395

LGBT BEREAVEMENT

Group A Grieving 1 Year Or More

Tues, Feb 3 & 17 1 p.m. Event 0203

Group B Grieving Less Than 1 Year

Tues, Feb 10 & 24 1 p.m. Event 0204

If you are experiencing pain from the loss of a loved one, please call to join the group.

RSVP Required: 818-847-3686

HIV TESTING

You can get tested on a walk-in basis, for free, at the Center’s McDonald/Wright Building (1625 N Schrader Blvd) on weekdays from 11 a.m.-7 p.m. or at The Spot (745 N San Vicente Blvd.) Mon-Fri from 11 a.m.-7 p.m.

PROSTATE CANCER SUPPORT GROUP

Every 1st & 3rd Tuesday, 7-9 p.m.

RSVP Required.

GMSHF@yahoo.com

323-860-7340

MEN’S SEXUAL DYSFUNCTION SUPPORT GROUP

Every 2nd & 4th Tuesday, 7-9 p.m.

Every 2nd & 4th Saturday, 10 a.m.-Noon

RSVP required.

GMSHF@yahoo.com

323-860-7340

HIV+

HIV+ Men's Support Group

Thursdays 1 p.m.

Drop in!

Come meet new friends. Share your stories and experiences with men living with HIV.

Tell a friend!

Lunch for Those Living with HIV

Wed, Feb 25 12:30 p.m.

Event 0208

See page 5 for description.

RSVP Required:

323-860-5830



Movie for Those Living with HIV

Pride

Wed, Feb 25 1 p.m.

120 Minutes

Drop in!

See "Valley" for description.

Tell a friend!

ACTIVITIES IN WEHO



Men's Dinner

French Market

7985 Santa Monica Blvd

WeHo, CA 90046

Tue, Feb 24 6 p.m.

Event 0211

Dinner out with the guys! Cash recommended!

RSVP Required:

323-860-5830

VALLEY

Game Day

Thurs, Feb 5 12:30 p.m.

Drop in!

Play and win!

Tell a friend!



Pride

Thurs, Feb 12 12:30 p.m.

120 Minutes

Drop in!

Striking British mineworkers draw support from a coalition of gay and lesbian activists who solicit donations to help tide over the miners' families during the 1984 standoff with Prime Minister Margaret Thatcher's government.

Tell a friend!

Potluck

Thurs, Feb 19 12:30 p.m.

Drop in!

Bring a dish to share. We'll cover the main dish.

Tell a friend!

Art Lab

Thurs, Feb 26 12:30 p.m.

Drop in!

We'll bring basic supplies like pencils, markers and paper. Bring a project you are currently working on or start a new project.

Tell a friend!

This group meets

at the MCC Church

located at 5730

Cahuenga Blvd,

North Hollywood, 91601

(unless otherwise noted in the newsletter).

Questions?

Call 323-860-5830.



We went to the Aquarium of the Pacific on Fri, Jan 16.

BLACK HISTORY IS OUR HISTORY

LOS ANGELES LGBT CENTER'S NEWSLETTER FOR SENIOR SERVICES

50+

FEB 2015



Free &
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for People Ages
50-100+



The tapestry of faces on our cover this month reminds me of the rainbow that's become the welcoming symbol for LGBTQ communities across the globe. I am reminded that there are many colors, aspects, ethnicities and histories that define our village. And they are all intertwined. Photos on the cover are of Africans, African-Caribbeans, African-Americans, activists, celebrities, politicians, entrepreneurs, expatriates, artists, athletes, transpeople, females and males. Their collective impact is local, national and international. Trust, there wasn't enough room to accommodate all the individuals.

In recognition of Black History Month, Senior Services has carefully created activities to highlight aspects of the Black diaspora. We'd especially like you to join us on our "outing" (pun intended) to view the latest exhibit at the California African American Museum (RSVP is required). We'll also screen

topical and fanciful films, discuss timely issues and become familiar with movers and shakers in our community.

By the way, can you locate Barbara Jordan's picture on the front cover? She was a politician, educator and civil rights leader during the 70s and 80s and was successful in expanding the Voting Rights Act to include non-English speakers. At the Democratic National Convention in 1976 Barbara Jordan became the first African-American woman to deliver a keynote address at a political convention in the U.S. According to Kathy Belge (lesbian history expert) congressperson Jordan "met her partner Nancy Earl on a camping trip in the 1960s. The two were together for more than 20 years. Jordan never came out publicly, but her obituary in the Houston Chronicle called Earl her long-time companion." I would have loved to hear this dynamic woman weigh-in on marriage equality? Sadly, she died in 1996.

February is also the month of expressing love: love of self; love of community; love of others or simply a love for life. Our Diversity of Love night promises to titillate and entertain. See you in fabulous February!

Chi Hughes, Manager, Housing and Social Services



LOS ANGELES LGBT CENTER
SENIOR SERVICES