

# 50+

AUG 2015



**Lesbian 50+  
Black & White  
Dance Sat, Aug 22  
See Page 5.**



**LOS ANGELES LGBT CENTER**

# SENIOR SERVICES

Senior Services strives to create a safe, welcoming and respectful community where lesbian, gay, bisexual and transgender people in their 50s, 60s, 70s, 80s, 90s and beyond can come together to learn, connect, build friendships, gain support and thrive!



**LOS ANGELES  
LGBT  
CENTER**

The Village at Ed Gould Plaza  
1125 N McCadden Pl  
Los Angeles, CA 90038

## RSVP/Message Line

323-860-5830

## Toll Free

877-688-4833

[seniors@lalgbtcenter.org](mailto:seniors@lalgbtcenter.org)

[lalgbtcenter.org](http://lalgbtcenter.org)

[facebook.com/50pluslgbt](https://www.facebook.com/50pluslgbt)

## THE LIVING IS EASY!

“Summer afternoon, summer afternoon; to me those have always been the two most beautiful words in the English language.”

—Henry James

Skipping into fall at the twilight of the summer season reminds me of the magic a summer afternoon holds. The warm breeze at the beach, a glass of iced tea, a good book and the shade from a tree or getting doused with cold air after a hot walk in the afternoon sun; I love it all.

This month has a variety of wonderful events including our women’s L50+ Black & White Dance with Sexy DJ Claudette. Also, please welcome Jesse back to our offices. He is in the case management fishbowl and will be leading our Men’s Drop-in Support Group.

**Kathleen Sullivan**

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## NEWSLETTER RSVP INSTRUCTIONS

RSVP requests must be made on or after August 1st. Check the event for an RSVP deadline, when applicable. Events are free of cost, unless price is noted.

Unless noted, our events are limited in number of open spots or tickets. Due to the high volume of interest, you may not receive a spot on the list or a ticket to an event. If you do, you will receive a reminder call or e-mail prior to the event. In case of an event cancellation, only those participants who made an RSVP call or e-mail will be notified. If we do not reach you, we will leave a message, when possible.

Please only come to The Village to pay for ticketed events, to pick up ticket(s) or to attend a ticketed event if you have received a confirmation call or e-mail for the event.

**RSVP/Message Line: 323-860-5830**  
**Or, Toll-Free: 877-688-4833**  
**seniors@lalgbtcenter.org**

## SPECIAL NEEDS

If you have any special needs such as dietary restrictions, wheelchair or disabled seating requirements for theater events or other venues, we will always do our best to accommodate!

**Please let us know by calling 323-860-5830.**

## SENIORS HELPING SENIORS

Established by seniors and intended for seniors, this special fund is available to you on a limited basis for select activities, classes & events. If you need financial assistance to attend a class, dinner or event, please call us at **323-860-5830**.

All requests are completely confidential. The fund's availability depends on the generosity of seniors like you. Please contact us if you would like to make a donation to the Seniors Helping Seniors Fund!

## BIRTHDAYS!

Sable	Nelson	Haruhiko
Ivy	Patty	Matthew
Michael	Jane	Timothy
Dick	John	Kathryn
Lorne	Robert	Dave
Bill	Candace	Mark
Irv	Bill	Edward
W. Dirk	Gwen	Patty
Judy	Robert Lee	Mollie
Patrick	Tom E.	Eagle
Alvin	Paul E.	Philip
Leo	Jerry	Mitch
Mark	Robert	Stephen
Jesse	Wes	Edward
Jill	Rebecca	John
Erika	Bill	Jesus
Paul John	Carol	Rita
Myrna	Cecilia	Seth
Albert	Jeanne	Tom
Roy	Gordon	Bernardo
Frank	Jonathan	Todd
Robert	Susan	Dana
Jonathan	Margaret	Cresson
Allen	Kristie	Jordan
Joe	James	Will A
Michael	Kathleen	Bill
Byrle	Marge	Karen
Nancy	Kimberly	Carolyn
Maggie	David	Marita
John	Brian	Manny
Miguel	Nathan	Sam
Ross	David	Bradley
Ted	Murry	Michael
Howard	Paul	Patt
Dan	Trevor	Luis
Doris	David	Michael
David	Deni	Bob
Maggie	Richard	Leonor
Lee	Bob	Leda
Andrea	Elinor	Dean
Marie	Wayne	Francine
Kris	B	Jodi
Tara	Suhir	
Miriam	Mark	
Kathleen	Iris	
Aurora	Mercedes	
Stephen	LaVerne	
Allan	John	
Lisa	Bill	
Darlene	Peter	
Michael	Cori	
Roddy	Dan	

# EVERYONE



## Stretch & Balance

Wednesdays 11 a.m.

Drop in!

## Larry's Computer Club

Wednesdays 1:30 p.m.

Drop in!

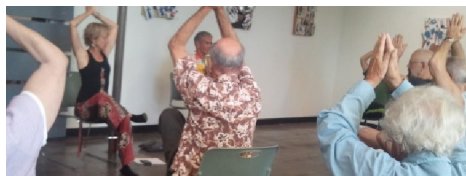
Our experienced instructor, Larry, can teach you both basic and advanced computer skills. Pick up new tips and tricks every week. **Tell a friend!**

## Art Lab

Fridays 10 a.m.

Drop in!

Come join us in making crafts and art projects with family and friends. There is no instructor. **Will not meet Fri, Aug 21. Tell a friend!**



## Master Lakshmi Chair Yoga

Wed, Aug 5 and 19 11 a.m.

Drop in!

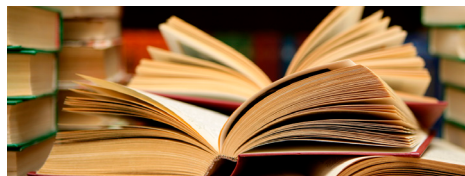
## Housing Supportive Network

Thurs, Aug 6 & 20 11 a.m.

**Drop in!** This peer-led network of LGBT seniors' (and allies)

primary purpose is finding, securing and advocating for safe, affordable housing which meet the needs of the LGBT senior community.

**Tell a friend!**



## Reading Opens Minds

Sat, Aug 8 & 22 10:30 a.m.

Event 0802

Join fellow book lovers on a new day and time!

**RSVP Required:**

**323-860-5830**

## Lunch for Everyone

Tues, Aug 11 12:30 p.m.

Event 0807

**RSVP by Noon on 08/10**

Join us for lunch at The Village. \$2 Suggested donation.

**RSVP Required:**

**323-860-5830**



## Movie for Everyone

*Woman in Gold*

Tues, Aug 11 1:30 p.m.

108 Minutes

Event 0812

The remarkable true story of one woman's journey to reclaim her heritage and seek justice for what happened to

her family.

**RSVP Required:**

**323-860-5830**

## Storytelling

Tues, Aug 11 & 25 2 p.m.

Event 0813

Explore the world of storytelling with Ms. Willa. Everyone has a story to tell. Tell the story of who you are, your experiences and loved ones.

**RSVP Required:**

**323-860-5830**

## Finding Your True Self with Lois

Wed, Aug 12 1 p.m.

**Drop in!** Explore and find your true self with Lois and learn life practices to better understand and take care of yourself.

Open to everyone.

**Tell a friend!**

## Talk Amongst Yourselves 65+

Thurs, Aug 13 2 p.m.

**Drop in!** Join LGBT women & men for treats, beverages and great chat. 65+ only.

**Tell a friend!**

## Tech Support with Mom's Computer

Tues, Aug 18 11 a.m.

**Drop in!**

Drop in for coaching from the Mom's Computer team! They are here to support you with your computers, phones, tablets and all things technology! Feel free to bring in

your devices and any and all questions that you may have. E-mail, video chatting, online searching, smartphones, digital books, photos and so much more! **Please Note:** Cannot fix broken devices, but can teach you how to use working devices. **Tell a friend!**

**Men's Dinner**  
**Callender's Grill Wilshire**  
**5773 Wilshire Blvd**  
**Los Angeles, CA 90036**  
**Wed, Aug 19 6 p.m.**  
**Event 0811**

Dinner out with the guys! For validated parking, enter the lot off Curson! Cash recommended!

**RSVP Required:**  
**323-860-5830**



**Go Metro:**  
**Music Center**  
**Thurs, Aug 20 10 a.m.**  
**Event 0816**

Tour the Music Center at 11 a.m. Meet at The Village at 10 a.m. Must leave on time. Tour starts in Disney Hall. Must be able to walk long distances. If time permits, free tour of the Japanese American National Museum after lunch break. Cash is preferable for lunch. Bring your Tap Card!

**RSVP Required:**  
**323-860-5830**



**Song and Dance Series with Joe Levy**  
***Seven Brides for Seven Brothers (1954)***

**Thurs, Aug 20 12:30 p.m.**  
**Event 0817**

Considered a "sleeper" when it was released, *Seven Brides for Seven Brothers* is now a classic. With a pretty, spirited score by Gene de Paul and Johnny Mercer and rambunctious, but carefully-controlled choreography by Michael Kidd, this modestly-budgeted movie surprised everyone by becoming an enormous hit.

**RSVP Required:**  
**323-860-5830**

**Bingo!**  
**Fri, Aug 21 1 p.m.**  
**Event 0805**

Enjoy bingo at this earlier time to help accommodate with traffic.

**RSVP Required:**  
**323-860-5830**



**L50+ Black & White Dance**

**The Village**  
**Sat, Aug 22 5-9 p.m.**  
**Free! Event 0820**

Gather under the stars for an

evening with amazing women, great music and dancing! Make it a night to remember. Light Refreshments. Beer & Wine Bar (cash bar by donations). Women only.

**RSVP Required:**  
**323-860-5830**

**L50+ Dinner**  
**Claim Jumper**  
**3500 W Olive Ave Suite 105**  
**Burbank, CA 91505**  
**Sun, Aug 23 6 p.m.**  
**Event 0810**

Join us for dinner. Please look for Alice.

**RSVP Required:**  
**323-860-5830**



**Golden Summer Concert Finale with Tanya!**  
**Thurs, Aug 27 6:30 p.m.**  
**Event 0821**

More summer fun on the courtyard at The Village! Our very own star, Tanya Witt, performs on the stage. Join us for a great night with Tanya and special guest Cynthia Wang! Refreshments.

**RSVP Required:**  
**323-860-5830**

## MEN

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### Men's Drop-In Support Group

Wednesdays 10 a.m.

**Drop in!** Come meet new friends. Share your stories & experiences with men each week! **Tell a friend!**

### Men's Hike Griffith Park

Thursdays 9:30 a.m.

**Drop in!** Meet at the corner of Fern Dell & Black Oak Drive, 200 ft. north of Los Feliz Blvd. Parking is available along Fern Dell Dr or take public transit. Bring water, a snack & comfortable shoes. This group is co-ed every third Thursday. **Bring a friend!**

### Men's Dinner

Callender's Grill Wilshire

5773 Wilshire Blvd

Los Angeles, CA 90036

Wed, Aug 19 6 p.m.

Event 0811

Dinner out with the guys! For validated parking, enter the lot off Curson! Cash recommended!

**RSVP Required:**  
**323-860-5830**

## WOMEN

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A star of NEWSTAGES' *Life in the First Gay City* poses with the show's director, Kay Cole, after the hit performance on June 28. Miss the show? Watch it at [facebook.com/50pluslgbt](https://www.facebook.com/50pluslgbt) for free!

### L50+ Spirituality Salon with Lois

Sat, Aug 15 11 a.m.

**Drop in!** After the discussion, Lois will screen a related film.

**Tell a friend!**

### L50+ Black & White Dance See Page 5.

### L50+ Dinner

Claim Jumper

3500 W Olive Ave Suite 105

Burbank, CA 91505

Sun, Aug 23 6 p.m.

Event 0810

Join us for dinner. Please look for Alice.

**RSVP Required:**  
**323-860-5830**

### L50+ Chat Group

At this time, the L50+ Sunday chat and movie activity is on hiatus until we find a facilitator. If interested in applying, please contact **Allison 323-860-7339** or send an e-mail to [asantos@lalgbtcenter.org](mailto:asantos@lalgbtcenter.org).

**“...we told each other how wonderful we were—just the way we were.”**

**-Vicki, star of *Life in the First Gay City*, reminiscing about consciousness raising groups with women at the Center in 1970.**

# PROGRAMA de COMUNIDAD LATINA/O 50+

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## ¡No estas solo(a)! ¡Celebra que eres!

Ven y participar en este grupo bilingüe (Español/Inglés) para que usted conozca otras/os Latinas/os mayores lesbiana, gay, bisexual, transgénera y transgénero. ¡Aprenda acerca de las próximas actividades! ¡Comparte tus ideas!

## Descubre Su Poder Como Inquilinos: Como organizarse con sus vecinos y otras estrategias

Aprender de los líderes de la Coalición para la Sobrevivencia Económica (CES) sobre las herramientas básicas que cada inquilino debe saber. La piscina de viviendas costeables estan secando en Los Angeles y en todo el país. Inquilinos unidos y con estrategias para mejorar y defender su vivienda es mas vital que nunca. Inquilinos tienen más poder que se dan cuenta, sobre todo cuando se organizan y trabajan juntos. Traer un cuaderno y lápiz para tomar notas y prepárase para ideas de crecer poder inquilino! Este taller sera bilingüe en inglés/ español.

## Reuniones de Comunindad Latina 50+ en el Este de Los Angeles

**Cuando:** Cuarto martes de cada mes, 3-4:30 p.m.

**Proximas Reuniones:** 25 de Agosto  
**Donde:** Altamed, 512 S. Indiana Street, Los Angeles 90063

## Reuniones de Comunindad Latina 50+ en Hollywood

**Cuando:** Segundo martes de cada mes, 5-7 p.m.

**Proximas Reuniones:** 11 de Agosto  
**Donde:** MCC Church, Rosa Parks Room, 4607 Prospect Avenue, Los Angeles 90027

Para inscribirse o si usted tiene preguntas póngase en contacto con Yuisa Gimeno al 323-860-7369 o [ygimeno@lalgbtcenter.org](mailto:ygimeno@lalgbtcenter.org). RSVP es recomendado, pero no requerido.

## Comunidad Latina 50+ Program

You're not alone! Celebrate who you are! Come and participate in Comunidad Latina 50+, a unique bilingual (English/Spanish) group that's just for you to meet and connect with other 50+ Latina/o lesbian, gay, bisexual and transgender folks. Learn about upcoming activities!

## Discover Your Tenant Power: How to organize with your neighbors & other strategies

Learn the basic tools that every renter should know from the leaders of tenant organizing, the Coalition for Economic Survival (CES). The pool of affordable housing is drying up in Los Angeles and across the country. Tenants getting together to unite and strategize to improve and defend their housing is more vital than ever. Tenants have more power than they realize, especially when they are organized and work together. Bring a notebook and pen to take notes and get ready to engage in tenant power-building ideas! This will be an English/Spanish bilingual workshop.

## Comunidad Latina 50+ Meetings in East Los Angeles

**When:** Every 4th Tuesday of the month, 3-4:30 p.m.

**Next Meeting:** August 25

**Location:** Altamed, 512 S. Indiana Street, Los Angeles 90063

## Comunidad Latina 50+ Meetings in Hollywood

**When:** Every 2nd Tuesday of the month, 5-7 p.m.

**Next Meeting:** August 11

**Location:** MCC Church, Rosa Parks Room, 4607 Prospect Avenue, Los Angeles 90027

To sign up or if you have questions please contact Yuisa Gimeno at 323-860-7369 or [ygimeno@lalgbtcenter.org](mailto:ygimeno@lalgbtcenter.org). RSVP is recommended, but not required.

# HEALTH

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## **DROP-IN CASE MANAGEMENT (FIRST-TIME NEW CLIENT)**

**Drop-In Every Wed. & Thurs. 10 a.m.-Noon, 1-3 p.m.**

Senior Services has expanded drop-in case management hours for first-time new clients. Come meet with a trained case manager and learn about valuable programs and services that may be available to you: housing, employment, medical, mental health, legal, social support and more! First come, first served basis, at The Village only!

¡Hablamos español! Estamos disponibles para ofrecer asistencia en su idioma.

## **CASE MANAGERS CONTACT INFORMATION**

Jesse Ortiz-Barreto: 323-860-7368

Yuisa Gimeno 323-860-7369

## **LGBT BEREAVEMENT**

**Group A Grieving 1 Year Or More**

**Tues, Aug 4 & 18 1 p.m. Event 0803**

**Group B Grieving Less Than 1 Year**

**Tues, Aug 11 & 25 1 p.m. Event 0804**

If you are experiencing pain from the loss of a loved one, please call to join the group. If you would like to attend our bereavement group, please call one of our case managers who can refer you to the appropriate group or to individual counseling. A referral from one of our case managers is required for participation in the bereavement group.

## **HIV TESTING**

You can get tested on a walk-in basis, for free, at the Center's McDonald/Wright Building (1625 N Schrader Blvd) on weekdays from 11 a.m.-7 p.m. or at The Spot (745 N San Vicente Blvd) Mon-Fri from 11 a.m.-7 p.m.

## **HEALTH AND MENTAL HEALTH SERVICES**

The Los Angeles LGBT Center's medical providers are experts at treating lesbian, gay, bisexual and transgender people and understand the health issues that affect our community. We accept Medi-Cal, Medicare, most major insurance plans and some HMOs. If you lack insurance or have limited financial means, we will help you determine your eligibility for medical and drug assistance programs. **For Hours & Locations, Call: 323-993-7500**





Two stars of NEWSTAGES' *Life in the First Gay City* pose after the June 28th performance in the Renberg. Miss the show? Watch it at [facebook.com/50pluslgbt](https://facebook.com/50pluslgbt) for free!

## VALLEY THURSDAYS IN NOHO

### Game Day

Thurs, Aug 6 12:30 p.m.

**Drop in!** Play and win!

**Tell a friend!**



### Woman in Gold

Thurs, Aug 13 12:30 p.m.

108 Minutes

**Drop in!** The remarkable true story of one woman's journey to reclaim her heritage and seek justice for what happened to her family.

**Tell a friend!**

### Potluck

Thurs, Aug 20 12:30 p.m.

**Drop in!** Bring a dish to share.

We'll cover the main dish.

**Tell a friend!**

### Tech Support with Mom's Computer

Thurs, Aug 27 12:30 p.m.

**Drop in!** Drop in for coaching from the Mom's Computer team! Elijah is here to support you with your computers, phones, tablets and all things technology! Feel free to bring in your devices and any and all questions that you may have. **Tell a friend!**

**This group meets at the MCC Church located at 5730 Cahuenga Blvd, North Hollywood, 91601 (unless otherwise noted in the newsletter).**

**Questions?**

**Call 323-860-5830.**

## HIV+

### HIV+ Men's Support Group

Thursdays 1 p.m.

**Drop in!**

Come meet new friends. Share your stories and experiences with men living with HIV.

**Tell a friend!**

### Lunch for Those Living with HIV

Wed, Aug 26 12:30 p.m.

**Event 0808**

We'll provide lunch (\$2 donation requested). Share your stories of living, surviving & thriving.

**RSVP Required:**

**323-860-5830**



### Movie for Those Living with HIV

*The Ritz*

Wed, Aug 26 1 p.m.

108 Minutes

**Drop in!** An all-male Manhattan bathhouse becomes a hilarious hideout for a man from Cleveland ducking the mob. This frisky film of the Broadway farce features the original stars, Jack Weston and Rita Moreno. **Tell a friend!**

# The Golden Summer Concert Series



A series of summer nights filled with great  
food and fantastic live entertainment

**Open to All Ages!**

**Free Admission**

*Food available for purchase.*

All Concert Series are from 6:30-9 p.m.

Tuesday, July 14: Brian Frank

Friday, July 31: Maestro/Alex Lane & Carl Cliver

Thursday, August 27: Cynthia Wang & Tanya Witt

**RSVP required to guarantee seating:**

323-860-5830

[seniors@lalgbtcenter.org](mailto:seniors@lalgbtcenter.org)

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**LOS  
ANGELES  
LGBT  
CENTER**