

50+

OCT 2014



**Celebrate
Dia de los
Muertos!**

See Page 10.



SENIOR SERVICES

Building a diverse community of 50+ LGBT people who are active, empowered and proud.



**LOS ANGELES
LGBT
CENTER**

The Village at Ed Gould Plaza
1125 N McCadden Pl
Los Angeles, CA 90038

RSVP/Message Line

323-860-5830

Toll Free

877-688-4833

seniors@lalgbtcenter.org

lalgbtcenter.org

[facebook.com/50pluslgbt](https://www.facebook.com/50pluslgbt)

Senior Services strives to create a safe, welcoming and respectful community where lesbian, gay, bisexual and transgender people in their 50s, 60s, 70s, 80s, 90s and beyond can come together to learn, connect, build friendships, gain support and thrive!

WELCOME TO FALL

October is filled with observances and events. October 11th is National Coming Out Day. It is a day that those of us who are out, can reflect on our coming out process and support others as they make the courageous decision to come out to family, friends and colleagues.

It is also Adopt a Shelter Dog Month! Being a new parent of an abandoned dog reminded me that dogs bring great joy & happiness.

October is also: National Chili Month, Breast Cancer Awareness Month and National Popcorn Popping Month. Of course, Halloween caps off the month. So have fun, enjoy the company of friends and be grateful for all the abundance in your life.

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NEWSLETTER RSVP INSTRUCTIONS

RSVP requests must be made on or after October 1. Events are free of cost, unless price is noted.

To receive a reminder call, please RSVP three business days in advance of a scheduled event.

In case of cancellation, only those participants who have made an RSVP for an event will be notified by phone. If we do not reach you, we will leave a message, when possible.

Please only come to The Village to pay for ticketed events if you have received a confirmation call or e-mail for the event.

RSVP requests left on staff voice mail will be deleted.

RSVP/Message Line: 323-860-5830
Or, Toll-Free: 877-688-4833
seniors@lalgbtcenter.org

SPECIAL NEEDS

If you have any special needs such as dietary restrictions, wheelchair or disabled seating requirements for theater events or other venues, we will always do our best to accommodate!

Please let us know by calling 323-860-5830.

SENIORS HELPING SENIORS

Established by seniors and intended for seniors, this special fund is available to you on a limited basis for select activities, classes & events. If you need financial assistance to attend a class, dinner or event, please call us at **323-860-5830**.

All requests are completely confidential. The fund's availability depends on the generosity of seniors like you. Please contact us if you would like to make a donation to the Seniors Helping Seniors Fund!

BIRTHDAYS!

Robert	Olu	Surama
Hermina	Mary	James
David	Gregory	Mark
Gerald	Zoila	Douglas
Larry	Victor	Fran
Peter	Ariel	Blanca
Gene	Jon	Eva
Greg	Renee	William
Ralph	Pat	Fernando
Bob	Eliot	Dan
Tomio	Dave	Pat
John	Richard	Diane
Audrey	Kitt	Teresa
Elmo	Margo	Peter
Don	Mark	Luther
Michael	Gina	Ann
Andi	Joanni	Neil
Angel	Donald	Peter
John	Mary	Arcelia
David	Martin	Don
Akira	Ariana	David
Lillian	Owen	Viviane
James	Tim	Carl
Irene	Terri	Paul
Larry	Carl	Reid
Cris	Rabbi Barbara	Cornelia
Jeremy	William S.	Kais
Joe	Holly	
Paige	Jean	
Roberta	Marnie	
Carol	Brandy	
Floyd	David	
David	Francisco	
Raul	Willie	
Martin	Donald	
Charley	Bob	
Heidi	Nanette	
William	Josephine	
Nelson	Kesava	
Arnold	Larry	
Steve	William	
Caroline	Michael	
Carol	Richard	
Marilyn	Marcella	
Jean	Sue	
Aurelia	Elaine	

IN MEMORIAM

David Manzo

EVERYONE

Trans 50+ Support Group

Mondays 11:30 a.m.

Drop in!

Join us for this fabulous group for trans and questioning men and women. **Tell a friend!**



Mah Jongg

Mondays 1:30 p.m.

Drop in!



Stretch & Balance

Wednesdays 11 a.m.

Drop in!



Mindfulness Practice

Wednesdays 1:30 p.m.

Drop in!

Reduce stress, manage thoughts, and learn how to breath using mindfulness practices. **Please Note: Not**

Meeting 10/22. Tell a Friend!

Larry's Computer Club

Wednesdays 1:30 p.m.

Drop in!



Tech Talk

Thursdays 3 p.m.

Event 1001

Allison teaches all things tech, she'll answer your questions and help you explore new technology. *Class limited to ten (10).*

RSVP Required:

323-860-5830



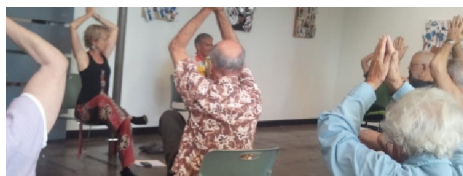
Art Lab

Fridays 1 p.m.

Drop in!

Start a new project or bring your current work to share with the class. We provide the supplies. Our new art teacher, Johanna, starts Fri, Oct 10.

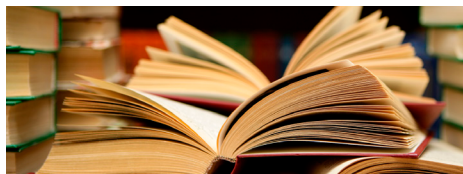
Tell a friend.



Chair Yoga

Wed, Oct 1 10:30 a.m.

Drop in!



Reading Opens Minds

Mon, Oct 6 & 20 11 a.m.

Event 1002

RSVP Required:

323-860-5830

Lunch for Everyone

Tues, Oct 7 12:30 p.m.

Hong Kong Express

Event 1006

Tues, Oct 21 12:30 p.m.

Fabiolus

Event 1007

Join us for lunch at The Village. \$2 Suggested donation.

RSVP Required:

323-860-5830



Movies for Everyone

Bears

Tues, Oct 7 1:30 p.m.

78 Minutes

Event 1008

Follow two mother brown bears as they raise cubs amid the splendor of the Alaskan wilderness. **RSVP Required:**

323-860-5830

My Life is Poetry

Thurs, Oct 9-Dec 4 2 p.m.

Event 1020

Back by popular demand, the much talked about My Life is Poetry autobiographical poetry writing workshop for LGBT seniors. Come join us for the free workshop.

Expect a supportive environment where you can openly write your stories. You don't need to like poetry, writing or reading. You don't need to know the rules of grammar or spelling or have a large vocabulary. All you need is a

willingness to try and to show up to class! Feel free to bring a preferred pen. Attendance to first two classes is mandatory. Workshop is taught by poet Steven Reigns.

RSVP Required:
323-860-5830

Talk Amongst Yourselves 65+

Thurs, Oct 9 2 p.m. &

Thurs, Oct 23 2 p.m.

Drop in! Join LGBT women & men for treats, beverages and great chat. 65+ only. **Tell a friend!**

Bingo!

Fri, Oct 10 1 p.m.

Event 1005

RSVP Required:
323-860-5830

Line Dancing

Mon, Oct 13 & 27 2:30 p.m.

Drop in! Join Tanya for an instruction in line dancing followed by open dance.

Tell a friend!

Storytelling

Tues, Oct 14 & 28 2 p.m.

Event 1031

Explore the world of storytelling with Ms. Willa. Everyone has a story to tell. Come tell your story of who you are, what you've experienced and those that you've loved. No experience in storytelling? No problem, Ms. Willa will teach you how!

RSVP Required:
323-860-5830

Dinner for Everyone

Sizzler

**1323 N Highland Ave
Hollywood, CA 90028**

Tue, Oct 14 5:30 p.m.

Event 1009

Enjoy dinner with the group.

This is not a free event. Cash is highly recommended. SHS available.

RSVP Required:
323-860-5830

Lunch for Those Living with HIV at The Village

Fabiolus

Wed, Oct 15 Noon

Event 1016

We'll provide lunch (\$2 donation requested). Share your stories of living, surviving & thriving.

RSVP Required:
323-860-5830



Fred Astaire Changes Partners

The Band Wagon

Fri, Oct 17 Noon

Event 1012

Astaire plays Tony Hunter, a fading film star who decides to return to his former glory, the Broadway stage.

RSVP Required:
323-860-5830



Classic Film Screening

The Night of the Iguana

Tues, Oct 21 1:30 p.m.

118 Minutes

Event 1021

In conjunction with the "Brain Power Project," join our own Pam Jones and Frank Galassi for a film screening and presentation called "The Women of Tennessee Williams in *The Night of the Iguana*." Prior to

the screening there will be a brief presentation and following the screening, a Q&A.

RSVP Required:
323-860-5830



Route 66 at the Autry

Wed, Oct 22 11 a.m.

Autry National Center of the American West

**4700 Western Heritage Way
Los Angeles, CA 90027**

\$5 Cash Please

Free Parking

Event 1022

Connecting Chicago to L.A., the 2,400-mile-long highway was a symbol for America on the move. Why was it created? We'll enjoy a docent-led tour. The exhibit usually takes 50 minutes. Afterwards, we'll head to lunch in the Crossroads West Cafe. Budget \$12-15. Stay after lunch to explore the museum.

RSVP Required:
323-860-5830

Affordable Housing 101

Thurs, Oct 23 11 a.m.

Event 1000

Discover strategies to seek and secure affordable housing opportunities in L.A. County for LGBT seniors. THIS IS NOT A GUARANTEE FOR AFFORDABLE HOUSING. Topics will include where to look, staying ahead of the curve in development, what to look for including "LGBT Friendly" and LGBT targeted housing for seniors and how to navigate road blocks, challenges and deterrents.

RSVP Required:
323-860-5830

WOMEN

Women to Women Chat Group with Julia Mondays 1:30 p.m.

Drop in! Drop in for tea, coffee, snacks and lively conversation. Controversial topics! Guest speakers!
Tell a friend!

L50+ Spirituality Salon with Lois Sat, Oct 11 11 a.m.

Drop in! After the discussion, Lois will screen *Women & Spirituality: Full Circle*. **Tell a friend!**

Women's Dessert Social

**Tues, Oct 14 1 p.m. &
Tues, Oct 28 1 p.m.**

Event 1014 Commune with us for an afternoon of sweet treats, conversation and socializing! **RSVP Required: 323-860-5830**

L50+ Chat Group with Zenie Michael

After her 3 year commitment to the L50+ Group, Zenie Michael has announced her resignation as the facilitator. Thank you, Zenie, for your dedication to the group, you will be missed! At this time, the L50+ Sunday chat and movie activity will be on hiatus until we find a facilitator. If interested in applying, please contact

Arlene 323-860-7359 or send an e-mail to arodriguez@lalgbtcenter.org.

L50+ Dinner French Market

**7985 Santa Monica Blvd
WeHo, CA 90046
Sun, Oct 19 6 p.m.**

Event 1010 Plenty of parking! Please join us for a wonderful evening out with the gals! Look for Alice. Cash highly recommended.

**RSVP Required:
323-860-5830**



L50+ Movie

*Whoopi Goldberg presents
Moms Mabley The Original
Queen of Comedy*

Tues, Oct 28 1:30 p.m.

71 Minutes

Event 1028

Jackie "Moms" Mabley emerged as a stand-up from African American vaudeville to become a showbiz pioneer. Often referred to as "the funniest woman in the world," Mabley broke racial and gender boundaries over the course of five decades.

**RSVP Required:
323-860-5830**

MEN

Men's Drop-In Support Group

Wednesdays 10 a.m. Drop in! Come meet new friends. Share your stories & experiences with men each week! **Tell a friend!**

Men's Hike Griffith Park

Thursdays 9:30 a.m.

Drop in! Meet at the corner of Fern Dell & Black Oak Drive, 200 ft. north of Los Feliz Blvd. Parking is available along Fern Dell Dr or take public transit. Bring water, a snack & comfortable shoes. This group is co-ed every third Thursday. **Bring a friend!**

Men's Dessert Social

**Tues, Oct 14 1 p.m. &
Tues, Oct 28 1 p.m.**

Event 1017 Come join us for an afternoon of sweet treats, conversation and socializing!

**RSVP Required:
323-860-5830**

Men's Movie *Chef*

Tues, Oct 28 1:30 p.m.

115 Minutes

Event 1029

When chef Carl Casper's plans for opening a restaurant in Los Angeles fail to pan out, he returns home to Miami and debuts a food truck instead.

**RSVP Required:
323-860-5830**

Men's Dinner

**French Market
7985 Santa Monica Blvd
WeHo, CA 90046
Wed, Oct 29 6 p.m.**

Event 1018 Dinner out with the guys! Cash recommended!

**RSVP Required:
323-860-5830**

PROGRAMA de COMUNIDAD LATINA 50+

¡No estas solo(a)!
¡Celebra que eres!

Ven y participar en este grupo bilingüe (Español/Inglés) para que usted conozca otras/os Latinas/os mayores lesbiana, gay, bisexual, transgénera y transgénero. ¡Aprenda acerca de las próximas actividades! ¡Comparte tus ideas para continuar ayudando a construir este nuevo programa!

Reuniones de Comunidad Latina 50+ en el Este de Los Angeles

Cuando: Cuarto jueves de cada mes, 3-4:30 p.m.

Proximas Reuniones: 23 de octubre

Donde: Altamed, 512 S. Indiana Street, Los Angeles 90063

Para inscribirse o si usted tiene preguntas póngase en contacto con Yuisa Gimeno al 323-860-7369 o comunidad@lalgbtcenter.org.

Comunidad Latina 50+ Program

You're not alone! Celebrate who you are! Come and participate in Comunidad Latina 50+, a unique bilingual (English/Spanish) group that's just for you to meet and connect with other 50+ Latina/o lesbian, gay, bisexual and transgender folks. Learn about upcoming activities! Share your ideas to continue to help build this new program!

Comunidad Latina 50+ Meetings in East Los Angeles

When: Every 4th Thursday of the month, 3-4:30 p.m.

Next Meeting: October 23

Location: Altamed, 512 S. Indiana Street, Los Angeles 90063

To sign up or if you have questions please contact Yuisa Gimeno at 323-860-7369 or comunidad@lalgbtcenter.org.



A taste of Puerto Rico in Los Angeles!

Latina/o Heritage Month Celebration

Thurs, October 16 11 a.m.

The Village

1125 N McCadden Pl

Los Angeles, CA 90038

Event 1030

The Atabey dance group will teach the beautiful music and dance of the island's traditional art form called Bomba y Plena. Come groove to the rhythm and songs of this Caribbean culture and learn about their roots. A delicious Puerto Rican lunch will be served afterwards for class participants. Space is limited.

RSVP Required: 323-860-5830

El sabor de Puerto Rico en Los Angeles! Celebración del Mes de Herencia Latina

Jueves, 16 de Octubre 11 a.m.

El Village

1125 N McCadden Pl

Los Angeles, CA 90038

Evento 1030

El grupo Atabey enseñará la hermosa música y danza tradicional de la isla llamada Bomba y Plena. Ven a disfrutar del ritmo y canciones de esta cultura Caribeña y conocer sus raíces. Luego se servirá un delicioso almuerzo puertorriqueño para los participantes de la clase. Espacio limitado.

RSVP es Requerido: 323-860-5830

(continued on page 10)

Mask-making Party!

Día de los Muertos/Day of Dead Celebration

Tues, Nov 4 10 a.m.

The Village

Event 1100

Honor and celebrate your departed loved ones through the art of making traditional Día de los Muertos masks. Arts and crafts teacher, Jesse Ortiz-Barreto, will share his expertise on how to create this beautiful art form. Enjoy some Mexican hot chocolate and sweet bread while Jesse talks about this traditional holiday that pays tribute to the dead and its historical roots that date back to the pre-Hispanic cultures of Meso-America.

RSVP Required:

323-860-5830

¡Fiesta de Hacer Máscaras!

Celebración del Día de los Muertos

Martes, 4 de Noviembre 10 a.m.

El Village

Evento 1100

Honrar y celebrar sus seres queridos fallecidos a través del arte de hacer máscaras tradicionales del Día de los Muertos. Maestro de arte, Jesse Ortiz-Barreto, compartirá su conocimiento sobre cómo crear esta hermosa forma de arte. Disfrute de pan dulce y champurrado Mexicano mientras Jesse habla de esta tradicional fiesta que rinde homenaje a los muertos y sus raíces históricas que se remontan a las culturas pre-hispánicas de Meso-América.

RSVP es Requerido:

323-860-5830

DROP-IN CASE MANAGEMENT

Drop-In Every Wed. & Thurs. 11 a.m.-3 p.m.

Senior Services has expanded drop-in case management hours. Come meet with a trained social worker and learn about valuable programs and services that may be available to you: housing, employment, medical, mental health, legal, social support and more! First come, first served basis, at The Village only!

CONTACT

Julia Wallace: 323-860-7395

Yuisa Gimeno: 323-860-7369

LGBT Bereavement

Group A Grieving 1 Year Or More

Tues, Oct 7 & 21 1 p.m. Event 1003

Group B Grieving Less Than 1 Year

Tues, Oct 14 & 28 1 p.m. Event 1004

If you are experiencing pain from the loss of a loved one, please call to join the group.

RSVP Required: 818-847-3686

HIV TESTING

You can get tested on a walk-in basis, for free, at the Center's McDonald/Wright Building (1625 N Schrader Blvd) on weekdays from 11 a.m.-7 p.m. or at The Spot (745 N San Vicente Blvd.) Monday-Friday from 11 a.m.-7 p.m.

PROSTATE CANCER SUPPORT GROUP

Every 1st & 3rd Tuesday, 7-9 p.m.

RSVP Required.

GMSHF@yahoo.com

323-860-7340

MEN'S SEXUAL DYSFUNCTION SUPPORT GROUP

Every 2nd & 4th Tuesday, 7-9 p.m.

Every 2nd & 4th Saturday, 10 a.m.-Noon

RSVP required.

GMSHF@yahoo.com

323-860-7340

VALLEY

Bingo

Thurs, Oct 2 12:30 p.m.

Drop in! Let's play! We'll bring the supplies. We'll end with a game of coverall.

Tell a friend!



Harold and Maude

Thurs, Oct 9 12:30 p.m.

91 Minutes

Drop in!

Harold would rather attend funerals until he meets the feisty Maude, a geriatric widow.

Tell a friend!

Potluck Lunch

Thurs, Oct 16 12:30 p.m.

Drop in! Bring a dish to share.

Tell a friend!

Coffee Chat

Thurs, Oct 23 12:30 p.m.

Drop in! Discuss current events with the group or bring an item to share. **Tell a friend!**

Halloween Writing Workshop

Thurs, Oct 30 12:30 p.m.

Drop in! We'll prompt you with fun, scary and thought provoking scenarios. After each exercise, we'll share with the group. **Tell a friend!**

This group meets at the MCC Church located at 5730 Cahuenga, Blvd, North Hollywood, 91601 (unless otherwise noted in the newsletter).

Questions?

Call 323-860-5830.

HIV+

HIV+ Men's Support Group

Thursdays 1 p.m.

Drop in! Come meet new friends. Share your stories and experiences with men living with HIV. **Tell a friend!**

Lunch for Those Living with HIV

Wed, Oct 15 Noon

Event 1016 See page 5 for description. **RSVP Required: 323-860-5830**



Movie for Those Living with HIV

Chef

Wed, Oct 15 12:30 p.m.

115 minutes

Drop in!

When chef Carl Casper's plans for opening a restaurant in Los Angeles fail to pan out, he returns home to Miami and debuts a food truck instead. While trying to regain his zest for cookery, Carl also tries to mend his fractured family ties.

Tell a friend!

ACTIVITIES IN WEHO

WeHo LGBT Senior Housing Summit coming soon!



L50+ Dinner

French Market

7985 Santa Monica Blvd

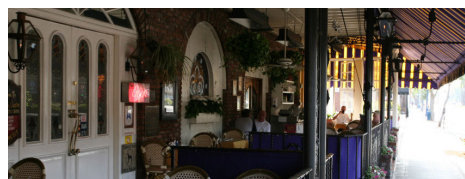
WeHo, CA 90046

Sun, Oct 19 6 p.m.

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323-860-5830



Men's Dinner

French Market

7985 Santa Monica Blvd

WeHo, CA 90046

Wed, Oct 29 6 p.m.

Event 1018 Dinner out with the guys! Cash recommended!

RSVP Required:

323-860-5830

AROUND THE VILLAGE



Ivy's work (Ivy Bottini: Disrupt) was displayed in the gallery, 8/28-9/20 (left). Ivy celebrates her birthday after her show, Ivy Bottini: A Life of Love and Laughter on Fri, Aug 15 (below).



Chanena, Allison and Tanya take a break from working hard at the L50+ Black & White Dance to pose on Sat, Aug 30 (above). Two masked women enjoyed the festivities at the L50+ Black & White Dance (left).

