

50+

AUGUST 2014

SENIOR SERVICES PRESENTS

Lesbian 50+ Black & White Dance

Gather under the stars for an evening with amazing women, great music, and lots of dancing. Make it a night to remember!

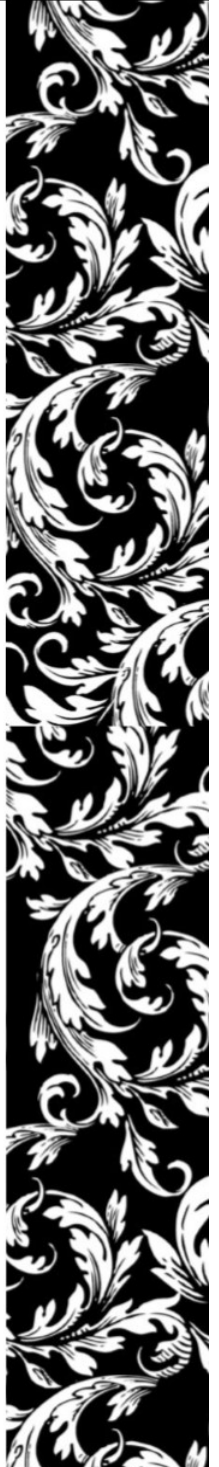
Special cabaret performance by
The Twisted Angels.

Light refreshments
Beer & Wine Bar
(cash bar by donations)

Sat, August 30
7-11 p.m.
The Village
RSVP Required!
RSVP Deadline is Monday,
August 25 at Noon.

EVENT 0820

RSVP with Tanya
323-860-5828
twitt@lalgbtcenter.org



SENIOR SERVICES

Building a diverse community of 50+ LGBT people who are active, empowered and proud.



**LOS ANGELES
LGBT
CENTER**

The Village at Ed Gould Plaza
1125 N McCadden Pl
Los Angeles, CA 90038

RSVP/Message Line
323-860-5830

Toll Free
877-688-4833

senior@lalgbtcenter.org
lalgbtcenter.org
facebook.com/50pluslgbt

SUMMER HEAT

It is hard to believe that it is August already, we are winding down summer and heading into fall.

The Los Angeles LGBT Center's name and logo change have been a success and we are moving forward with our housing development across the street from The Village.

Please remember, it is very important to RSVP for events and classes. It helps us plan. While many of our activities are "drop-in", some still require an RSVP. Also, if you cannot make it to an event you made an RSVP for, let us know.

The cool Center is open Mondays through Saturdays. If it is too hot this month, get yourself to The Village and air conditioning.

See you soon!

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NEWSLETTER RSVP INSTRUCTIONS

RSVP requests must be made on or after August 1.

To receive a reminder call, please RSVP three business days in advance of a scheduled event.

In case of cancellation, only those participants who have made an RSVP for an event will be notified by phone. If we do not reach you, we will leave a message, when possible.

Please only come to The Village to pay for ticketed events if you have received a confirmation call or e-mail for the event.

RSVP requests left on staff voice mail will be deleted.

RSVP/Message Line: 323-860-5830
Or, Toll-Free: 877-688-4833
senior@lalgbtcenter.org

SPECIAL NEEDS

If you have any special needs such as dietary restrictions, wheelchair or disabled seating requirements for theater events or other venues, we will always do our best to accommodate!

Please let us know by calling 323-860-5830.

SENIORS HELPING SENIORS

Established by seniors and intended for seniors, this special fund is available to you on a limited basis for select activities, classes & events. If you need financial assistance to attend a class, dinner or event, please call us at **323-860-5830**.

All requests are completely confidential. The fund's availability depends on the generosity of seniors like you. Please contact us if you would like to make a donation to the Seniors Helping Seniors Fund!

BIRTHDAYS!

Sable	Candace	Mark
Ivy	Gwen	Edward
Michael	Robert Lee	Patty
Dick	Tom E.	Tony
Irv	Jerry	Mollie
W. Dirk	Mary	Eagle
Judy	Robert	Philip
Patrick	Wes	Mitch
Alvin	Rebecca	Stephen
Donna	Bill	Edward
Jesse	Carol	John
Jill	Cecilia	Jesus
Erika	Jeanne	Rita
Myrna	Gordon	Seth
Albert	Jonathan	Tom
Roy	Susan	Bernardo
Frank	Margaret	Thomas
Robert	Kristie	Todd
Jonathan	James	Dana
Michael	Kathleen	Cresson
Byrle	Marge	Jordan
Nancy	Kimberly	Leo
Maggie	David	Will A
John	Brian	Bill
Miguel	Nathan	Karen
Ross	David	Samuel
Ted	Murry	John
Dan	Paul	David
Doris	Trevor	Carolyn
Maggie	Deni	Marita
Lee	Bob	Manny
Susan	Elinor	Sam
Andrea	Wayne	Bradley
Marie	B	Michael
Kris	Suhir	Patt
Tara	Mark	Lewis
Miriam	Iris	Luis
Kathleen	Mercedes	Michael
Aurora	LaVerne	Bob
Stephen	John	Leonor
Allan	Bill	
Lisa	Peter	
Darlene	Cori	
Jose	Dan	
Roddy	Haruhiko	
Nelson	Leslie	
Jane	Timothy	
John	Kathryn	
Robert	Dave	

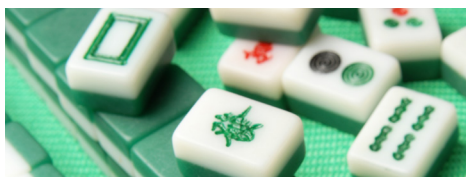
EVERYONE

Trans 50+ Support Group

Mondays 11:30 a.m.

Drop in!

Join us for this fabulous group for trans and questioning men and women. **Tell a friend!**



Mah Jongg

Mondays 1:30 p.m.

Drop in! Free!



Stretch & Balance

Wednesdays 11 a.m.

Drop in! Free!



Mindfulness Practice

Wednesdays 1:30 p.m.

Drop in!

Reduce stress, manage thoughts, and learn how to breath using mindfulness practices.

Tell a Friend!

Larry's Computer Club

Wednesdays 1:30 p.m.

Drop in! Free!

Memory Training Program

Thursdays Noon

Event 0823

Improve memory through simple techniques.

Tell a Friend!



Intro to iOS Devices

Thursdays 3 p.m.

Event 0801

Allison will walk you through iPad, iPhone and iPod basics: powering on/off, settings, charging, safety, storage and connecting to WiFi. Priority is given to those who currently own an iPad, iPhone or iPod.

Please bring your device.

Class limited to ten (10).

RSVP Required:

323-860-5830



Art Lab

Fridays 1 p.m.

Drop in! Free!



Reading Opens Minds

Mon, Aug 4 & 18 11 a.m.

Event 0802

RSVP Required:

323-860-5830

Medicare Presentation

Tues, Aug 5 11 a.m.

Event 0821

Protect, detect and report Medicare fraud, errors and abuse. **RSVP Required:**

323-860-5830

LGBT Bereavement

Group A

Grieving 1 Year Or More

Tues, Aug 5 & 19 1 p.m.

Event 0803

Group B

Grieving Less Than 1 Year

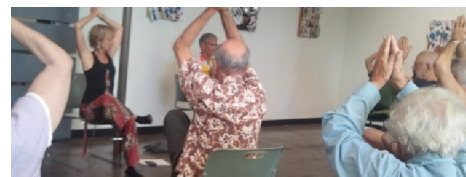
Tues, Aug 12 & 26 1 p.m.

Event 0804

If you are experiencing pain from the loss of a loved one, please call to join the group.

RSVP Required:

818-847-3686



Chair Yoga

Wed, Aug 6 & 20 10:30 a.m.

Drop in! Free!

Bingo!

Fri, Aug 8 2 p.m.

Event 0805

RSVP Required:

323-860-5830

Lunch for Everyone
Tues, Aug 12 12:30 p.m.
Hi Pizza
Event 0806
Tues, Aug 26 12:30 p.m.
RoRo's
Event 0807

Join us for lunch at The Village. \$2 Suggested **RSVP Required: 323-860-5830**



The Grand Budapest Hotel

Tues, Aug 12 1:30 p.m.
Event 0808

M. Gustave (Ralph Fiennes) avoids a bitter family out for his head. **RSVP Required: 323-860-5830**

Dinner for Everyone

Andre's Restaurant
6332 W 3rd St

Los Angeles, CA 90036
Tues, Aug 12 5:30 p.m.
Event 0809

Enjoy dinner with the group. Cash is highly recommended. SHS available.

RSVP Required: 323-860-5830

Lunch for Those Living with HIV
Fabiolus
Wed, Aug 13 Noon
Event 0816

We'll provide lunch (\$2 donation requested). Share your stories of living, surviving & thriving. **RSVP Required: 323-860-5830**

Talk Amongst Yourselves 65+

Thurs, Aug 14 2 p.m. &
Thurs, Aug 28 2 p.m.

Drop in! Join LGBT women & men for treats, beverages and great chat. 65+ only. **Tell a friend!**

Music On The Main!

Descanso Gardens
1418 Descanso Drive
La Canada Flintridge, 91011
Thurs, Aug 14 4 p.m. \$6
Event 0811

Bring your lawn chair and a picnic dinner for yourself and come listen to Louie Cruz-Beltran, an engaging percussionist and vocalist. Beltran was a hit at the Playboy Jazz Festival! Arlene, along with her rainbow flag, will meet you at the entrance of the gardens at 4 p.m. sharp! Lawn seating begins at 4:30 p.m. on a first come, first served basis. Plenty of free parking! \$6 entrance fee is non-refundable.

RSVP Required: 323-860-5830



Fred Astaire Changes Partners

Three Little Words
Fri, Aug 15 Noon
Event 0812

See Fred Astaire and Debbie Reynolds—her first screen appearance.

RSVP Required: 323-860-5830



Ivy Bottini: A Life of Love and Laughter

On the Renberg Stage

Fri, Aug 15 8 p.m.

Sat, Aug 16 8 p.m.

\$10 Suggested Donation at Door

Ivy Bottini celebrates her 88th Birthday on stage, 8/15. Join long-time activist, artist, actor, and comedian Ivy Bottini, in person, for her new one-woman comedy show. Ivy is sure to have you laughing and crying. Reserve your ticket(s) through the Center's Box Office. *Press Prompt 2.*

Ticket Required: 323-860-7300



The Monuments Men

Tues, Aug 26 1:30 p.m.

Event 0813

In the midst of WWII, a small group of art experts are sent to Europe to locate vast troves of priceless looted art.

RSVP Required: 323-860-5830

WOMEN

Women to Women Chat Group with Julia

Mondays 1:30 p.m.

Drop in! Drop in for tea, coffee, snacks and lively conversation. Controversial topics! Guest speakers!

Tell a friend!

Women's Dessert Social

Tues, Aug 5 1 p.m. &

Tues, Aug 19 1 p.m.

Event 0814 Commune with us for an afternoon of sweet treats, conversation and socializing! **RSVP Required: 323-860-5830**

L50+ Spirituality Salon with Lois

Sat, Aug 9 11 a.m.

Drop in! After the discussion, Lois will screen "Goddess Remembered." **Tell a friend!**

Ladies Night Out

Descanso Gardens

1418 Descanso Dr

**La Canada Flintridge,
91011**

Thurs, Aug 21 4 p.m. \$6

Event 0815 Bring your lawn chair and a picnic dinner for yourself and come listen to Come listen to Aubrey Logan and expect dynamic, high-energy vocals mixing jazz and pop. And, she plays a great trombone! Arlene, along with her rainbow flag,

will meet you at the entrance of the gardens at 4 p.m. sharp! Lawn seating begins at 4:30 p.m. on a first come, first served basis. Plenty of free parking! \$6 entrance fee is non-refundable.

RSVP Required:

323-860-5830

L50+ Chat Group with Zenie Michael

Sun, Aug 24 1 p.m Drop in!

Enjoy time in the company of other fabulous women. **Please Note:** This is not a support group. **Tell a friend!**

L50+ Movie

Orange is the New Black

Sun, Aug 24 3 p.m. Drop in!

Watch the hit show everyone is talking about. **Join us after the chat!**

L50+ Dinner

Home Restaurant

2500 Riverside Dr

Los Angeles, CA 90039

Sun, Aug 24 6 p.m.

Event 0810 We're going home! Please join us for a wonderful evening out with the gals! Look for Alice.

RSVP Required:

323-860-5830

Black & White Dance

See front cover.

MEN

Men's Dessert Social

Tues, Aug 5 1 p.m. &

Tues, Aug 19 1 p.m.

Event 0817 Come join us for an afternoon of sweet treats, conversation and socializing!

RSVP Required:

323-860-5830

Men's Dinner

French Market

7985 Santa Monica Blvd

WeHo, CA 90046

Wed, Aug 20 6 p.m.

Event 0818 Dinner out with the guys! Cash recommended!

RSVP Required:

323-860-5830

Men's Drop-In Support Group

Wednesdays 10 a.m. Drop in!

Come meet new friends. Share your stories & experiences with men each week! **Tell a friend!**

Men's Hike

Griffith Park

Thursdays 9:30 a.m.

Drop in! Meet at the corner of Fern Dell & Black Oak Drive, 200 ft. north of Los Feliz Blvd. Parking is available along Fern Dell Dr or take public transit. Bring water, a snack & comfortable shoes. This group is co-ed every third Thursday.

Bring a friend!

Men's Venice Beach Walk

Fridays 11 a.m.

Drop in! Join Jack and Ron for an eye-catching fun walk and optional lunch along the world famous Venice Beach boardwalk. See all kinds of fun sights. We normally walk Fridays, but occasionally other days of the week. Contact Jack (jack4717@aol.com) and/or Ron (rgl9500@yahoo.com) for our schedule. We meet at the parking pay booth where Venice Blvd meets the lovely Pacific Ocean at 11 a.m. **Tell a friend!**

PROGRAMA de COMUNIDAD LATINA 50+

¡No estas solo(a)!
¡Celebra que eres!

Ven y participar en este grupo bilingüe (Español/Inglés) para que usted conozca otras/os Latinas/os mayores lesbiana, gay, bisexual, transgénera y transgénero. ¡Aprenda acerca de las próximas actividades! ¡Comparte tus ideas para continuar ayudando a construir este nuevo programa!

Reuniones de Comunindad Latina 50+ en el Este de Los Angeles

Cuando: Cuarto jueves de cada mes, 3-4:30 p.m.

Proximas Reuniones: 28 de agosto

Donde: Altamed, 512 S. Indiana Street, Los Angeles 90063

Reuniones de Comunindad Latina 50+ en Hollywood

Cuando: Segundo martes de cada mes, 5-7 p.m.

Proximas Reuniones: 12 de agosto

Donde: MCC Church, Rosa Parks Room, 4607 Prospect Avenue, Los Angeles 90027

Para inscribirse o si usted tiene preguntas póngase en contacto con Yuisa Gimeno al 323-860-7369 o comunidad@lgbtcenter.org.

Comunidad Latina 50+ Program

You're not alone! Celebrate who you are! Come and participate in Comunidad Latina 50+, a unique bilingual (English/Spanish) group that's just for you to meet and connect with other 50+ Latina/o lesbian, gay, bisexual and transgender folks. Learn about upcoming activities! Share your ideas to continue to help build this new program!

Comunidad Latina 50+ Meetings in East Los Angeles

When: Every 4th Thursday of the month, 3-4:30 p.m.

Next Meeting: August 28

Location: Altamed, 512 S. Indiana Street, Los Angeles 90063

Comunidad Latina 50+ Meetings in Hollywood

When: Every 2nd Tuesday of the month, 5-7 p.m.

Next Meeting: August 12

Location: MCC Church, Rosa Parks Room, 4607 Prospect Avenue, Los Angeles 90027

To sign up or if you have questions please contact Yuisa Gimeno at 323-860-7369 or comunidad@lgbtcenter.org.

HIV+

HIV+ Men's Support Group

Thursdays 1 p.m.

Drop in! Come meet new friends. Share your stories and experiences with men living with HIV. **Tell a friend!**

Lunch for Those Living with HIV

Wed, Aug 13 Noon

Event 0816 See page 5 for description. **RSVP Required: 323-860-5830**



Movie for Those Living with HIV

Wed, Aug 13 12:30 p.m

Drop in!
See page 5 for description.
Tell a friend!

HEALTH

DROP-IN CASE MANAGEMENT

Drop-In Every Wed. & Thurs. 11 a.m.-3 p.m.

Senior Services has expanded drop-in case management hours. Come meet with a trained social worker and learn about valuable programs and services that may be available to you: housing, employment, medical, mental health, legal, social support and more! First come, first served basis, at The Village only!

CONTACT

Julia Wallace: 323-860-7395

HIV TESTING

You can get tested on a walk-in basis, for free, at the Center's McDonald/Wright Building (1625 N Schrader Blvd) on weekdays from 11 a.m.-7 p.m. or at The Spot (745 N San Vicente Blvd.) Monday-Friday from 11 a.m.-7 p.m.

PROSTATE CANCER SUPPORT GROUP

Every 1st & 3rd Tuesday, 7-9 p.m.

RSVP Required.

GMSHF@yahoo.com

323-860-7340

MEN'S SEXUAL DYSFUNCTION SUPPORT GROUP

Every 2nd & 4th Tuesday, 7-9 p.m.

Every 2nd & 4th Saturday, 10 a.m.-Noon

RSVP required.

GMSHF@yahoo.com

323-860-7340

VALLEY

Game Day

Thurs, Aug 7 12:30 p.m.

Drop in! Let's play! We'll bring an assortment of games.

Tell a friend!



The Grand Budapest Hotel

Thurs, Aug 14 12:30 p.m

Drop in!

See page 5 for description.

Tell a friend!

Potluck Lunch

Thurs, Aug 21 12:30 p.m.

Drop in! Bring a dish to share.

Tell a friend!

Art Lab

Thurs, Aug 28 12:30 p.m.

Drop in! We'll bring the supplies. **Tell a friend!**

This group meets at the MCC Church located at 5730 Cahuenga, Blvd, North Hollywood, 91601 (unless otherwise noted in the newsletter).

Questions?

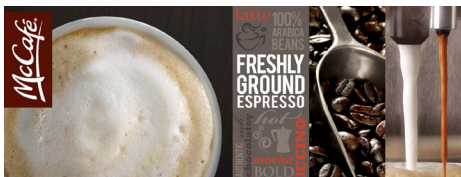
Call 323-860-5830.



Eugene, longtime director of security at the Center, and **Kenneth** were married on June 14, 2014, at the United Church of Christ in Hemet.

ACTIVITIES IN WEHO

West Hollywood LGBT Senior Housing Summit coming late summer!



McCafé Fridays

McDonald's

1133 N La Brea Ave

WeHo, CA 90038

Fridays 10 a.m. Drop in!

Join Joe and Allison every

Friday for a cup of coffee. **Tell**

a friend!



Moca at the Pacific Design Center

8687 Melrose Ave

WeHo, CA 90069

Fri, Aug 22 11:30 a.m.

Free!

Event 0819 See Steve McQueen's Drumroll exhibit.

Admission is free. **RSVP**

Required: 323-860-5830



Men's Dinner

French Market

7985 Santa Monica Blvd

WeHo, CA 90046

Wed, Aug 26 6 p.m.

Event 0818 Dinner out with the guys! Cash recommended!

RSVP Required:

323-860-5830

Caring and Aging with Pride

Are you 50 years of age or older AND LGBT (lesbian, gay, bisexual, or transgender) or someone who is attracted to or has had a romantic or sexual relationship with someone of your same sex or gender?

The Los Angeles LGBT Center and the Institute for Multigenerational Health at the University of Washington need your help with a ground-breaking project. Our goal is to understand the aging and health needs of our communities for generations to come. You can enter a raffle drawing awarding a \$100.00 Gift Certificate to five randomly selected individuals by completing the raffle participation form.

You can *complete the questionnaire and the raffle participation form on-line* by going to CaringAndAging.org/survey. If you prefer a *paper-and-pencil questionnaire*, please visit CaringAndAging.org/request or contact us at 1-800-558-8703 or AgePride@uw.edu to request a paper questionnaire and raffle form and we will send them immediately. You are eligible for the raffle regardless of whether you complete a questionnaire or not. Please keep in mind your participation in the project is completely voluntary. Your decision to participate or to not participate will not in any way impact the services you receive or your relationship with the Los Angeles LGBT Center.

If you have any questions about the project, please contact us at AgePride@uw.edu or at 1-800-558-8703. *Voice your needs!*

¿Tiene usted 50 años de edad o mas Y LGBT (lesbiana, gay, bisexual, o transgenero/a) o es alguien quien es atraído/a o ha tenido una relación íntima o sexual con alguien de su mismo sexo o genero?

The Los Angeles LGBT Center y el Instituto para Salud Multigeneracional de la Universidad de Washington necesitan su ayuda con un proyecto innovador. Nuestra meta es de entender las necesidades de envejecimiento y salud de nuestra comunidad para las generaciones futuras. Puede introducir una rifa adjudicación de \$ 100.00 certificado de regalo a cinco individuos seleccionados al azar, completando el formulario de participación rifa.

Visita CaringAndAging.org/surveyspanish para completar un cuestionario on-line. Por favor recuerde que su participación en el proyecto es totalmente voluntaria. Si tiene cualquier pregunta acerca del proyecto, o necesita mandarnos su encuesta, por favor contáctenos en AgePride@uw.edu o visite nuestro sitio de red en CaringAndAging.org. Usted es elegible para el sorteo sin importar si usted completa o no completa la encuesta.