

## TRAINING FOR TRAINERS PROGRAM:

### Working with Lesbian, Gay, Bisexual, Transgender, and Questioning Children and Youth in Systems of Care

The RISE Training for Trainers Programs equips trainers at private and public sector child-serving agencies with the knowledge and skills to deliver RISE's Working with Lesbian, Gay, Bisexual, Transgender, and Questioning Children and Youth in Systems of Care curriculum. Through forty hours of activities, field scenarios, lecture, group work, and experiential training; trainers will learn concepts related to sexual orientation, gender identity and gender expression; strategies for managing participants; assessing trainee needs; and tactics for challenging anti-LGBTQ stereotypes and biases.

#### Course Agenda

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Pre-Work	<ul style="list-style-type: none"><li>• Receive and review the RISE curriculum trainers' manuals and training videos prior to the class start date.</li></ul>
Day 1: Pre-test and Building LGBTQ Competency	<ul style="list-style-type: none"><li>• Complete a pre-test measuring LGBTQ competency and pass with a minimum score to continue with the training program.</li><li>• Critically observe delivery of RISE curriculum.</li></ul>
Day 2: Strategies for Managing the Training Room and Difficult Participants	<ul style="list-style-type: none"><li>• Walk through the RISE curriculum and discuss the facilitation skills needed to deliver the content.</li><li>• Practice facilitation and knowledge-based strategies to manage sensitive and controversial content in the classroom.</li><li>• Learn techniques to facilitate small and large group discussions.</li></ul>
Day 3: Building LGBTQ Competency (cont.) and Responding to Bias	<ul style="list-style-type: none"><li>• Practice identifying and calling out biased statements.</li><li>• Review and practice answering frequently encountered biased questions.</li><li>• Participate in small-group knowledge review and facilitation practice exercises.</li></ul>
Day 4: Curriculum Test Out	<ul style="list-style-type: none"><li>• Complete test on facilitation skills, content delivery, and training management strategies.</li><li>• Complete a post-test to measure LGBTQ competency and pass to receive a RISE Train the Trainer Certification.</li></ul>
Day 5: Coaching and Re-test	<ul style="list-style-type: none"><li>• Participants will have the opportunity for one-on-one coaching and a re-test if they fail any portion of the test out day.</li></ul>